

Robert McHarry Memorial Birchwood Park 5k

Robert McHarry Memorial Birchwood Park 5k 30th May 2024

RESULTS

Program: UKresults.net & UKtimers.net

Pos	Name	Cat	Cat/Pos	Club/Team	Time	Pos	Name	Cat	Cat/Pos	Club/Team	Time
1	Matthew Jenson	MS	1/10	Warrington Running Club	00:16:56	48	Julia Reynolds	F50	3/6	Sale Harriers Manchester	00:23:11
2	John Myers	M45	1/7	Run Sandymoor	00:17:24	49	Germaine Holmes	F50	4/6	Lymm Runners	00:23:21
3	Phil Rowen	M50	1/6	Lymm Runners	00:17:35	50	Graham Driver	M55	7/11	Spectrum Striders RC	00:23:33
4	Leo Loughran	M40	1/4	[Unattached] (876)	00:17:40	51	Claire Grimmer	F45	3/8	Knutsford Tri Club	00:23:44
5	Beatrix Soper	FJ	1/1	Sale Harriers Manchester	00:18:27	52	Claire Ellison	F35	2/3	Spectrum Striders RC	00:23:53
6	Neil Byrne	M55	1/11	Run Sandymoor	00:18:28	53	Eleanor Roberts	F55	1/6	Spectrum Striders RC	00:23:54
7	Neil Marsh	MS	2/10	Spectrum Striders RC	00:18:35	54	Rachael Hastwell	F40	2/4	Lymm Runners	00:23:55
8	Leighton Sharman	MS	3/10	Warrington AC	00:18:46	55	Graham Marshall	M60	6/8	[Unattached] (111)	00:23:56
9	Jonathan Hock	M45	2/7	Lymm Runners	00:18:48	56	Andy Garnett	M70	1/4	Spectrum Striders RC	00:24:26
10	Will Kozer	M40	2/4	Widnes Running Club	00:18:51	57	Jamie Bradbury	M45	7/7	Lymm Runners	00:24:33
11	George O'Donnell	MJ	1/1	Macclesfield Harriers	00:18:54	58	Sarah Eglin	F45	4/8	Knutsford Tri Club	00:24:39
12	Daniel Martin	MS	4/10	Swinton Running Club	00:19:11	59	Carole Harrison	F55	2/6	Altrincham & District AC	00:24:41
13	Mike Donigan	M40	3/4	Swinton Running Club	00:19:14	60	Adam Connell	MS	10/10	Swinton Running Club	00:24:58
14	Robert Heggs	M45	3/7	Chorlton Runners	00:19:24	61	Vince Alcock	M55	8/11	Spectrum Striders RC	00:25:06
15	James Williams	M45	4/7	Lymm Runners	00:19:27	62	Joanna Maddocks	F40	3/4	Lymm Runners	00:25:15
16	Matt Sanderson	M50	2/6	Warrington Running Club	00:19:46	63	Jon Bradford Ehlen	M50	6/6	Northwich Running Club	00:25:23
17	Matthew Bartley	MS	5/10	Spectrum Striders RC	00:19:52	64	Julian Spencer	M60	7/8	Spectrum Striders RC	00:25:27
18	Stephen Greaves	M50	3/6	Wilmslow RC	00:20:01	65	Janet Robertson	F55	3/6	Helsby Running Club	00:25:27
19	Liam Thompson	M45	5/7	[Unattached] (875)	00:20:02	66	Helen Caldwell	F55	4/6	Spectrum Striders RC	00:25:40
20	Richard Heaton	M40	4/4	Warrington Running Club	00:20:18	67	Kate Grimoldby	F35	3/3	Spectrum Striders RC	00:25:59
21	Daniel Chadwick	M45	6/7	Spectrum Striders RC	00:20:22	68	Emma Cliffe	F50	5/6	Lymm Runners	00:26:05
22	Ray O'Keefe	M55	2/11	Macclesfield Harriers	00:20:23	69	Catherine Machin	F45	5/8	Wilmslow RC	00:26:29
