

Arundel Castle 10k Run, West Sussex

Arundel Castle 10k Run, West Sussex

25th August 2024

RESULTS

Results: UKtimers.net & UKresults.net

Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime
1	Liam Briscoe	MS	1/75	[Unatt]	00:35:05	00:35:05	101	Jabbar Boukhris	M40	21/45	[Unatt]	00:52:37	00:52:55
2	Callum Lorimer	MS	2/75	BrightonHv	00:35:28	00:35:29	102	Lee Hibbert	M50	19/55	DorkingMol	00:52:45	00:52:56
3	Nicholas Leahy	MS	3/75	[Unatt]	00:37:29	00:37:29	103	Tony Dyer	M50	20/55	[Unatt]	00:52:40	00:52:58
4	Joshua Bath	MS	4/75	[Unatt]	00:37:52	00:37:53	104	Alex Howe	M40	22/45	[Unatt]	00:52:41	00:52:58
5	Harry Standing	MS	5/75	[Unatt]	00:37:57	00:38:03	105	Ann Fogerty	FS	8/42	[Unatt]	00:52:44	00:53:07
6	Josh Nisbett	MS	6/75	SeafordStr	00:38:47	00:38:49	106	Toby Whittington	MS	39/75	[Unatt]	00:53:06	00:53:17
7	Max Carroll	MS	7/75	[Unatt]	00:39:00	00:39:00	107	Bob Pentland	M70	1/7	Portsmouth	00:53:00	00:53:18
8	James Wheele	M40	1/45	BrightonPh	00:39:07	00:39:07	108	Chloe NeilsonHopkins	F35	3/34	BognorTone	00:52:32	00:53:26
9	Jack Hutchinson	MS	8/75	SeafordStr	00:39:57	00:39:59	109	Celso Flores	M50	21/55	[Unatt]	00:53:17	00:53:28
10	Jamie Moore	MS	9/75	[Unatt]	00:40:18	00:40:19	110	Daniel Lewis	MS	40/75	[Unatt]	00:53:27	00:53:32
11	Alex Watrous	MS	10/75	[Unatt]	00:40:28	00:40:30	111	Paul Reeve	M60	9/34	DorkingMol	00:53:17	00:53:43
12	Jason Phillips	MS	11/75	[Unatt]	00:40:49	00:40:55	112	Joe Miles	MS	41/75	[Unatt]	00:53:45	00:53:45
13	Dennis Earl	M50	1/55	[Unatt]	00:41:04	00:41:08	113	Robin Webb	M60	10/34	[Unatt]	00:52:50	00:53:59
14	Mark Walford	M40	2/45	TuffFittyT	00:41:25	00:41:27	114	Matt Larking	MS	42/75	[Unatt]	00:53:42	00:54:01
15	Mitchell Hamilton	MS	12/75	[Unatt]	00:41:38	00:41:53	115	Thomas Whelpdale	MS	43/75	[Unatt]	00:52:58	00:54:07
16	David Lewis	MS	13/75	[Unatt]	00:42:00	00:42:02	116	David Whelpdale	M40	23/45	[Unatt]	00:52:58	00:54:07
17	Jack Flinders	M40	3/45	TuffFittyT	00:42:04	00:42:06	117	Joe Le Cappelain	MS	44/75	[Unatt]	00:53:52	00:54:12
18	Gareth Fish	M40	4/45	[Unatt]	00:42:13	00:42:14	118	David Laurie	M50	22/55	[Unatt]	00:53:59	00:54:17
19	Tara Bage	FS	1/42	BrightonPh	00:42:23	00:42:25	119	Richard Standing	M50	23/55	[Unatt]	00:53:45	00:54:19
20	Cameron Coe	MS	14/75	BognorTone	00:42:25	00:42:27	120	Colin Murphy	M50	24/55	[Unatt]	00:53:44	00:54:20
