

Dalby Dash 10k, North Yorkshire

Dalby Dash 10k, North Yorkshire				10th November 2024				RESULTS				Results: UKtimers.net & UKresults.net			
Pos	Name	Cat	Cat/Pos	Club/Team	Time	Tag	Pos	Name	Cat	Cat/Pos	Club/Team	Time	Tag		
1	Jordan Howe	MS	1/45	York Postal Harriers	00:32:19		81	Fiona Bennett	F50	1/85	[Unattached] (44)	00:44:34			
2	Dom Carter	MS	2/45	York Postal Harriers	00:32:59		82	Tom Robinson	MS	26/45	[Unattached] (453)	00:44:36			
3	Kieron Brown	MS	3/45	York Acorn Running Club	00:33:13		83	Claire Thornton	F45	2/37	Methley Striders	00:44:44			
4	David Morrison	MS	4/45	York Knavesmire Harriers	00:33:45		84	Christian Brooks	MS	27/45	Ackworth Road Runners &AC	00:44:46			
5	Louis Gardner	MS	5/45	Jesmond Joggers	00:33:49		85	David Hughes	M45	10/27	Ackworth Road Runners &AC	00:45:07			
6	Gregan Clarkson	M40	1/28	Kingston-upon-Hull AC	00:34:54		86	George Summerson	M40	15/28	York Postal Harriers	00:45:14			
7	Adrian Strapetic	M40	2/28	York Knavesmire Harriers	00:36:22		87	Theresa Oldroyd	F50	2/85	Nidd Valley Road Runners	00:45:31			
8	Matthew Sizer	MS	6/45	Yorkshire Wolds Runners	00:36:25		88	Steven Roberts	M45	11/27	[Unattached] (446)	00:45:44			
9	Mitchell Scott	MS	7/45	[Unattached] (472)	00:36:27		89	Kate Osborn	FS	4/45	York Knavesmire Harriers	00:45:44			
10	Edward Woollard	MS	8/45	[Unattached] (590)	00:36:50		90	Helen Lowe	FS	5/45	Lonely Goat RC	00:45:53			
11	Christopher Poulton	M40	3/28	York Acorn Running Club	00:36:58		91	Nicholas M. Wilson	M60	5/40	[Unattached] (582)	00:45:58			
12	Michael Grimwood	M40	4/28	York Acorn Running Club	00:36:58		92	Des Miles	M60	6/40	[Unattached] (368)	00:45:58			
13	Michael Farn	M40	5/28	[Unattached] (174)	00:37:21		93	Neil Webster	M60	7/40	[Unattached] (561)	00:45:59			
14	Will Prichard	MS	9/45	York Knavesmire Harriers	00:37:28		94	Uwin Waidyaratne	MS	28/45	Holgate Harriers	00:46:07			
15	Matthew Dibb	MS	10/45	[Unattached] (139)	00:37:41		95	Darren Gill	M50	24/69	Pontefract AC	00:46:10			
16	Joe Boyes	MS	11/45	City of Hull AC	00:37:53		96	James Davey	M40	16/28	Ackworth Road Runners &AC	00:46:10			
17	Joe Worthington	M45	1/27	Ackworth Road Runners &AC	00:37:56		97	Neil May	M60	8/40	City of Hull AC	00:46:14			
18	Sarah Attwood	F40	1/33	Highland Hill Runners	00:37:59		98	Matthew Brown	M50	25/69	York Acorn Running Club	00:46:16			
19	Allan Scott	M45	2/27	City of York AC	00:38:23		99	Jeremy Benson	M60	9/40	York Knavesmire Harriers	00:46:18			
20	Graham Wilson	M50	1/69	Crossgates Harriers	00:38:27		100	Mark Atherton	M60	10/40	Crossgates Harriers	00:46:27			
21	Heather Tuffs	FS	1/45	Nidderdale Fell & Trail	00:38:31		101	Lucy Vamplew	F40	2/33	Ackworth Road Runners &AC	00:46:29			
22	Richard Robinson	M45	3/27	Pickering Running Club	00:38:41	L	102	Jake Simpson	MS	29/45	[Unattached] (482)	00:46:34			
23	Joe Simpson	MS	12/45	[Unattached] (483)	00:39:20		103	Colleen Thundercliff	F50	3/85	City of Hull AC	00:46:35			
24	Andrew Hopper	M50	2/69	Scarborough AC	00:39:31		104	Louise Venables	F40	3/33	Pocklington Runners	00:46:37			
25	Josh Bramhill	MS	13/45	[Unattached] (58)	00:39:40		105	Anita Ruddock	F60	1/30	York Knavesmire Harriers	00:46:37			
26	Stephen Wright	M60	1/40	City of Hull AC	00:40:04		106	Clare Tune	F50	4/85	Goole Viking Striders	00:46:41			
27	Andy Lawty	M50	3/69	[Unattached] (313)	00:40:09		107	Carl Horth	M40	17/28	City of Hull AC	00:46:45			
28	Paul Simpson	M40	6/28	Pickering Running Club	00:40:14	L	108	Julie Lawn	F50	5/85	York Acorn Running Club	00:46:49			
