	Preston 10 Mile Road F	Race - 19	th November	2023 - Li	ANCASHIRE	CHAMPIONSHIP TEAM RES	SULTS	
TEAM RACE - ALL MALES (INC JNRS) [team of 3] (only tag L)								
1	Preston Harriers Sam Evans					Chris Livesey	(M40)	
2	Blackburn Harriers Thomas Blaney					Ste Turner	(M45)	
3	Red Rose Road Runners Matthew Holmes					Simon Major	(MS)	
4	Wesham Road Runners Adam Wilding	= (MS)	119 pts [Nigel Sheph	10 46 erd	63] (M65)	John Collier	(M70)	
5	Lytham St Annes RR Andrew Draper	= (M40)	144 pts [Graham Webs	13 64 ter	67] (M70)	Gregory Oulton	(M55)	
6	Riversway Road Runners Adam Grainger	s = (MS)	162 pts [Tom Jordan	43 59	60] (M40)	Christopher Jopson	(M40)	
7	Trawden AC Adrian Blackledge	= (M45)	170 pts [Sean Cole	53 55	62] (M45)	David Shorrock	(M50)	
TEAM RACE - MALE VETS ONLY [team of 3] (only tag L)								
1	Preston Harriers Chris Livesey	= Andy Cott	15 pts [tam	1 4 Stuart N	10] ixon			
2	Red Rose Road Runners Iain Watson			23 26 John Wood				
3	Lytham St Annes RR Andrew Draper							
4	Trawden AC Adrian Blackledge	= Sean Cole	99 pts [30 32 David Sho				
5	Wesham Road Runners Nigel Shepherd							
	TEAM RACE - ALL FEMALES (INC JNRS) [team of 3] (only tag L)							
1	Preston Harriers Emma Watson	= (F35)			19] (FS)	Eleanor Hunt	(FS)	
2	Red Rose Road Runners Kerry Dewhirst	= (F40)			36] (F50)	Helen Boyer	(F50)	

3 Wesham Road Runners = 92 pts [28 29 35] Sharlan Butcher (F50) Dawn Biggs (F55) Christine Fare (F50)

TEAM RACE - FEMALE VETS ONLY [team of 3] (only tag L)

- 1 Red Rose Road Runners = 57 pts [12 16 29] Kerry Dewhirst Paula Stell Helen Boyer
- 2 Wesham Road Runners = 71 pts [21 22 28] Sharlan Butcher Dawn Biggs Christine Fare