

Myerscough 10 Mile Road Race, Lancashire

Myerscough 10 Mile Road Race, Lancashire 1st December 2024

RESULTS

Results: UKtimers.net & UKresults.net

Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime
1	Tom Charles	M40	1/22	ChorltonRn	00:51:32	00:51:33	81	Gemma Cargin	FS	4/24	ChorltonRn	01:12:32	01:12:47
2	Nicholas Barry	MS	1/44	Sale Harrs	00:51:43	00:51:43	82	Mark Hudson	M65	2/12	LivPemSeft	01:12:46	01:12:54
3	Martin Clark	MS	2/44	Bury AC	00:53:17	00:53:18	83	Phil Dickinson	M40	11/22	TriCentral	01:12:36	01:12:59
4	Dan Morgan	MS	3/44	LonelyGoat	00:54:58	00:55:00	84	Jennifer Harper	F40	2/16	LivplRunnB	01:12:49	01:13:04
5	Sean Jones	M40	2/22	PennyLnStr	00:55:31	00:55:33	85	James Cornall	MS	31/44	GarstangRC	01:13:05	01:13:07
6	Paul Freary	M55	1/16	Belgrave H	00:56:07	00:56:08	86	Mark Byrne	M55	3/16	Warr'tonRR	01:12:49	01:13:10
7	Rob Grantham	M50	1/32	Wirral AC	00:57:17	00:57:18	87	Jennifer Houghton	F40	3/16	KirkbyMilr	01:12:56	01:13:11
8	Alex Cowin	M45	1/20	PennyLnStr	00:57:41	00:57:43	88	Andrew Walls	MS	32/44	[Unatt]	01:12:43	01:13:18
9	Josh Haworth	MS	4/44	[Unatt]	00:58:14	00:58:15	89	Lauren Brook	FS	5/24	[Unatt]	01:13:05	01:13:27
10	Shaun Livesey	M50	2/32	[Unatt]	00:58:14	00:58:15	90	Kevin Dunbar	M45	14/20	StHelenTri	01:13:09	01:13:31
11	Christopher Davies	M45	2/20	BlackburnH	00:59:01	00:59:02	91	Michael Forber	M50	15/32	StHelenTri	01:13:08	01:13:32
12	Brent Gardner	MS	5/44	Trawden AC	00:59:26	00:59:27	92	Michael Connor	M60	3/21	PennyLnStr	01:13:24	01:13:33
13	Phil Watkinson	MS	6/44	LivplRunnB	00:59:30	00:59:34	93	Andy Snailham	M40	12/22	[Unatt]	01:13:30	01:13:34
14	Oliver Lee	MS	7/44	Sale Harrs	01:00:01	01:00:03	94	Kathryn Bradley	FS	6/24	PennyLnStr	01:13:26	01:13:36
15	Niall Smith	MS	8/44	HalifaxHar	01:00:46	01:00:51	95	Chris Jackson	M40	13/22	Warr'tonRR	01:13:40	01:13:47
16	Connor Robinson	MS	9/44	[Unatt]	01:01:06	01:01:08	96	Jane Macdonald	FS	7/24	[Unatt]	01:13:26	01:14:09
17	James Pattison	M40	3/22	Altrincham	01:01:28	01:01:32	97	Jeff Whitfield	M50	16/32	BlackbrnRR	01:14:02	01:14:14
18	Thomas Harkin	M50	3/32	LivPemSeft	01:01:35	01:01:37	98	Amelia Websdale	FS	8/24	PrestonHar	01:13:56	01:14:17
19	Phil Rowen	M50	4/32	LymmRunner	01:02:38	01:02:42	99	Shirley Whitfield	F45	2/29	BlackbrnRR	01:14:10	01:14:28
20	Tony Coyne	M50	5/32	BelleVueRc	01:02:46	01:02:52	100	Laurence Keighley	M50	17/32	Ramsbottom	01:14:39	01:14:52
21	David Atkinson	MS	10/44	Bowland FR	01:02:56	01:02:58	101	Robert Hick	M65	3/12	HalifaxHar	01:14:32	01:14:53
22	Carl Barnes	MS	11/44	Widnes RC	01:03:05	01:03:10	102	Shaid Hussain	M40	14/22	[Unatt]	01:14:43	01:14:53