29	Andy Holladay	M50	4/69	York Triathlon Club	00:40:19		109	Mark Leadbeater	M50	26/69	Ackworth Road Runners &AC	00:46:52			
30	Stuart Leslie	M40	7/28	York Knavesmire Harriers	00:40:19		110	Chris Leeks	M40	18/28	[Unattached] (317)	00:46:55			
31	Louise McLeman	FS	2/45	Nidd Valley Road Runners	00:40:20		111	Jon Jackson	M50	27/69	Valley Striders	00:47:05			
32	Jamie Ward	M45	4/27	Scarborough AC	00:40:21		112	Paul Kelly	M40	19/28	[Unattached] (290)	00:47:13			
33	Stephen Porritt	M40	8/28	York Triathlon Club	00:40:22		113	Anthony Baines	M45	12/27	[Unattached] (33)	00:47:13			
34	Ben Bewley	M40	9/28	Newcastle (Staffs) AC	00:40:22		114	Joanne Burke	F50	6/85	Ackworth Road Runners &AC	00:47:17			
35	Richard Burke	M50	5/69	Ackworth Road Runners &AC	00:40:24		115	Joanne Loftus	F45	3/37	St. Theresa's AC	00:47:19			
36	Jim Carter	M50	6/69	York Postal Harriers	00:40:34		116	Andy Smith	M45	13/27	Ackworth Road Runners &AC	00:47:29			
37	Wesley Possible	MS	14/45	York Postal Harriers	00:40:36		117	James Richardson	M50	28/69	York Postal Harriers	00:47:35			
38	Chris Brown	M50	7/69	[Unattached] (74)	00:40:57		118	Rob Newton	M60	11/40	Fitmums & Friends	00:47:36			
39	Ste Robson	M40	10/28	York Knavesmire Harriers	00:41:02		119	Jenna Drury	F50	7/85	Goodgym Race Team	00:47:41			
40	Thomas McKenna	MS	15/45	York Knavesmire Harriers	00:41:17		120	Mark Tyrrell	M50	29/69	Nidd Valley Road Runners	00:47:45			
41	Chris Quirke	MS	16/45	Pontefract AC	00:41:27		121	Daniel Kneen	MS	30/45	[Unattached] (299)	00:47:53			
42	Callum Russell	MS	17/45	[Unattached] (466)	00:41:33		122	Graham Walton	M40	20/28	[Unattached] (549)	00:48:00			
43	Nick Elliott	M50	8/69	Selby Striders	00:41:35		123	Helen Spring	F45	4/37	Easingwold Running Club	00:48:03			
44	David Leese	MS	18/45	York Knavesmire Harriers	00:41:38		124	Alice Lewis	F60	2/30	Dursley Running Club	00:48:05			
45	Richard Tarrega	MS	19/45	Tadcaster Harriers	00:41:39		125	David Long	M45	14/27	[Unattached] (331)	00:48:10			
46	Paul Farrell	M40	11/28	Ackworth Road Runners &AC	00:41:40		126	Jason Campbell	M50	30/69	York Knavesmire Harriers	00:48:11			
47	Anna Tuffs	FS	3/45	[Unattached] (537)	00:41:49		127	Chris Thompson	M50	31/69	York Postal Harriers	00:48:20			
48	Graham Guy	M45	5/27	Lonely Goat RC	00:41:53		128	Richard Johnson	M50	32/69	Pickering Running Club	00:48:21	L		
49	Tim Lundy	M40	12/28	[Unattached] (338)	00:41:53		129	John Duston	M60	12/40	York Acorn Running Club	00:48:23			
50	James Chambers	M40	13/28	York Knavesmire Harriers	00:42:06		130	Tammy Gaines	F40	4/33	Ackworth Road Runners &AC	00:48:27			
51	John Fothergill	M50	9/69	[Unattached] (183)	00:42:06		131	Nigel Dove	M45	15/27	Easingwold Running Club	00:48:29			
52	Stephen Clarke	M50	10/69	York Knavesmire Harriers	00:42:16		132	Michael Hall	M60	13/40	Holmfirth Harriers	00:48:30			
53	Adam Anderson	MS	20/45	[Unattached] (21)	00:42:20		133	Phil Witcherley	M45	16/27	York Knavesmire Harriers	00:48:34			
54	Jim Needham	M50	11/69	Ackworth Road Runners &AC	00:42:23		134	Richard Rainger	M40	21/28	[Unattached] (429)	00:48:55			
55	David Stainthorpe	M50	12/69	Snaith & Cowick RC	00:42:29		135	Nicole Smith	FS	6/45	Whitby Running Club	00:48:55			
56	Graham Hoy	M45	6/27	Crossgates Harriers	00:42:34		136	Andy Dawson	M50	33/69	Vegan Runners UK	00:48:56	L		
57	Joseph Middleton	MS	21/45	Ackworth Road Runners &AC	00:42:45		137	Jack Gallacher	MS	31/45	[Unattached] (191)	00:49:06			