23	Matthew Jackson	M55	3/11	Styal Running Club	00:20:31	70	Caitlin Henderson	FS	2/3	Spectrum Striders RC	00:26:45
24	Tony Greenwood	M65	1/6	Blackburn Harriers	00:20:36	71	Colin Stephens	M55	9/11	Swinton Running Club	00:26:53
25	Steve Reynolds	M55	4/11	Sandbach Striders	00:20:39	72	David McGowan	M55	10/11	Spectrum Striders RC	00:27:00
26	Steven Doxey	M60	1/8	Swinton Running Club	00:20:40	73	Malcolm Hughes	M65	3/6	Spectrum Striders RC	00:27:35
27	David Holt	MS	6/10	Astley & Tyldesley RC	00:20:49	74	Jo Sullivan	F55	5/6	Spectrum Striders RC	00:27:35
28	Susan Harrison	F50	1/6	Wilmslow RC	00:20:55	75	Barry Chambers	M70	2/4	Vale Royal AC	00:27:52
29	Gareth Stockdale	M50	4/6	Macclesfield Harriers	00:20:55	76	Duncan Forsyth	M65	4/6	Lymm Runners	00:28:14
30	David Entwistle	M60	2/8	Altrincham & District AC	00:20:56	77	Alan Jenkinson	M75	1/2	Styal Running Club	00:28:15
31	Andy Thomas	M60	3/8	Sandbach Striders	00:21:00	78	Carolyn Smith	F55	6/6	Lymm Runners	00:28:21
32	Emma Fraser	F45	1/8	Run Sandymoor	00:21:00	79	Jill Haines	F50	6/6	[Unattached] (877)	00:28:27
33	Alex Roberts	MS	7/10	Spectrum Striders RC	00:21:07	80	Joanne Leach	F45	6/8	Spectrum Striders RC	00:28:30
34	Alex Farmer	MS	8/10	Lymm Runners	00:21:13	81	Michelle Toovey	F45	7/8	Swinton Running Club	00:28:31
35	Paul Collins	M55	5/11	Swinton Running Club	00:21:18	82	Phil Thorp	M65	5/6	Liverpool Running Bugs	00:28:36
36	Sue Stockdale	F50	2/6	Macclesfield Harriers	00:21:24	83	Alec Henderson	M55	11/11	Spectrum Striders RC	00:29:29
37	Carla Houghton	F35	1/3	[Unattached] (163)	00:21:26	84	Kath. Morris-McHarry	FS	3/3	[Unattached] (853)	00:29:48
38	Rebecca Mills	F40	1/4	Swinton Running Club	00:21:28	85	Dave Thompson	M65	6/6	Spectrum Striders RC	00:29:56
39	Paul Norris	M65	2/6	Wilmslow RC	00:21:32	86	Elaine Vaile	F45	8/8	[Unattached] (160)	00:30:10
40	Georgina Walker	F45	2/8	Lymm Runners	00:21:47	87	Katherine Jackson	F40	4/4	Swinton Running Club	00:30:14
41	Lewis Taylor	MS	9/10	Spectrum Striders RC	00:22:01	88	Allan Bird	M60	8/8	Warrington AC	00:30:37
42	Jacquel. Cordingley	F65	1/1	Sale Harriers Manchester	00:22:05	89	John Dooley	M75	2/2	Spectrum Striders RC	00:30:42
43	James Dawson	M60	4/8	Lymm Runners	00:22:07	90	Mike Perchard	M70	3/4	Northwich Running Club	00:30:56
44	Michael Dolan	M55	6/11	[Unattached] (151)	00:22:22	91	Wendy Doxey	F60	1/1	Swinton Running Club	00:31:01
45	David Haines	M50	5/6	[Unattached] (878)	00:22:25	92	Terry Coles	M80	1/1	Spectrum Striders RC	00:31:27
46	Paisley Williams	FS	1/3	Swinton Running Club	00:22:34	93	Janet C. Shaw	F70	1/1	Helsby Running Club	00:36:38
47	Martyn Weber	M60	5/8	[Unattached] (123)	00:22:53	94	Geoff Shaw	M70	4/4	Helsby Running Club	00:36:39