21	Lee Caiels	M40	5/45	[Unatt]	00:42:28	00:42:32	121	Andrew Phillips	M60	11/34	[Unatt]	00:54:05	00:54:32
22	Jeff Young	M50	2/55	SeafordStr	00:42:36	00:42:37	122	Mark Burleton	M60	12/34	MidhurstMi	00:54:16	00:54:34
23	Stuart Britten	M40	6/45	RebelRunnr	00:42:50	00:42:54	123	Hilz Pollard	F35	4/34	Chichester	00:54:07	00:54:37
24	Austin Warren	M50	3/55	SeafordStr	00:43:06	00:43:09	124	Hannah Binstead	FS	9/42	[Unatt]	00:54:13	00:54:39
25	Adam Woodruff	MS	15/75	[Unatt]	00:43:12	00:43:13	125	Samuel Lay	MS	45/75	[Unatt]	00:54:06	00:54:46
26	Nick Bradford	M40	7/45	[Unatt]	00:43:08	00:43:15	126	Dave Mansley	M60	13/34	[Unatt]	00:54:26	00:54:49
27	Gareth Coombes	MS	16/75	TuffFittyT	00:43:17	00:43:20	127	Martin Richardson	M40	24/45	[Unatt]	00:54:34	00:54:58
28	Jack Madgwick	MS	17/75	[Unatt]	00:44:38	00:44:43	128	Seb Foster	M40	25/45	[Unatt]	00:54:22	00:55:01
29	Tom Pellett	MS	18/75	[Unatt]	00:45:08	00:45:16	129	Phil Hughes	M40	26/45	[Unatt]	00:54:31	00:55:03
30	Stephen Fryer	M50	4/55	TuffFittyT	00:45:18	00:45:23	130	Kevin Pearson	M50	25/55	TuffFittyT	00:54:32	00:55:04
31	Robin Charnock	M50	5/55	Chichester	00:45:23	00:45:26	131	Peter Ramsdale	M60	14/34	BognorTone	00:54:50	00:55:06
32	Matt Coughrove	M50	6/55	[Unatt]	00:45:22	00:45:28	132	Anna Kukla	FS	10/42	[Unatt]	00:54:53	00:55:09
33	Andy Cohen	M40	8/45	[Unatt]	00:45:27	00:45:33	133	Daniel White	MS	46/75	[Unatt]	00:54:43	00:55:24
34	Nicole Hutton	F45	1/37	[Unatt]	00:45:29	00:45:36	134	Chris Watt	M60	15/34	[Unatt]	00:54:58	00:55:34
35	Adam Costello	MS	19/75	[Unatt]	00:45:22	00:45:42	135	Connie Ward	FS	11/42	[Unatt]	00:55:21	00:55:42
36	Joe Macallister	MS	20/75	PortsladeH	00:46:04	00:46:11	136	Hayri Unat	MS	47/75	[Unatt]	00:55:21	00:55:42
37	Andrew Biggs	M50	7/55	BH Runners	00:46:00	00:46:14	137	Gaynor Stephens	FS	12/42	[Unatt]	00:55:29	00:55:48
38	Thomas Kirkby-Jones	MS	21/75	[Unatt]	00:46:14	00:46:16	138	Paul Wyatt	M60	16/34	[Unatt]	00:54:58	00:55:48
39	Richard Miles	M60	1/34	WombwellISA	00:46:07	00:46:22	139	James Harmston	M50	26/55	RunAcademy	00:55:20	00:55:52
40	Lilla Horvath	F35	1/34	MidhurstMi	00:46:30	00:46:38	140	Andy Freeman	M50	27/55	[Unatt]	00:55:25	00:55:57
41	Mike Souter	MS	22/75	[Unatt]	00:46:33	00:46:41	141	Rose Naested	FS	13/42	SteyningJo	00:55:25	00:55:58
42	Fay Cripps	F45	2/37	[Unatt]	00:46:42	00:46:52	142	Matt McSweeney	M50	28/55	[Unatt]	00:55:19	00:56:00