58	Jonathan O'Neill	M50	13/69	York Knavesmire Harriers	00:42:48		138	Phil Dickinson	M40	22/28	[Unattached] (143)	00:49:07			
59	Christopher Knowles	MS	22/45	[Unattached] (301)	00:42:51	L	139	Martin Pepworth	M50	34/69	Scarborough AC	00:49:11			
60	Ewan Cochrane	M40	14/28	York Knavesmire Harriers	00:42:54		140	Soleil Barrett	F40	5/33	Pontefract AC	00:49:16			
61	Davide Di Maio	M50	14/69	York Knavesmire Harriers	00:43:01		141	Mags Browne	F45	5/37	Crossgates Harriers	00:49:20			
62	Andy Hill	M50	15/69	Kippax & District Harrs.	00:43:03		142	Marc Lenaghan	M50	35/69	Crossgates Harriers	00:49:20			
63	John Lewis	M50	16/69	City of York AC	00:43:04		143	Sue Francis	F60	3/30	Ackworth Road Runners &AC	00:49:27			
64	Nick Griffin	M50	17/69	York Knavesmire Harriers	00:43:10		144	Mark Whitby	M50	36/69	York Postal Harriers	00:49:32			
65	Emily Follows	F45	1/37	Kippax & District Harrs.	00:43:25		145	Erwin Dorland	M60	14/40	York Acorn Running Club	00:49:42			
66	David Lancaster	M60	2/40	City of York AC	00:43:36		146	Lesley Stainthorpe	F50	8/85	Snaith & Cowick RC	00:49:44			
67	Sam Anderson	MS	23/45	[Unattached] (27)	00:43:50		147	Laura McAdam	FS	7/45	Ackworth Road Runners &AC	00:49:46			
68	Andrew Simpkin	M50	18/69	[Unattached] (480)	00:43:51		148	Keith Nettleton	M60	15/40	[Unattached] (386)	00:49:52			
69	Nick Noble	M50	19/69	[Unattached] (391)	00:43:53		149	Nicola Gover	FS	8/45	York Acorn Running Club	00:49:55			
70	Matthew Freeman	MS	24/45	York Knavesmire Harriers	00:43:59		150	Kev Johnson	M45	17/27	[Unattached] (283)	00:49:57			
71	Alan Wilkinson	MS	25/45	York Knavesmire Harriers	00:44:02		151	Alan Brown	M50	37/69	Fordy Runs Running Club	00:50:01			
72	Andrew Heather	M50	20/69	York Knavesmire Harriers	00:44:07		152	Helen Rutter	F50	9/85	Yorkshire Wolds Runners	00:50:02			
73	Mark Harney	M60	3/40	York Triathlon Club	00:44:14		153	Paul Doyle	M50	38/69	Whitby Running Club	00:50:06			
74	Stephen Waring	M50	21/69	[Unattached] (556)	00:44:15		154	Ewan Kirk	MS	32/45	Haxby Runners	00:50:08			
75	Lee Bradshaw	M50	22/69	[Unattached] (56)	00:44:28		155	Stephen Wilson	M50	39/69	York Knavesmire Harriers	00:50:11			
76	Martin Lawn	M50	23/69	York Acorn Running Club	00:44:29		156	Louisa Strain	F40	6/33	York Knavesmire Harriers	00:50:14			
77	Stephen Ruddock	M60	4/40	York Knavesmire Harriers	00:44:29		157	Vivianne Fraser	F50	10/85	York Knavesmire Harriers	00:50:23			
78	Rolan Schreiber	M45	7/27	Yorkshire Wolds Runners	00:44:30		158	Adam Brown	MS	33/45	Ackworth Road Runners &AC	00:50:24			
79	Richard Gover	M45	8/27	York Acorn Running Club	00:44:33		159	Nicola Smales	F50	11/85	[Unattached] (490)	00:50:26			
80	Dale Forsdyke	M45	9/27	[Unattached] (182)	00:44:34		160	F. Marcantonio-Jones	F40	7/33	Ackworth Road Runners &AC	00:50:27			

Dalby Dash 10k, North Yorkshire

Dalby Dash 10k, North Yorkshire				10th November 2024				RESULTS				Results: UKtimers.net & UKresults.net			
Pos	Name	Cat	Cat/Pos	Club/Team	Time	Tag	Pos	Name	Cat	Cat/Pos	Club/Team	Time	Tag		
161	Anna Marshall	F45	6/37	York Knavesmire Harriers	00:50:28		241	Izzy Rhodes	FS	23/45	York Knavesmire Harriers	00:55:36			
162	Nathaniel Hedges	MS	34/45	[Unattached] (504)	00:50:35		242	Amy Woollard	FS	24/45	York Acorn Running Club	00:55:37			
163	David Scriver	M40	23/28	Ackworth Road Runners &AC	00:50:36		243	Sally Tierney	F60	7/30	York Knavesmire Harriers	00:55:41			
164	Ruth Kaftirani	F40	8/33	Pickering Running Club	00:50:38	L	244	Jennie Gardiner	F50	21/85	Trail Runners Assoc'n	00:55:42			