23	Shane Duffy	MS	12/44	NorthEndur	01:03:12	01:03:14	103	Peter Sutton	MS	33/44	SouthprtSt	01:14:41	01:15:01
24	Neil Edwards	M40	4/22	[Unatt]	01:03:11	01:03:16	104	Graham Tracey	M50	18/32	VegCycleAC	01:14:54	01:15:07
25	Robert Hough	M40	5/22	[Unatt]	01:03:20	01:03:22	105	Catherine Carrdus	F50	2/23	LythamSARR	01:14:51	01:15:08
26	Adam Doyle	MS	13/44	[Unatt]	01:03:46	01:03:49	106	Tim Jefferson	M60	4/21	WiganHarrs	01:14:55	01:15:08
27	Robell Siddique	M40	6/22	Rossendale	01:04:06	01:04:15	107	Syd Omar	M50	19/32	PennyLnStr	01:15:03	01:15:20
28	Paul Bateman	M40	7/22	HalifaxHar	01:04:11	01:04:17	108	Janette Rayton	F45	3/29	Red RoseRR	01:15:13	01:15:24
29	Chris Williams	MS	14/44	PrestonHar	01:04:29	01:04:32	109	Joanne Harrison	F35	2/11	PennyLnStr	01:15:17	01:15:33
30	James O'Rourke	M50	6/32	HalifaxHar	01:04:34	01:04:41	110	Bill Jambor	M60	5/21	[Unatt]	01:15:19	01:15:39
31	John Dutton	MS	15/44	LancsPolic	01:04:38	01:04:52	111	Paul Demore	M55	4/16	StHelenStr	01:15:55	01:16:00
32	Bradley Roberts	MS	16/44	LivplRunnB	01:04:59	01:05:15	112	Paul Eaton	M50	20/32	BlackpoolW	01:16:03	01:16:08
33	Ian Harrison	M45	3/20	LymmRunner	01:05:46	01:05:50	113	John Wood	M45	15/20	Red RoseRR	01:15:40	01:16:21
34	Alice Bernstein	F35	1/11	Ramsbottom	01:05:53	01:06:01	114	Trudi Jenkinson	F55	2/29	BlackbrnRR	01:16:12	01:16:24
35	Jonathan Hock	M45	4/20	LymmRunner	01:05:57	01:06:02	115	Kevin Gillibrand	M55	5/16	Warr'tonRR	01:16:39	01:16:45
36	Peter Hewitt	M45	5/20	GarstangRC	01:06:05	01:06:09	116	Emma Watson	F35	3/11	PrestonHar	01:16:37	01:16:55
37	Stephen Ward	M40	8/22	SouthportW	01:06:15	01:06:22	117	Neil Roberts	M55	6/16	LivPemSeft	01:16:55	01:17:03
38	Martin Lawson	M45	6/20	[Unatt]	01:06:15	01:06:25	118	John Welshman	M60	6/21	[Unatt]	01:16:57	01:17:17
39	Will Carver	M45	7/20	HalifaxHar	01:06:12	01:06:32	119	Karen Bridge	F55	3/29	EdenRunner	01:17:00	01:17:40
40	Sue McTigue	F55	1/29	BlackbrnRR	01:06:31	01:06:52	120	Fraser Tidman	M40	15/22	[Unatt]	01:17:15	01:18:00
41	Jack Woodward	MS	17/44	[Unatt]	01:06:50	01:06:59	121	Stuart Holding	M45	16/20	WiganHarrs	01:17:50	01:18:09
42	Kevin Wright	MS	18/44	Ramsbottom	01:06:55	01:07:16	122	Janine Ellis	F55	4/29	WilmslowRC	01:17:58	01:18:11
43	David Owens	M50	7/32	Mersey Tri	01:07:09	01:07:24	123	Michael Worthington	M60	7/21	[Unatt]	01:17:38	01:18:13
44	Paul Muller	M65	1/12	NorthernMa	01:07:33	01:07:37	124	Steven Wilford	M40	16/22	HalifaxHar	01:17:54	01:18:25
45	Stephen Hayes	M50	8/32	KirkbyMilr	01:07:25	01:07:48	125	Elizabeth Watton	F35	4/11	BlackbrnRR	01:18:07	01:18:26
46	Matthew Farrier	MS	19/44	PrestonHar	01:07:50	01:07:56	126	Regan Hanson	M40	17/22	[Unatt]	01:18:07	01:18:40