43	Stuart Harvey	MS	23/75	TuffFittyT	00:46:53	00:46:57	143	James Rippon	MS	48/75	Fatboy RC	00:55:18	00:56:03
44	Martin Green	MS	24/75	[Unatt]	00:46:58	00:47:05	144	Stu Laurie	MS	49/75	[Unatt]	00:55:11	00:56:21
45	Adrian Morey	M60	2/34	[Unatt]	00:47:01	00:47:09	145	David Holloway	M50	29/55	[Unatt]	00:56:20	00:56:32
46	Dan Peach	MS	25/75	[Unatt]	00:46:56	00:47:11	146	Bryan McHugh	M50	30/55	[Unatt]	00:55:07	00:56:34
47	Matthew Chorlton	MS	26/75	[Unatt]	00:47:03	00:47:16	147	Ian Ashbery	M60	17/34	BognorTone	00:55:53	00:56:37
48	Andrew Colman	M50	8/55	[Unatt]	00:47:14	00:47:18	148	Simon Griffiths	M50	31/55	[Unatt]	00:56:09	00:56:37
49	Gary Macey	M60	3/34	BognorTone	00:47:17	00:47:29	149	Stewart Mackman	M60	18/34	[Unatt]	00:56:04	00:56:38
50	Chris Feraday	MS	27/75	[Unatt]	00:47:32	00:47:44	150	Millan-John Gilson	MS	50/75	[Unatt]	00:56:16	00:56:39
51	Jack Lorimer	MS	28/75	[Unatt]	00:47:31	00:47:45	151	Sarah Williams	FS	14/42	[Unatt]	00:56:17	00:56:40
52	Dominic Amey	M50	9/55	TuffFittyT	00:47:45	00:47:51	152	James Mullan	MS	51/75	BrightonHv	00:56:33	00:56:43
53	Lee Craven	M40	9/45	[Unatt]	00:47:42	00:47:54	153	Sarah Dear	F35	5/34	[Unatt]	00:55:47	00:56:44
54	Tom Medhurst	MS	29/75	[Unatt]	00:47:46	00:47:56	154	Matthew Scowen	MS	52/75	[Unatt]	00:56:40	00:56:57
55	Neil Strachan	M60	4/34	MidhurstMi	00:48:02	00:48:05	155	Josh Cassidy-Rice	MS	53/75	[Unatt]	00:56:21	00:57:00
56	Lauren Farnnell	FS	2/42	[Unatt]	00:48:04	00:48:16	156	Amy Flinders	FS	15/42	TuffFittyT	00:55:54	00:57:06
57	Caroline Whelan	F45	3/37	DorkingMol	00:48:21	00:48:28	157	Skye Maddox	FS	16/42	FishFinger	00:56:41	00:57:07
58	Sam Argyle	MS	30/75	[Unatt]	00:48:05	00:48:31	158	Elizabeth Bilham	FS	17/42	BognorTone	00:56:48	00:57:10
59	Richard Preece	M50	10/55	SeafordStr	00:48:25	00:48:35	159	Matthew Charman	MS	54/75	[Unatt]	00:56:06	00:57:18
60	Jake Pretty	MS	31/75	[Unatt]	00:48:17	00:48:42	160	Will Wilkinson	M60	19/34	[Unatt]	00:56:53	00:57:25
61	Richard Fulford	M40	10/45	[Unatt]	00:48:38	00:48:46	161	Phillip Coombes	M40	27/45	[Unatt]	00:56:58	00:57:35
62	Matthew Cohen	MS	32/75	[Unatt]	00:48:36	00:48:47	162	Annie Field	FS	18/42	[Unatt]	00:56:17	00:57:44
63	Richard Cohen	M40	11/45	[Unatt]	00:48:37	00:48:48	163	Lynne Stallabrass	F35	6/34	[Unatt]	00:57:10	00:57:45
64	Rupert Ellwood	M50	11/55	MidhurstMi	00:48:46	00:48:50	164	Heather Parton	F35	7/34	[Unatt]	00:57:35	00:57:51