165	Barbora Pekna	FS	9/45	[Unattached] (411)	00:50:49		245	Melissa Kelly	F50	22/85	Crossgates Harriers	00:55:49			
166	Rachel Cooke	F50	12/85	Ackworth Road Runners &AC	00:50:57		246	Daniel Kelly	M50	50/69	Crossgates Harriers	00:55:50			
167	David Lester	M50	40/69	Scarborough AC	00:51:07		247	Matthew Higgins	M50	51/69	[Unattached] (243)	00:55:52	L		
168	John Long	M60	16/40	East Hull Harriers	00:51:08		248	Vicki Swift	FS	25/45	[Unattached] (518)	00:56:00			
169	Julie Roberts	F50	13/85	Ackworth Road Runners &AC	00:51:26		249	Phoebe Fenwick	FS	26/45	[Unattached] (176)	00:56:02	L		
170	Clair Brookes	F45	7/37	Pontefract AC	00:51:26		250	Beth Black	FS	27/45	[Unattached] (50)	00:56:04	L		
171	Paul Furniss	MS	35/45	[Unattached] (189)	00:51:28		251	Celia Crouch	F50	23/85	[Unattached] (127)	00:56:11			
172	Mark Estienne	M50	41/69	York Acorn Running Club	00:51:38		252	Natasha Garrett	FS	28/45	Whitby Running Club	00:56:15			
173	Nicholas Grimshaw	M60	17/40	Whitby Running Club	00:51:40		253	Clive Allen	M60	26/40	[Unattached] (16)	00:56:17			
174	Andrew Goddfery	M45	18/27	[Unattached] (205)	00:51:43		254	Sara Ward	F50	24/85	Lonely Goat RC	00:56:22			
175	Linda Durkin	F60	4/30	Kippax & District Harrs.	00:51:45		255	Philip Broadbent	M50	52/69	Farsley Flyers	00:56:26			
176	Helen Mudd	F45	8/37	[Unattached] (383)	00:51:47		256	Liz Matthews	F60	8/30	[Unattached] (354)	00:56:30	L		
177	Lottie Rhodes	FS	10/45	York Postal Harriers	00:51:49		257	Jane Morby	F60	9/30	York Knavesmire Harriers	00:56:37			
178	Daniel Kirkby	MS	36/45	[Unattached] (296)	00:51:50		258	Helen Beal	F60	10/30	[Unattached] (41)	00:56:42	L		
179	Amy Fowler	F40	9/33	[Unattached] (184)	00:51:55		259	Naomi Youel	F50	25/85	Methley Striders	00:56:45			
180	Peter Grayley	M50	42/69	York Knavesmire Harriers	00:51:56		260	Claire Farmer	F50	26/85	[Unattached] (173)	00:56:46			
181	Christopher Acton	M60	18/40	Run York	00:52:01		261	Lee Edwards	M50	53/69	[Unattached] (165)	00:56:49			
182	James Aylmer-Shanks	MS	37/45	[Unattached] (31)	00:52:02		262	Lisa Hessey	F45	15/37	Crossgates Harriers	00:56:54			
183	David Dickinson	M60	19/40	York Knavesmire Harriers	00:52:06		263	Rachael Nicholson	F45	16/37	[Unattached] (390)	00:56:55			
184	Julian Harrison	M50	43/69	York Knavesmire Harriers	00:52:07		264	Bryan Wood	M60	27/40	[Unattached] (588)	00:56:59			
185	Kelly Gill	F45	9/37	Pontefract AC	00:52:14		265	Holly Johnson	FS	29/45	[Unattached] (282)	00:57:01			
186	Mandy Clarke	F50	14/85	York Knavesmire Harriers	00:52:14		266	Rebecca Brown	F45	17/37	[Unattached] (79)	00:57:03			
187	Phil Stead	M60	20/40	York Acorn Running Club	00:52:26		267	Jonny Utah	M50	54/69	[Unattached] (544)	00:57:03			
188	Kathryn Dickinson	F60	5/30	York Knavesmire Harriers	00:52:31		268	Maxine Charlton	F50	27/85	Beverley AC	00:57:04			
189	Qin Zhou	F50	15/85	York Knavesmire Harriers	00:52:39		269	Suzie Hilton-Bell	F50	28/85	City of Hull AC	00:57:04			
190	Ian Wilks	M60	21/40	[Unattached] (577)	00:52:43		270	Lynette Banks	F60	11/30	York Knavesmire Harriers	00:57:08			
191	Dean Richardson	M40	24/28	[Unattached] (441)	00:52:45		271	Lindsey Taylor	F45	18/37	[Unattached] (524)	00:57:13			
192	Isha Basaran	FS	11/45	[Unattached] (39)	00:52:46		272	Charlotte Robinson	F45	19/37	Crossgates Harriers	00:57:14			
193	Hannah Edwards	F40	10/33	Kippax & District Harrs.	00:52:54		273	Tina Lyons	F50	29/85	[Unattached] (342)	00:57:17			