47	Scott Goody	MS	20/44	[Unatt]	01:07:49	01:08:03	127	Carla Bleasdale	FS	9/24	[Unatt]	01:17:59	01:18:47
48	Gareth Sutton	MS	21/44	GarstangRC	01:07:59	01:08:13	128	Sarah Sutcliffe	F45	4/29	Ramsbottom	01:18:18	01:18:49
49	Haroon Rashid	MS	22/44	[Unatt]	01:08:11	01:08:22	129	Jane Counsell	F50	3/23	HorwichRMI	01:18:50	01:19:02
50	Colin Price	M60	1/21	ValeRoyalA	01:08:36	01:08:40	130	Jayne Dandy	F50	4/23	GarstangRC	01:18:14	01:19:04
51	David Johnson	M40	9/22	PennyLnStr	01:08:39	01:08:47	131	Emma Nunnerley	F45	5/29	LymmRunner	01:18:45	01:19:10
52	Jon Evans	MS	23/44	Bury AC	01:08:44	01:08:58	132	Michael Smith	M60	8/21	LymmRunner	01:19:14	01:19:40
53	Matthew Eland	MS	24/44	PennyLnStr	01:08:51	01:09:14	133	Anna Singleton	FS	10/24	[Unatt]	01:19:09	01:19:50
54	Katie Littlefair	FS	1/24	PrestonHar	01:09:09	01:09:19	134	Chris Galley	MS	34/44	[Unatt]	01:19:43	01:19:52
55	Laura Monaghan	F40	1/16	Trawden AC	01:09:15	01:09:31	135	Georgina Walker	F45	6/29	LymmRunner	01:19:39	01:20:04
56	Luke Harrison	MS	25/44	PennyLnStr	01:09:33	01:09:50	136	Mel Holden	FS	11/24	NorthEndur	01:19:46	01:20:05
57	Daniel Paton	M45	8/20	BlackbrnRR	01:09:28	01:09:59	137	Emma Winn	FS	12/24	[Unatt]	01:19:41	01:20:07
58	Andrew Norman	M45	9/20	Burnden RR	01:09:35	01:10:03	138	Michael Hall	M60	9/21	HolmfirthH	01:19:55	01:20:14
59	Tommy Taylor	MS	26/44	[Unatt]	01:10:00	01:10:09	139	Rebecca Heslop	FS	13/24	Dragons RC	01:19:33	01:20:18
60	Paul Riley	M50	9/32	PennyLnStr	01:10:04	01:10:15	140	Michelle Stephens	F55	5/29	StHelenStr	01:20:10	01:20:26
61	Andrea Bond	F45	1/29	PennyLnStr	01:10:08	01:10:16	141	Chris Leedam	M40	18/22	[Unatt]	01:20:20	01:20:28
62	Andrew Biddle	M50	10/32	PennyLnStr	01:10:13	01:10:20	142	Cara Hanson	F40	4/16	SteelCity	01:19:59	01:20:32
63	Martin Southworth	M40	10/22	[Unatt]	01:10:00	01:10:22	143	Stephen Green	M65	4/12	ClaytonLeM	01:20:14	01:20:37
64	Colin Kennedy	M55	2/16	Widnes RC	01:10:57	01:11:03	144	Claire Skea	FS	14/24	LivplRunnB	01:20:27	01:20:48
65	Nigel Grant	M60	2/21	PennyLnStr	01:10:56	01:11:04	145	Steve Wolski	M40	19/22	[Unatt]	01:20:53	01:21:11
66	Jenny Derby	FS	2/24	[Unatt]	01:10:47	01:11:05	146	Ian McKay	M55	7/16	[Unatt]	01:20:38	01:21:12
67	Sam Street	MS	27/44	LivPemSeft	01:11:07	01:11:10	147	Stephen Wise	M60	10/21	LythamSARR	01:20:08	01:21:15
68	James Stanley	M45	10/20	LivplRunnB	01:11:05	01:11:20	148	Jack Melia	MS	35/44	HalifaxHar	01:20:54	01:21:25
69	Gary Blackburn	MS	28/44	BlackbrnRR	01:10:54	01:11:24	149	Jayne Perry	F40	5/16	GarstangRC	01:21:14	01:21:28
70	Dominic Conner	M45	11/20	[Unatt]	01:11:13	01:11:29	150	Johanna McManus	F40	6/16	Lostock AC	01:20:59	01:21:31