65	Emma Wickens	F45	4/37	[Unatt]	00:48:41	00:48:51	165	Melanie Abbott	FS	19/42	[Unatt]	00:57:18	00:57:53
66	Colin Moore	M40	12/45	[Unatt]	00:48:53	00:48:56	166	Garth Jones	M40	28/45	[Unatt]	00:56:58	00:57:56
67	Laura Norris	FS	3/42	[Unatt]	00:47:48	00:49:01	167	Clare Worgan	F35	8/34	TuffFittyT	00:56:58	00:57:56
68	Steven Orr	M40	13/45	[Unatt]	00:48:56	00:49:07	168	Alex Haylor	MS	55/75	[Unatt]	00:57:47	00:58:07
69	Josie Inverdale	FS	4/42	[Unatt]	00:48:57	00:49:10	169	Hannah Ashdown	F35	9/34	[Unatt]	00:57:32	00:58:09
70	Alex Milnes	MS	33/75	[Unatt]	00:48:57	00:49:10	170	Rhian Standley	F45	6/37	TuffFittyT	00:57:16	00:58:17
71	Kevin Began	M50	12/55	[Unatt]	00:48:40	00:49:12	171	Adrian Oliver	M50	32/55	TuffFittyT	00:57:23	00:58:17
72	Vikki Mayne	FS	5/42	[Unatt]	00:49:17	00:49:26	172	Mark Meeten	M40	29/45	[Unatt]	00:57:40	00:58:21
73	John Morton	M50	13/55	[Unatt]	00:49:42	00:49:55	173	Jake Higham	MS	56/75	[Unatt]	00:57:48	00:58:33
74	Sophie Morton	FS	6/42	[Unatt]	00:49:42	00:49:55	174	Matt Hazell-Wood	M40	30/45	RebelRunnr	00:58:01	00:58:34
75	Luis M. Martin Nieto	M40	14/45	[Unatt]	00:50:03	00:50:08	175	Claire Lock	F45	7/37	[Unatt]	00:57:58	00:58:34
76	Richard Searle	M50	14/55	[Unatt]	00:49:59	00:50:20	176	Guy Hodgson	M50	33/55	BognorTone	00:57:47	00:58:36
77	Nicola Capes	F45	5/37	MidhurstMi	00:50:27	00:50:34	177	Stuart Thomson	M60	20/34	BognorTone	00:57:49	00:58:36
78	Jeremy Rose	M40	15/45	[Unatt]	00:50:48	00:50:57	178	Gareth Deere	M50	34/55	[Unatt]	00:58:00	00:58:44
79	Matthew Grover	MS	34/75	[Unatt]	00:50:38	00:51:01	179	Michelle Farnnell	F45	8/37	[Unatt]	00:58:11	00:58:44
80	Josey Faggetter	F55	1/25	BognorTone	00:50:49	00:51:01	180	Georgia Knight	FS	20/42	[Unatt]	00:58:55	00:59:03
81	Anthony Coad-Guido	MS	35/75	[Unatt]	00:50:55	00:51:05	181	Alex Stephens	M50	35/55	[Unatt]	00:58:47	00:59:11
82	Tim Douglas	M40	16/45	[Unatt]	00:50:56	00:51:10	182	Paul Martin	M40	31/45	TuffFittyT	00:58:24	00:59:13
83	Alan Heath	M60	5/34	[Unatt]	00:51:01	00:51:16	183	Steve Bowie	M60	21/34	DorkingMol	00:58:40	00:59:15
84	Rod McMullan	M60	6/34	[Unatt]	00:51:05	00:51:25	184	Przemyslaw Karpicki	M40	32/45	[Unatt]	00:58:28	00:59:16
85	Chris Scanlon	M40	17/45	[Unatt]	00:51:25	00:51:30	185	James Bonner	MS	57/75	[Unatt]	00:57:58	00:59:18