194	Suzy Hodgson	F50	16/85	Pickering Running Club	00:52:59	L	274	Katherine Milner	F45	20/37	[Unattached] (370)	00:57:29			
195	Anthony Shipley	M60	22/40	[Unattached] (477)	00:53:21		275	Lisa Spencer	F40	16/33	[Unattached] (496)	00:57:32			
196	Shaun Loftus	M50	44/69	St. Theresa's AC	00:53:23		276	Paul Durkin	M60	28/40	Kippax & District Harrs.	00:57:35			
197	Dan Anderson	MS	38/45	[Unattached] (22)	00:53:24		277	Joanne Hawden	F50	30/85	Rothwell & District Harr.	00:57:35			
198	Stevie Ainsworth	FS	12/45	[Unattached] (12)	00:53:24	L	278	Kristie Braviner	FS	30/45	[Unattached] (59)	00:57:44			
199	Olivia Young	FS	13/45	Ackworth Road Runners &AC	00:53:25		279	Nick Braviner	M50	55/69	[Unattached] (60)	00:57:45			
200	Lucy Hall	FS	14/45	[Unattached] (222)	00:53:29		280	Jo Hetherington	F40	17/33	Driffield Striders	00:57:50			
201	Tracy Kirk	F50	17/85	[Unattached] (295)	00:53:30		281	Wendy Marsh	F50	31/85	Yorkshire Wolds Runners	00:57:50			
202	Robert Ward	M50	45/69	Kippax & District Harrs.	00:53:31		282	Robert Mayson	M50	56/69	Beverley AC	00:57:53			
203	Tony George	M60	23/40	[Unattached] (198)	00:53:34		283	Richard Share	M45	22/27	[Unattached] (475)	00:57:57			
204	Victoria Peckover	F45	10/37	Ackworth Road Runners &AC	00:53:36		284	Matt Johnson	M60	29/40	[Unattached] (284)	00:58:01			
205	Jonathon Robinson	M50	46/69	[Unattached] (450)	00:53:40		285	Donna Lenaghan	F50	32/85	St. Theresa's AC	00:58:03			
206	Wendy Higgins	F50	18/85	St. Theresa's AC	00:53:40		286	Jennifer Higgins	FS	31/45	St. Theresa's AC	00:58:03			
207	Sarah Beal	FS	15/45	[Unattached] (42)	00:53:42		287	Jo Quinn	F60	12/30	[Unattached] (427)	00:58:09			
208	Karina Wrigley	F45	11/37	Kippax & District Harrs.	00:53:50		288	Jennifer Drew	F40	18/33	York Knavesmire Harriers	00:58:12			
209	Catherine Burdett	F40	11/33	Haxby Runners	00:53:51		289	Richard Draper	M45	23/27	[Unattached] (153)	00:58:27			
210	Alfie Cotterill	MS	39/45	[Unattached] (123)	00:53:54		290	Keith Jackson	M50	57/69	Lonely Goat RC	00:58:35			
211	John Middleton	M60	24/40	York Knavesmire Harriers	00:53:58		291	Heather Woolley	F50	33/85	[Unattached] (591)	00:58:38			
212	Pete Johnson	M70	1/7	[Unattached] (285)	00:54:00	L	292	David Swallow	M40	26/28	[Unattached] (516)	00:58:38			
213	Peter Coe	M70	2/7	York Acorn Running Club	00:54:04		293	Heather Thirkell	FS	32/45	[Unattached] (527)	00:58:44	L		
214	Kirsty Holtby	FS	16/45	[Unattached] (258)	00:54:05	L	294	Andrew Campbell	M45	24/27	Team Caterpillar	00:58:56			
215	Richard Owen	M50	47/69	[Unattached] (402)	00:54:08		295	Csilla Fabian	F45	21/37	Pontefract AC	00:59:10			
216	Hayley Jackson	F40	12/33	Kippax & District Harrs.	00:54:10		296	Holly Robinson	FS	33/45	[Unattached] (448)	00:59:13			
217	Michael Hetherton	M70	3/7	Pickering Running Club	00:54:17		297	Louise Burnett	F50	34/85	City of Hull AC	00:59:16			
218	Michael Ratcliffe	M60	25/40	[Unattached] (433)	00:54:18		298	Mark Williamson	M50	58/69	[Unattached] (578)	00:59:16			
219	Karen Butcher	F45	12/37	Lonely Goat RC	00:54:19		299	Sarah Greenley	F50	35/85	Lonely Goat RC	00:59:26			
220	Carl Hodgson	M45	19/27	York Postal Harriers	00:54:24		300	Scott Swinton	M60	30/40	[Unattached] (519)	00:59:37			
221	Andrew Boughen	M45	20/27	[Unattached] (53)	00:54:31		301	Karen Andrews	F60	13/30	[Unattached] (28)	00:59:37			
222	Kate Loomes	F40	13/33	York Triathlon Club	00:54:35		302	Vickie Webster	F50	36/85	Driffield Striders	00:59:42			