71	Sean Lord	M50	11/32	ChorltonRn	01:11:35	01:11:42	151	Mike Greenwood	MS	36/44	[Unatt]	01:21:28	01:21:46
72	Mike Counsell	M45	12/20	HorwichRMI	01:11:33	01:11:46	152	Paul Cox	M55	8/16	LonelyGoat	01:21:29	01:22:07
73	Gary Atkinson	M50	12/32	LancasterM	01:11:56	01:12:07	153	Ian Winn	M55	9/16	GarstangRC	01:21:52	01:22:18
74	Andrew Trimmell	M45	13/20	LivplRunnB	01:12:04	01:12:20	154	Kate Whittenbury	FS	15/24	[Unatt]	01:22:13	01:22:30
75	Gael Taverrier	F50	1/23	LymmRunner	01:12:02	01:12:26	155	Steve Bennett	M60	11/21	PennyLnStr	01:21:36	01:22:31
76	April Stewart	FS	3/24	HalifaxHar	01:12:07	01:12:27	156	Marc Rocheteau	M60	12/21	HalifaxHar	01:21:56	01:22:33
77	Will Stewart	MS	29/44	HalifaxHar	01:12:07	01:12:27	157	Alex Kerry	MS	37/44	GarstangRC	01:22:02	01:22:34
78	Robin Shiels	M50	13/32	RadcliffeA	01:12:20	01:12:30	158	Jenny Hopkinson	F55	6/29	HalifaxHar	01:22:04	01:22:35
79	Nick Morton	MS	30/44	KirkbyMilr	01:12:12	01:12:35	159	Charles Ingham	M40	20/22	[Unatt]	01:22:15	01:22:43
80	Chris Horner	M50	14/32	GarstangRC	01:12:39	01:12:44	160	Helen Davies	F55	7/29	WidnesWasp	01:21:59	01:22:50

Myerscough 10 Mile Road Race, Lancashire

Myerscough 10 Mile Road Race, Lancashire						1st December 2024		RESULTS		Results: UKtimers.net & UKresults.net					
Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime		
161	Kam Dosanjh	F45	7/29	PennyLnStr	01:22:52	01:23:17	241	Steve Perry	M65	10/12	LancasterM	01:32:12	01:32:59		
162	Ali Cormack	F40	7/16	LymmRunner	01:22:53	01:23:19	242	Karen Bennett	F55	14/29	LymmRunner	01:32:31	01:33:11		
163	Annamarie Riley	F50	5/23	PennyLnStr	01:22:53	01:23:23	243	Simon Hackett	M60	19/21	LymmRunner	01:33:14	01:33:55		
164	Rachael Hastwell	F40	8/16	LymmRunner	01:22:48	01:23:27	244	Stephen Bainbridge	MS	42/44	[Unatt]	01:33:01	01:34:03		
165	David Nunnerley	M40	21/22	LymmRunner	01:22:57	01:23:33	245	Megan Thomas	FS	21/24	PennyLnStr	01:33:14	01:34:08		
166	Jose Perez	M50	21/32	LymmRunner	01:22:57	01:23:34	246	Nicola Williams	F45	17/29	PennyLnStr	01:33:15	01:34:09		
167	Sam Collinson	M45	17/20	[Unatt]	01:22:51	01:23:51	247	Andrea Murphy	F45	18/29	LymmRunner	01:33:45	01:34:23		
168	Gavin Campbell	M55	10/16	Chorley	01:23:17	01:24:05	248	Lorna Baker	F45	19/29	Dragons RC	01:33:44	01:34:32		
169	Lynda Rowlinson	F60	1/11	Sale Harrs	01:23:52	01:24:15	249	Lee-Victoria Davies	F45	20/29	SouthprtSt	01:34:17	01:34:56		
170	Andrew Hall	M45	18/20	BlackpoolW	01:24:03	01:24:29	250	Tim Gibson	M55	13/16	[Unatt]	01:34:37	01:35:04		
171	Sid Makinson	M50	22/32	BlackbrnRR	01:24:03	01:24:35	251	Emma Stokes	F55	15/29	SouthprtSt	01:34:38	01:35:16		