86	Dan Lawrence	M40	18/45	TuffFittyT	00:51:16	00:51:32	186	Natalya Couper	FS	21/42	[Unatt]	00:58:53	00:59:31
87	David Durrant	M60	7/34	BognorTone	00:51:18	00:51:35	187	Ben Giddings	M40	33/45	[Unatt]	00:58:53	00:59:35
88	Alice Banbury Morgan	FS	7/42	[Unatt]	00:51:13	00:51:36	188	Gemma Maravolo	FS	22/42	[Unatt]	00:59:21	00:59:37
89	Tony Kershaw	M60	8/34	[Unatt]	00:51:18	00:5							

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Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime
201	Terry Avey	M70	2/7	BrightonPh	01:00:23	01:00:37	282	Sheena Reeve	F55	11/25	DorkingMol	01:08:56	01:09:18
202	Dawn Simmonds	F45	12/37	[Unatt]	01:00:16	01:00:44	283	Debbie Patching	F65	2/8	BognorTone	01:08:18	01:09:20
203	Sean Foord	M40	36/45	[Unatt]	00:59:58	01:00:47	284	Gwynneth Haynes	F55	12/25	[Unatt]	01:09:01	01:09:22
204	Michael Leeves	MS	59/75	[Unatt]	00:59:41	01:00:47	285	Ann Naested	F65	3/8	[Unatt]	01:08:50	01:09:26
205	Rebecca Peach	FS	23/42	[Unatt]	01:00:05	01:00:49	286	Colin Simmons	M50	50/55	Chichester	01:08:43	01:09:34
206	Andrew Miles	M50	38/55	[Unatt]	01:00:22	01:01:09	287	Peter Shaw	M70	5/7	Chichester	01:08:55	01:09:47
207	Nigel Lane	M60	25/34	[Unatt]	01:01:06	01:01:34	288	Victoria Maleski	F55	13/25	SeafordStr	01:09:27	01:10:03
208	Danny Stenning-West	MS	60/75	[Unatt]	01:00:13	01:01:36	289	Debbie Priest	F55	14/25	SeafordStr	01:09:39	01:10:04
209	David B. Evans	M70	3/7	BrightonHH	01:00:48	01:01:44	290	Lorraine Quigley	F45	28/37	SeafordStr	01:09:42	01:10:07
210	Leanne Litster	F35	10/34	SeafordStr	01:01:51	01:01:57	291	Matthew Pearce	MS	71/75	[Unatt]	01:04:44	01:10:07
211	Steven Teale	M50	39/55	SeafordStr	01:01:51	01:01:58	292	Louise Strong	F35	22/34	[Unatt]	01:08:51	01:10:09
212	Carolyn Coombes	F35	11/34	WorthingSt	01:01:24	01:02:00	293	Mark Bowers	M50	51/55	[Unatt]	01:09:04	01:10:11
213	Fred Thomson	M50	40/55	HaslemereB	01:01:35	01:02:00	294	Katie Macallister	F35	23/34	[Unatt]	01:09:08	01:10:15
214	Alex Willetts	F45	13/37	BognorTone	01:01:16	01:02:02	295	Dee Thomas	F35	24/34	[Unatt]	01:08:58	01:10:22
215	Fiona Thomas	F65	1/8	[Unatt]	01:01:43	01:02:04	296	Will Sparrow	M40	39/45	[Unatt]	01:09:38	01:10:24
216	Alan Whiteley	M60	26/34	StainlandL	01:01:26	01:02:06	297	Brian Hogan	M40	40/45	[Unatt]	01:09:20	01:10:32
217	Michael Sexton	M50	41/55	[Unatt]	01:01:28	01:02:07	298	Rachael Lewis	F45	29/37	[Unatt]	01:10:06	01:10:46