223	Carrie Doyle	F45	13/37	[Unattached] (150)	00:54:35		303	Cheryl Stanton	F45	22/37	Kippax & District Harrs.	00:59:44			
224	Emily Owen	FS	17/45	Tyne Bridge Harriers	00:54:36		304	Lynne Owen	F50	37/85	Ackworth Road Runners &AC	00:59:49			
225	Christina Carmichael	FS	18/45	[Unattached] (97)	00:54:37		305	Alana Gill	FS	34/45	Bingley Harriers & AC	00:59:50			
226	Richard Yeomans	M50	48/69	York Knavesmire Harriers	00:54:43		306	Elizabeth Hugill	FS	35/45	Darlington Harriers & AC	00:59:52			
227	John Baker	M50	49/69	[Unattached] (34)	00:54:49		307	Kerry Sizer	F50	38/85	[Unattached] (486)	00:59:53			
228	Mel Summerson	F40	14/33	[Unattached] (515)	00:54:49		308	Vanessa Barrett	F50	39/85	York Knavesmire Harriers	00:59:54			
229	Caitlin Clark	FS	19/45	York Knavesmire Harriers	00:54:51		309	Paul Trainor	M50	59/69	City of Hull AC	00:59:59			
230	Ellie Wilkinson	FS	20/45	York Knavesmire Harriers	00:54:51		310	Clare Moffatt	F50	40/85	York Acorn Running Club	00:59:59			
231	Vicky Jackson	F45	14/37	Whitby Running Club	00:54:52		311	Sue Brain	F50	41/85	Pontefract AC	01:00:06			
232	Emily Allen	FS	21/45	[Unattached] (17)	00:54:57		312	Cheryl Dabrowski	F50	42/85	York Acorn Running Club	01:00:06			
233	Chris. Parker-Haim	M45	21/27	Rothwell & District Harr.	00:54:58		313	Paula Halliday	F50	43/85	[Unattached] (225)	01:00:09			
234	Richard Andersen	MS	40/45	[Unattached] (20)	00:55:05		314	Lionel Chatard	M50	60/69	York Knavesmire Harriers	01:00:13			
235	Joanna Lans	F50	19/85	Whitby Running Club	00:55:12		315	Fiona Alder	F60	14/30	Ripon Runners	01:00:39			
236	Sue Hatfield	F50	20/85	Goole Viking Striders	00:55:14		316	Debbie Macklam	F50	44/85	Ackworth Road Runners &AC	01:00:41			
237	Mel Batey	F40	15/33	[Unattached] (40)	00:55:22		317	Jane Lawson	F60	15/30	York Acorn Running Club	01:01:06			
238	Pat Moverley	M40	25/28	[Unattached] (380)	00:55:29		318	Paul Baggaley	M60	31/40	[Unattached] (32)	01:01:07			
239	Ruth Warren	F60	6/30	Valley Striders	00:55:31		319	Nicola Henshaw	F45	23/37	Ackworth Road Runners &AC	01:01:09			
240	Samantha Holland	FS	22/45	[Unattached] (255)	00:55:34		320	Charlotte Rooke	F40	19/33	[Unattached] (458)	01:01:10			

Dalby Dash 10k, North Yorkshire

Dalby Dash 10k, North Yorkshire				10th November 2024				RESULTS				Results: UKtimers.net & UKresults.net			
Pos	Name	Cat	Cat/Pos	Club/Team	Time	Tag	Pos	Name	Cat	Cat/Pos	Club/Team	Time	Tag		
321	Sue Reast	F50	45/85	City of Hull AC	01:01:12		388	Flora Watt	FS	39/45	[Unattached] (559)	01:06:38			
322	Michelle Jenkinson	F40	20/33	[Unattached] (279)	01:01:18		389	Terry Bromfield	M70	4/7	York Knavesmire Harriers	01:06:51			
323	Sophie Falkiner	FS	36/45	Ackworth Road Runners &AC	01:01:25		390	Liz Merriman	F40	28/33	Crossgates Harriers	01:07:05			
324	Lisa J. Hinchliffe	F50	46/85	[Unattached] (248)	01:01:29		391	Michelle Costello	F50	66/85	Crossgates Harriers	01:07:05			
325	Nicola Ward	F50	47/85	Kippax & District Harrs.	01:01:31		392	Claire Maltas	F50	67/85	Crossgates Harriers	01:07:05			
326	Gail Tombs	F70	1/8	Ackworth Road Runners &AC	01:01:34		393	Sophie Cullen	F50	68/85	[Unattached] (128)	01:07:06			
327	Mark Calvert	MS	41/45	St. Theresa's AC	01:01:39		394	Ruth Robson	F40	29/33	York Knavesmire Harriers	01:07:09			
328	Brook Adams	MS	42/45	[Unattached] (2)	01:01:46		395	Robert Calthorpe	M70	5/7	Bridlington Road Runners	01:07:21			
329	Penelope Adams	F45	24/37	[Unattached] (7)	01:01:46		396	Nicola Lees	F50	69/85	Nidderdale Fell & Trail	01:07:26			