172	Gareth Bleasdale	MS	38/44	[Unatt]	01:23:49	01:24:37	252	Sasha Ludlow	F40	12/16	SouthprtSt	01:34:37	01:35:17		
173	Paul Hopkinson	M65	5/12	HalifaxHar	01:24:17	01:24:52	253	Sue Stewart	F75	1/1	SouthportW	01:34:55	01:35:33		
174	Gregory Lambert	M70	1/3	LancasterM	01:24:08	01:24:55	254	Sue Hughes	F45	21/29	WidnesWasp	01:34:55	01:35:53		
175	Stephen Yates	MS	39/44	[Unatt]	01:23:59	01:24:57	255	Jo Worswick	F55	16/29	[Unatt]	01:35:05	01:35:55		
176	Martin Wright	M50	23/32	LymmRunner	01:24:27	01:25:05	256	Deborah Stevenson	F45	22/29	Trawden AC	01:35:11	01:36:00		
177	Richard Murray	MS	40/44	[Unatt]	01:24:43	01:25:12	257	John Calderwood	MS	43/44	[Unatt]	01:35:17	01:36:07		
178	Helen Hall	F45	8/29	BlackpoolW	01:24:47	01:25:13	258	Michele Lindsay	F60	5/11	WidnesWasp	01:35:17	01:36:15		
179	Ian Robinson	M65	6/12	EdenRunner	01:24:35	01:25:16	259	Sacha Cooper	F50	14/23	Ramsbottom	01:35:39	01:36:25		
180	Colin McCormick	M40	22/22	LivplRunnB	01:24:16	01:25:18	260	Paul McGregor	M60	20/21	PennyLnStr	01:36:17	01:36:36		
181	Robert McHugh	MS	41/44	[Unatt]	01:24:48	01:25:22	261	Helen Moore	F55	17/29	WidnesWasp	01:35:51	01:36:49		
182	Ed Beattie	M50	24/32	PennyLnStr	01:24:32	01:25:27	262	Robert Todd	M60	21/21	Dragons RC	01:36:26	01:37:12		
183	Diane Hennigan	F50	6/23	PennyLnStr	01:25:04	01:25:29	263	Ashley Weir	M55	14/16	BlackbrnRR	01:37:02	01:37:30		
184	Xavia Cooper	F45	9/29	LythamSARR	01:25:28	01:25:52	264	Peter Grime	M55	15/16	[Unatt]	01:37:11	01:38:14		
185	Njideka Agwuna	F50	7/23	PennyLnStr	01:25:33	01:26:07	265	Kayleigh Clitheroe	F35	7/11	GarstangRC	01:37:44	01:38:14		
186	Mark Butterworth	M50	25/32	LivplRunnB	01:25:30	01:26:15	266	Hilary Bell	F60	6/11	Glossopdal	01:37:49	01:38:31		
187	Katherine Hughes	F45	10/29	LivplRunnB	01:25:30	01:26:15	267	Laura Brear	F55	18/29	LymmRunner	01:37:58	01:38:37		
188	Phil White	M70	2/3	BlackbrnRR	01:26:20	01:26:32	268	Emma Wolstencroft	F50	15/23	RadcliffeA	01:38:30	01:38:48		
189	Antony Genovese	M60	13/21	[Unatt]	01:25:43	01:26:33	269	Marie Motley	F60	7/11	PennyLnStr	01:39:13	01:40:09		
190	Sophie Worsman	FS	16/24	Dragons RC	01:25:53	01:26:37	270	Samantha Bentall	F55	19/29	PennyLnStr	01:39:13	01:40:09		
191	Christine Brook	F60	2/11	[Unatt]	01:26:07	01:26:39	271	Michael Devereux	M75	2/2	PennyLnStr	01:39:44	01:40:10		
192	Ian Dempsey	M55	11/16	Chorley	01:26:05	01:26:53	272	Nicola Crook	F55	20/29	[Unatt]	01:39:42	01:40:30		
193	Craig Isherwood	M50	26/32	[Unatt]	01:26:28	01:26:55	273	Helen Beckett	F50	16/23	WidnesWasp	01:39:36	01:40:34		
194	Steven Murphy	M50	27/32	LymmRunner	01:26:20	01:27:00	274	Fiona Dridge	F50	17/23	ThorntonCl	01:39:45	01:40:35		