218	Lance Maleski	M60	27/34	SeafordStr	01:01:27	01:02:09	299	Kerry Road	F35	25/34	[Unatt]	01:10:05	01:10:46
219	Christine Rounds	F55	4/25	BognorTone	01:01:29	01:02:16	300	Carla Bagnall	FS	29/42	[Unatt]	01:09:12	01:10:47
220	Erika Makovskyte	F35	12/34	[Unatt]	01:01:07	01:02:22	301	Hannah Yates	F35	26/34	[Unatt]	01:09:52	01:10:59
221	Claire Foreman	F45	14/37	[Unatt]	01:01:28	01:02:28	302	Sian Anderson	FS	30/42	[Unatt]	01:09:55	01:11:01
222	Paul Edmonds	MS	61/75	[Unatt]	01:01:39	01:02:36	303	Tanya Steel	FS	31/42	[Unatt]	01:09:33	01:11:08
223	Anthony Williams	M60	28/34	[Unatt]	01:01:21	01:02:40	304	Lorna Richard	F45	30/37	SheetStrid	01:10:12	01:11:11
224	Sandy Staples	F45	15/37	RunAcademy	01:02:15	01:02:43	305	Sharron Parker	F65	4/8	RunAcademy	01:10:38	01:11:12
225	Stuart Clifford	M50	42/55	[Unatt]	01:02:28	01:03:10	306	Simon Hazelden	M40	41/45	[Unatt]	01:10:15	01:11:24
226	David Southgate	MS	62/75	Regis RR	01:02:53	01:03:15	307	Sarah Priestley	F35	27/34	FordyRuns	01:10:16	01:11:25
227	Rebecca Nicholl	F45	16/37	BognorTone	01:03:11	01:03:41	308	Benedict Goddard	MS	72/75	InspireRun	01:10:37	01:11:36
228	Neil Burling	M50	43/55	[Unatt]	01:03:00	01:03:44	309	David Brown	MS	73/75	[Unatt]	01:09:55	01:11:46
229	Elizabeth Martin	FS	24/42	SteyningAC	01:02:54	01:03:46	310	Sandra Humphrey	F55	15/25	SheetStrid	01:10:58	01:11:58
230	Matt Campbell	M50	44/55	[Unatt]	01:02:33	01:03:59	311	Janet Shephard	F65	5/8	TuffFittyT	01:11:03	01:11:58
231	Jodie Davidson	F45	17/37	DorkingMol	01:02:51	01:04:02	312	Mark Burgess	MS	74/75	[Unatt]	01:10:34	01:12:07
232	Zoe Chinnock	F35	13/34	[Unatt]	01:03:30	01:04:12	313	Ryan Allen	MS	75/75	[Unatt]	01:11:00	01:12:18
233	Zuleika Sassa	F45	18/37	[Unatt]	01:03:20	01:04:16	314	Lynne Clarke	F45	31/37	[Unatt]	01:10:52	01:12:20
234	Max Hawkins	MS	63/75	[Unatt]	01:02:58	01:04:18	315	Emma Evans	F45	32/37	[Unatt]	01:11:25	01:12:22
235	Roger Thomson	M50	45/55	[Unatt]	01:04:09	01:04:41	316	Jon Slattery	M70	6/7	[Unatt]	01:11:59	01:12:57
236	Gemma Featherstone	F35	14/34	[Unatt]	01:03:49	01:04:54	317	Abby-Lea Jellis	FS	32/42	[Unatt]	01:12:46	01:13:16
237	Sue Harmston-Essex	F45	19/37	RunAcademy	01:04:22	01:04:56	318	Lorraine Chow	FS	33/42	[Unatt]	01:12:54	01:13:33
238	John Feldmanis	MS	64/75	[Unatt]	01:03:45	01:04:57	319	Sandra Balcombe	F55	16/25	Chichester	01:12:23	01:13:41