330	Tim Waistell	M60	32/40	Thirsk & Sowerby Harriers	01:01:48		397	Catherine Milan	F50	70/85	Drifffield Striders	01:07:37			
331	Tracy Donoghue	F50	48/85	[Unattached] (146)	01:01:49		398	Sally Hayward	F50	71/85	Ackworth Road Runners &AC	01:08:11			
332	Camilla Grayley	F50	49/85	York Knavesmire Harriers	01:01:51		399	Hannah Johnson	FS	40/45	York Knavesmire Harriers	01:08:19			
333	Jessica Campbell	F40	21/33	Team Caterpillar	01:01:53		400	Katie May	F60	24/30	City of Hull AC	01:08:30			
334	Katie Holmes	F40	22/33	Selby Striders	01:01:57		401	Elizabeth Evans	FS	41/45	York Knavesmire Harriers	01:08:37			
335	Marcus Ward	MS	43/45	[Unattached] (551)	01:02:00		402	Jane Marshall	F50	72/85	York Acorn Running Club	01:08:37			
336	Jon Tabiner	M45	25/27	[Unattached] (520)	01:02:12		403	Joy Forbes	F50	73/85	[Unattached] (181)	01:08:44			
337	Jackie Mitchell	F40	23/33	York Postal Harriers	01:02:22		404	Debi Adams	F50	74/85	[Unattached] (3)	01:08:44			
338	Charlotte Harrison	F50	50/85	York Knavesmire Harriers	01:02:24		405	John Philpott	M50	66/69	[Unattached] (415)	01:08:47			
339	Jenny Steele	F50	51/85	[Unattached] (506)	01:02:28		406	Catherine Allan	F45	31/37	Ackworth Road Runners &AC	01:08:58			
340	Wendy Berry	F60	16/30	Ackworth Road Runners &AC	01:02:29		407	Melanie Owen	F45	32/37	Ackworth Road Runners &AC	01:08:58			
341	Zoe Plummer	F50	52/85	[Unattached] (420)	01:02:34		408	Dawn Sketchley	F50	75/85	Ackworth Road Runners &AC	01:08:59			
342	Daryl Pearson	MS	44/45	Ackworth Road Runners &AC	01:02:43		409	Sabina Peck	FS	42/45	[Unattached] (409)	01:09:20			
343	Lisa Adams	F40	24/33	[Unattached] (4)	01:02:47		410	Thomas McMaster	M70	6/7	Pontefract AC	01:09:23			
344	Chander Shukla	M50	61/69	[Unattached] (479)	01:02:50		411	Peter Durham	M50	67/69	Tadcaster Harriers	01:09:31			
345	Sue Knowles	F60	17/30	Ackworth Road Runners &AC	01:02:52		412	Sue Low	F60	25/30	Almost Athletes	01:09:52			
346	Clare Pethulis	F50	53/85	[Unattached] (413)	01:02:53		413	Karen Travis	F40	30/33	York Postal Harriers	01:10:15			
347	Jennifer Roberts	F50	54/85	[Unattached] (444)	01:03:00		414	Katherine Hughes	F45	33/37	[Unattached] (268)	01:11:13			
348	Barbara Wesson	F70	2/8	[Unattached] (565)	01:03:05		415	Louise Reynolds	F50	76/85	[Unattached] (437)	01:11:32			
349	Karen Carr	F40	25/33	Haxby Runners	01:03:10		416	Debbie Worthington	F40	31/33	Ackworth Road Runners &AC	01:12:01			
350	Richard Wheeler	M60	33/40	[Unattached] (567)	01:03:13		417	Paul Spencer	M60	36/40	[Unattached] (497)	01:13:04			
351	Carole Clifford	F60	18/30	[Unattached] (114)	01:03:18		418	Sheldon Kilroe	M50	68/69	[Unattached] (292)	01:13:08			
352	Jayne Robinson	F60	19/30	[Unattached] (449)	01:03:25		419	Gregory Agar	M60	37/40	[Unattached] (10)	01:13:14			
353	Christine Kneeshaw	F50	55/85	[Unattached] (300)	01:03:26		420	Jude Leonard	F50	77/85	[Unattached] (322)	01:14:05			
354	Susan Steele	F50	56/85	Pontefract AC	01:03:27		421	Gillian Hall	F60	26/30	Crossgates Harriers	01:14:05			
355	Dave Piper	M40	27/28	Sale Dragons RC	01:03:28		422	Samira Lambert	F70	5/8	Kippax & District Harrs.	01:14:16			
356	Liz Piper	F70	3/8	York Knavesmire Harriers	01:03:29		423	Jo Hovell	F40	32/33	Crossgates Harriers	01:15:17			
357	Jane Sedman	F50	57/85	[Unattached] (473)	01:03:35		424	Julia Rookes	F50	78/85	York Knavesmire Harriers	01:15:26			
358	Christine Thacker	F50	58/85	[Unattached] (525)	01:03:36		425	Helen Graham	F45	34/37	[Unattached] (208)	01:15:26			