195	Sue Harrison	F45	11/29	Red RoseRR	01:27:10	01:27:36	275	Kirsty Carver	F50	18/23	HalifaxHar	01:40:03	01:40:37		
196	Stuart Farmer	M45	19/20	Quays RC	01:27:19	01:27:38	276	Tracy Berry	F45	23/29	LivPemSeft	01:40:00	01:40:51		
197	David Wilkinson	M65	7/12	LancasterM	01:26:48	01:27:43	277	Sharon Roberts	F50	19/23	LivPemSeft	01:40:00	01:40:51		
198	Rachel Airey	FS	17/24	Accrington	01:27:46	01:27:46	278	Alison Mercer	F60	8/11	Red RoseRR	01:40:28	01:41:00		
199	Steven Robinson	M65	8/12	ThorntonCl	01:27:19	01:27:57	279	Marc Goulding	M50	31/32	Mersey Tri	01:40:53	01:41:14		
200	Barry Mills	M45	20/20	[Unatt]	01:27:31	01:28:05	280	Claire Incutti	F50	20/23	BlackbrnRR	01:40:59	01:41:33		
201	Claire Markham	F50	8/23	LythamSARR	01:27:33	01:28:16	281	Carolyn Smith	F55	21/29	LymmRunner	01:40:55	01:41:36		
202	Norman Hayhurst	M60	14/21	Bowland FR	01:28:03	01:28:19	282	Tania Wild	F40	13/16	LymmRunner	01:40:56	01:41:38		
203	Lynne Kenyon	F55	8/29	Red RoseRR	01:28:02	01:28:19	283	Robert Wilson	M55	16/16	[Unatt]	01:41:33	01:42:02		
204	Kerry Quinton	F40	9/16	PennyLnStr	01:27:57	01:28:20	284	Amy Lambert	F40	14/16	[Unatt]	01:41:13	01:42:12		
205	Gail Bristo	F50	9/23	Red RoseRR	01:28:12	01:28:37	285	Linda Wibberley	F35	8/11	LivplRunnB	01:41:24	01:42:25		
206	Liz Tetley	F55	9/29	LymmRunner	01:28:01	01:28:38	286	Laura McNamee	FS	22/24	LivplRunnB	01:41:25	01:42:25		
207	Rebecca Mohebi	F45	12/29	[Unatt]	01:28:06	01:28:42	287	Catherine Jackson	F40	15/16	LivplRunnB	01:41:24	01:42:25		
208	Madine Parsons	F35	5/11	GarstangRC	01:27:47	01:28:47	288	Rachel Fitzsimon	F45	24/29	Warr'tonRC	01:42:13	01:42:56		
209	Laurence Shackleton	M50	28/32	GarstangRC	01:27:49	01:28:51	289	Sara Murray	F40	16/16	Warr'tonRC	01:42:13	01:42:57		
210	Terry Bowe	M60	15/21	[Unatt]	01:28:37	01:29:08	290	Rachel Cartwright	F45	25/29	Warr'tonRC	01:42:23	01:43:06		
211	Kate Pomfret	F50	10/23	BlackbrnRR	01:28:35	01:29:09	291	Howard Thompson	M50	32/32	[Unatt]	01:42:58	01:43:55		
212	Jane Matthewman	F40	10/16	BlackbrnRR	01:28:36	01:29:10	292	Steve Dennis	M65	11/12	HalifaxHar	01:44:28	01:45:19		
213	Chris Probert	M60	16/21	PennyLnStr	01:28:18	01:29:15	293	Sue Wickham	F60	9/11	PrestonHar	01:45:33	01:46:19		
214	Julie Moses	F55	10/29	WidnesWasp	01:28:29	01:29:21	294	Susan Ashcroft	F60	10/11	PrestonHar	01:45:43	01:46:35		
215	Fiona Eaton	F55	11/29	LymmRunner	01:28:47	01:29:23	295	Diane Kaley	F55	22/29	[Unatt]	01:45:55	01:46:47		
216	Alan Appleby	M75	1/2	PrestonHar	01:28:40	01:29:26	296	Agnieszka Kowalczyk	F35	9/11	PrestonHar	01:45:58	01:46:50		
217	Kim Draper	F50	11/23	[Unatt]	01:28:42	01:29:27	297	Linda Dyson	F65	3/3	ThorntonCl	01:46:11	01:47:02		