239	John Prideaux	M60	29/34	[Unatt]	01:04:06	01:05:00	320	Claire Anwyll	F45	33/37	[Unatt]	01:13:35	01:13:53
240	Julie Broad	F55	5/25	[Unatt]	01:04:05	01:05:06	321	Lucy Hildyard	FS	34/42	[Unatt]	01:12:49	01:13:56
241	Sean Leggett	M50	46/55	[Unatt]	01:04:28	01:05:17	322	Sue Hollowell	F55	17/25	WorthingSt	01:13:04	01:14:09
242	Paula Wallace	F45	20/37	[Unatt]	01:04:20	01:05:32	323	Rebecca Webb	F55	18/25	[Unatt]	01:13:21	01:14:35
243	Helen Freeman	F45	21/37	[Unatt]	01:05:08	01:05:38	324	Susan Douglas	F55	19/25	TuffFittyT	01:13:37	01:14:38
244	Lisa Tremeer	F45	22/37	MidhurstMi	01:04:54	01:05:48	325	Christine Gibbons	F65	6/8	Arena80 AC	01:14:30	01:15:00
245	Nikki Franks	F45	23/37	FoxyLadies	01:04:37	01:05:53	326	Neil Parrish	M50	52/55	ArunnersRC	01:14:23	01:15:17
246	Debbie Austin	F35	15/34	[Unatt]	01:04:45	01:05:55	327	Sue Acaster	F55	20/25	RunAcademy	01:15:04	01:15:37
247	Agnieszka Karpicka	F35	16/34	[Unatt]	01:05:24	01:06:12	328	Kamila Tworkowska	F35	28/34	[Unatt]	01:14:41	01:15:52
248	Stuart Withers	M50	47/55	RunThingsR	01:05:24	01:06:19	329	Chloe Birchley	FS	35/42	[Unatt]	01:15:05	01:15:57
249	Andrew Buchan	M50	48/55	[Unatt]	01:05:24	01:06:19	330	Jessica Jones	FS	36/42	[Unatt]	01:14:43	01:16:07
250	Lloyd Ritchie	MS	65/75	HoveHornet	01:05:33	01:06:27	331	Sam Clements	M40	42/45	[Unatt]	01:15:03	01:16:18
251	Sarah Saunders	F35	17/34	[Unatt]	01:05:16	01:06:28	332	Rebecca Tupper	F35	29/34	[Unatt]	01:15:37	01:16:45
252	Joe Samways	MS	66/75	[Unatt]	01:05:50	01:06:41	333	Trevor Ellery	M70	7/7	LordshillR	01:15:46	01:16:47
253	Lewis Downs	MS	67/75	[Unatt]	01:05:52	01:06:41	334	Emma Baars	F35	30/34	[Unatt]	01:16:27	01:16:53
254	Andrew Pooley	M60	30/34	[Unatt]	01:06:07	01:06:51	335	Faye Funnell	FS	37/42	[Unatt]	01:16:30	01:16:59
255	Aaron Pooley	MS	68/75	SeafordStr	01:06:08	01:06:51	336	Hannah Boyns	F35	31/34	[Unatt]	01:16:07	01:17:24
256	Geoff Davidson	M40	37/45	DorkingMol	01:05:46	01:06:56	337	Angela Waddup	F55	21/25	FoxyLadies	01:16:07	01:17:24
257	Lucie Armstrong	F45	24/37	[Unatt]	01:06:40	01:07:09	338	Mel Campbell	F45	34/37	[Unatt]	01:16:23	01:17:49
258	Jo-Blaise Martin	F45	25/37	[Unatt]	01:06:41	01:07:10	339	Jo Robinson	F45	35/37	SeafordStr	01:17:38	01:18:03
259	Susan Wilkinson	F55	6/25	[Unatt]	01:06:02	01:07:17	340	Richard Bayley	M40	43/45	Run Verity	01:18:33	01:19:24