359	Amanda Welburn-Smith	F45	25/37	Pickering Running Club	01:03:38	L	426	Garry Burnett	M60	38/40	[Unattached] (84)	01:15:53			
360	Ian Hookham	M60	34/40	Ackworth Road Runners &AC	01:03:49		427	Charlee Bennett	FS	43/45	[Unattached] (43)	01:16:24			
361	Julie Wilson	F50	59/85	Crossgates Harriers	01:03:58		428	Victoria Hearson	F45	35/37	Goodgym Race Team	01:16:30			
362	Denise Omler	F70	4/8	[Unattached] (395)	01:04:06		429	Richard Anderson	M60	39/40	York Knavesmire Harriers	01:16:42			
363	Claire Higgins	F45	26/37	[Unattached] (241)	01:04:14	L	430	Susan Adams	F70	6/8	York Knavesmire Harriers	01:17:18			
364	Suzanne Villiers	F60	20/30	Scarborough AC	01:04:16		431	Jayne Fligg	F50	79/85	York Knavesmire Harriers	01:17:21			
365	Lesley Lester	F45	27/37	Scarborough AC	01:04:22		432	Andrew White	MS	45/45	York Knavesmire Harriers	01:17:22			
366	Michaela Hutchinson	F50	60/85	[Unattached] (273)	01:04:25		433	Karen Thompson	F60	27/30	[Unattached] (529)	01:17:50			
367	Julie Wiles	F50	61/85	Scarborough AC	01:04:25		434	Anu Johar	F45	36/37	[Unattached] (280)	01:17:51			
368	Erin Nicholson	FS	37/45	[Unattached] (389)	01:04:28		435	Tina Regan	F50	80/85	[Unattached] (436)	01:18:21			
369	Lucie Stanworth	FS	38/45	Kippax & District Harrs.	01:04:30		436	Paula Duce	F50	81/85	[Unattached] (156)	01:18:25			
370	Joanna Clarke	F40	26/33	[Unattached] (109)	01:04:39		437	Zoe Hoy	F50	82/85	Crossgates Harriers	01:18:28			
371	Zoe Smith	F45	28/37	Kippax & District Harrs.	01:04:46		438	Anna Lay	F40	33/33	Kippax & District Harrs.	01:18:28			
372	Michael Knowles	M60	35/40	Ackworth Road Runners &AC	01:05:29		439	Megan Richardson	FS	44/45	[Unattached] (443)	01:19:00			
373	Hannah Evenden	F40	27/33	[Unattached] (168)	01:05:31		440	Alison Wilson	F50	83/85	[Unattached] (579)	01:20:22			
374	Barbara Griffin	F50	62/85	Goodgym Race Team	01:05:33		441	Tricia Brobyn	F70	7/8	[Unattached] (68)	01:20:22			
375	Jon Newsome	M50	62/69	[Unattached] (387)	01:05:33		442	Lee Moorhead	M40	28/28	[Unattached] (375)	01:20:50			
376	Janet Mitchell	F50	63/85	Pontefract AC	01:05:36		443	Lucy Turner	F45	37/37	York Postal Harriers	01:20:57			
377	Catherine Derbyshire	F45	29/37	[Unattached] (135)	01:05:38		444	Matthew Longden	M45	27/27	[Unattached] (233)	01:21:23			
378	Anita Hultum	F50	64/85	[Unattached] (271)	01:05:41		445	Kim Middleton	F60	28/30	York Knavesmire Harriers	01:21:55			
379	Phil Broadley	M50	63/69	Lonely Goat RC	01:05:46		446	Suzanne Clarkson	F60	29/30	West Hull Ladies RRC	01:22:08			
380	Janet Owens	F50	65/85	[Unattached] (404)	01:05:55		447	Tracy Bridgett	F50	84/85	Ackworth Road Runners &AC	01:23:23			
381	Pam Anderson	F60	21/30	York Knavesmire Harriers	01:05:57		448	Stephen Berry	M60	40/40	Ackworth Road Runners &AC	01:23:25			
382	Liz Burrows	F45	30/37	[Unattached] (87)	01:05:59		449	Mandy Pepworth	F50	85/85	Scarborough AC	01:27:08			
383	Russ Kelly	M50	64/69	Redcar Running Club	01:06:01		450	Caroline Davies	FS	45/45	[Unattached] (133)	01:27:08			
384	Ronni Kirkham	F60	22/30	[Unattached] (297)	01:06:06		451	Janice Hookham	F60	30/30	Ackworth Road Runners &AC	01:30:53			
385	Richard Cotterill	M50	65/69	[Unattached] (124)	01:06:10		452	Quentin Gatens	M50	69/69	[Unattached] (195)	01:32:16			
386	Richard Anderson	M45	26/27	[Unattached] (26)	01:06:15		453	Paul Adams	M70	7/7	York Knavesmire Harriers	01:36:41			
387	Debbie Falgate	F60	23/30	[Unattached] (171)	01:06:20		454	Grace Burns	F70	8/8	Kippax & District Harrs.	01:40:45			