218	Roxanne McAllister	F35	6/11	ThorntonCl	01:29:03	01:29:39	298	Julie McSloy	F55	23/29	SouthprtSt	01:47:30	01:48:09		
219	John Brear	M55	12/16	LymmRunner	01:29:01	01:29:42	299	Kerry Humphreys	F55	24/29	[Unatt]	01:48:24	01:49:27		
220	Rachel Kuypers	F45	13/29	WidnesWasp	01:28:59	01:29:56	300	Adrian Melton	M80	1/1	Accrington	01:48:57	01:49:33		
221	Rebecca Jones	FS	18/24	WidnesWasp	01:29:00	01:29:58	301	Barbara Mead-Mason	F55	25/29	B'poolFree	01:50:38	01:51:23		
222	Vicky Heys	F50	12/23	Accrington	01:29:35	01:30:04	302	Amy Edwards	FS	23/24	PennyLnStr	01:50:56	01:51:23		
223	Carolyn Arber	F65	1/3	LymmRunner	01:29:25	01:30:05	303	Maureen Heron	F55	26/29	[Unatt]	01:52:04	01:53:00		
224	Katie Owens	F50	13/23	Mersey Tri	01:29:23	01:30:16	304	Samantha O'Ryan	F55	27/29	[Unatt]	01:52:03	01:53:00		
225	Rebecca Varnouse	F40	11/16	PennyLnStr	01:29:37	01:30:22	305	Maria Philippides	F55	28/29	[Unatt]	01:52:04	01:53:00		
226	Judy Dyer	F55	12/29	PennyLnStr	01:30:05	01:30:27	306	Judith Carey	F45	26/29	ClaytonleM	01:52:19	01:53:02		
227	Lindsey Black	F45	14/29	SouthprtSt	01:29:52	01:30:39	307	Martin Haigh	M70	3/3	HalifaxHar	01:53:29	01:54:13		
228	David Ingle	M60	17/21	HalifaxHar	01:30:30	01:30:44	308	Jo Edwards	F55	29/29	PennyLnStr	01:55:04	01:55:32		
229	Kathryn Neilson	F60	3/11	[Unatt]	01:30:09	01:30:52	309	Lynsey Laing	F45	27/29	PennyLnStr	01:55:18	01:56:12		
230	Carole Wilkinson	F65	2/3	LancasterM	01:30:47	01:31:41	310	Anne-Marie Killeen	F60	11/11	StainlandL	01:55:08	01:56:16		
231	Hannah Dyson	FS	19/24	Dragons RC	01:31:11	01:31:57	311	Lyn Westwood	F50	21/23	LymmRunner	01:55:23	01:56:20		
232	Lauren Lett	FS	20/24	RochdaleTr	01:31:28	01:32:22	312	Charlotte McHugh	F35	10/11	[Unatt]	01:59:19	02:00:24		
233	Lisa Stansfield	F45	15/29	Rossendale	01:31:47	01:32:25	313	Cherylann Harper	F35	11/11	LivplRunnB	02:02:56	02:03:59		
234	George Howells	M50	29/32	[Unatt]	01:31:35	01:32:28	314	Liam Taylor	MS	44/44	LivplRunnB	02:02:57	02:04:00		
235	Jane Nicholson	F60	4/11	PennyLnStr	01:32:13	01:32:35	315	Peter Stokes	M65	12/12	SouthprtSt	02:05:51	02:06:33		
236	Kit Claxton	M50	30/32	LivplRunnB	01:31:43	01:32:36	316	Alison Gemmell	FS	24/24	[Unatt]	02:06:00	02:07:04		
237	John Houghton	M65	9/12	RunSandymr	01:32:15	01:32:51	317	Angela Briggs	F45	28/29	Red RoseRR	02:07:42	02:08:15		
238	Rowena Doherty	F45	16/29	FyldeCstrn	01:32:12	01:32:54	318	Lezleigh Bailey	F50	22/23	LivplRunnB	02:13:48	02:14:52		
239	Joanne Weir	F55	13/29	BlackbrnRR	01:32:26	01:32:57	319	Kerry Ireland	F45	29/29	GarstangRC	02:13:44	02:14:53		
240	Stephen McTigue	M60	18/21	BlackbrnRR	01:32:30	01:32:58	320	Claire Horner	F50	23/23	GarstangRC	02:13:45	02:14:53		