260	Dave Rue	MS	69/75	[Unatt]	01:05:57	01:07:20	341	Martine Allen	FS	38/42	[Unatt]	01:18:52	01:20:08
261	Carla Rue	F35	18/34	[Unatt]	01:05:57	01:07:20	342	Alison Melling	F55	22/25	[Unatt]	01:19:13	01:20:17
262	Emily Burt	FS	25/42	[Unatt]	01:06:48	01:07:26	343	Nick Bailey	M60	34/34	DenmeadStr	01:20:59	01:21:27
263	Mia Maloney	FS	26/42	[Unatt]	01:06:27	01:07:30	344	Helen Bishop	F55	23/25	[Unatt]	01:20:52	01:21:54
264	Michaela Scowen	FS	27/42	[Unatt]	01:07:21	01:07:36	345	Alice Jolley	FS	39/42	[Unatt]	01:21:21	01:22:14
265	Judith Franklin	F35	19/34	MidhurstMi	01:06:46	01:07:40	346	Jonathan Marshall	M40	44/45	BembridgeB	01:22:46	01:24:18
266	Jeremy Harrison	M60	31/34	[Unatt]	01:06:54	01:07:43	347	Ferrellyn Heinson	FS	40/42	[Unatt]	01:24:35	01:25:02
267	Frances Rose	F55	7/25	SheetStrid	01:06:45	01:07:45	348	Sashi Laje	M50	53/55	[Unatt]	01:24:49	01:25:47
268	Robert Catlin	M60	32/34	[Unatt]	01:06:50	01:07:48	349	Ella Jalley	FS	41/42	[Unatt]	01:25:00	01:25:53
269	Kevin Moore	M70	4/7	[Unatt]	01:06:54	01:07:50	350	Piyanut Annis	F35	32/34	[Unatt]	01:24:43	01:25:59
270	Suzanna McGregor	F55	8/25	[Unatt]	01:07:13	01:08:08	351	Glen McCready	M50	54/55	[Unatt]	01:26:42	01:27:45
271	Jolene Spence	F35	20/34	[Unatt]	01:07:55	01:08:09	352	Mark Melling	M50	55/55	[Unatt]	01:26:41	01:27:46
272	Caroline Lopez	F35	21/34	[Unatt]	01:07:30	01:08:12	353	Lynne Von Wildenrath	F55	24/25	[Unatt]	01:27:31	01:28:33
273	David Edmondson	M50	49/55	[Unatt]	01:07:30	01:08:15	354	Johanna Harrison	F55	25/25	[Unatt]	01:27:16	01:28:34
274	Aileen Lowe	F55	9/25	[Unatt]	01:07:33	01:08:23	355	Nicola Clark	F45	36/37	[Unatt]	01:30:13	01:31:44
275	James Paul	MS	70/75	[Unatt]	01:07:46	01:08:24	356	Julia Revill	F65	7/8	DenmeadStr	01:30:51	01:32:11
276	Sarah Green	F45	26/37	[Unatt]	01:07:11	01:08:25	357	Debbie Pentland	F65	8/8	Portsmouth	01:30:51	01:32:12
277	Chris Young	M40	38/45	[Unatt]	01:07:18	01:08:29	358	Martin McGinlay	M40	45/45	[Unatt]	01:33:07	01:34:29
278	Karen Griffiths	F55	10/25	[Unatt]	01:08:04	01:08:33	359	Sue Pinky	F45	37/37	TuffFittyT	01:33:08	01:34:29
279	Stephen Goddard	M60	33/34	BognorTone	01:07:42	01:08:40	360	Bailey Smith	FS	42/42	[Unatt]	01:36:26	01:37:40
280	Emma Smith	F45	27/37	[Unatt]	01:07:54	01:08:44	361	Elizabeth Smith	F35	33/34	ItchenSpit	01:36:28	01:37:41
281	Gianna Ng	FS	28/42	[Unatt]	01:08:06	01:08:46	362	Sara Withers	F35	34/34	ItchenSpit	01:36:28	01:37:42