

Sessay Swift 6k, nr. Thirsk

Sessay Swift 6k, nr. Thirsk

14th August 2024

RESULTS

Results: UKtimers.net & UKresults.net

| Pos | Name | Cat | Cat/Pos | Club | ChipTime | GunTime | Pos | Name | Cat | Cat/Pos | Club | ChipTime | GunTime |
|-----|---------------------|-----|---------|------------|----------|----------|-----|----------------------|-----|---------|------------|----------|----------|
| 1 | Daniel Cheeseman | MS | 1/36 | CityofYork | 00:18:45 | 00:18:45 | 101 | Pete Noble | M50 | 24/56 | Knaresboro | 00:27:05 | 00:27:13 |
| 2 | Tom O'Mahoney | MJ | 1/3 | RichmondZt | 00:18:57 | 00:18:58 | 102 | Louise Trainor | F50 | 6/58 | Quakers RC | 00:27:11 | 00:27:15 |
| 3 | Dom Carter | MS | 2/36 | YorkPostal | 00:19:47 | 00:19:47 | 103 | Brett Edgeworth | M50 | 25/56 | Thirsk+Sow | 00:27:21 | 00:27:23 |
| 4 | Tom Calvert | MS | 3/36 | Knaresboro | 00:20:14 | 00:20:14 | 104 | Adrian Bell | M50 | 26/56 | RunNationR | 00:27:20 | 00:27:26 |
| 5 | Adam Kirk | MS | 4/36 | NiddValley | 00:20:25 | 00:20:26 | 105 | Mark Leake | M50 | 27/56 | Easingwold | 00:27:20 | 00:27:28 |
| 6 | Dan Caven | MS | 5/36 | Knaresboro | 00:20:32 | 00:20:33 | 106 | Beth Constantine | FS | 6/27 | RiponRunnr | 00:27:26 | 00:27:30 |
| 7 | Craig Mills | M40 | 1/32 | NiddValley | 00:20:34 | 00:20:34 | 107 | Megan Remmer | F50 | 7/58 | Easingwold | 00:27:25 | 00:27:33 |
| 8 | James Ireland | M40 | 2/32 | Knaresboro | 00:20:45 | 00:20:45 | 108 | Debbie Herridge | F50 | 8/58 | Knaresboro | 00:27:28 | 00:27:37 |
| 9 | Ashley Crow | MS | 6/36 | WakefieldH | 00:21:17 | 00:21:17 | 109 | Steve Woollven | M50 | 28/56 | HarrogateH | 00:27:29 | 00:27:38 |
| 10 | Craig Gath | M40 | 3/32 | Easingwold | 00:21:20 | 00:21:20 | 110 | Andrew Harrop | M60 | 8/30 | Knaresboro | 00:27:30 | 00:27:40 |
| 11 | Tom Murphy | MS | 7/36 | StocktonSt | 00:21:22 | 00:21:23 | 111 | Jeremy Scott | M50 | 29/56 | NiddValley | 00:27:37 | 00:27:44 |
| 12 | Ian Harrison | M40 | 4/32 | RiponRunnr | 00:21:23 | 00:21:24 | 112 | Richard Knott | M60 | 9/30 | Knaresboro | 00:27:37 | 00:27:48 |
| 13 | Ashley Howard | MS | 8/36 | HarrogateH | 00:21:36 | 00:21:40 | 113 | Luke Shannon | M60 | 10/30 | Thirsk+Sow | 00:27:46 | 00:27:51 |
| 14 | Freddy Wharton | MS | 9/36 | Thirsk+Sow | 00:21:50 | 00:21:52 | 114 | Andy Clarke | M50 | 30/56 | Knaresboro | 00:27:42 | 00:27:51 |
| 15 | Martin Murray | M50 | 1/56 | NewMarskeH | 00:21:53 | 00:21:54 | 115 | Joseph Cooper | MJ | 3/3 | Easingwold | 00:27:47 | 00:27:56 |
| 16 | Matt Jones | MS | 10/36 | Easingwold | 00:21:53 | 00:21:54 | 116 | Nigel Scaife | M50 | 31/56 | NiddValley | 00:27:49 | 00:27:59 |
| 17 | Marc Ellis | M50 | 2/56 | Quakers RC | 00:22:00 | 00:22:00 | 117 | Anneke Imeson | F40 | 6/37 | RiponRunnr | 00:27:57 | 00:28:03 |
| 18 | Joseph Martlew | MS | 11/36 | Thirsk+Sow | 00:21:59 | 00:22:01 | 118 | Tim Pocock | M60 | 11/30 | RiponRunnr | 00:28:01 | 00:28:06 |
| 19 | Samuel Wilson | MJ | 2/3 | NYorkMoors | 00:22:01 | 00:22:02 | 119 | Sue Moul | F50 | 9/58 | HarrogateH | 00:28:00 | 00:28:11 |
| 20 | Dave Glover | M40 | 5/32 | Knaresboro | 00:22:01 | 00:22:03 | 120 | David Tervit | M50 | 32/56 | Thirsk+Sow | 00:27:51 | 00:28:11 |
| 21 | Ollie Spence | MS | 12/36 | Easingwold | 00:22:05 | 00:22:06 | 121 | Oliver Turner | MS | 32/36 | [Unatt] | 00:28:08 | 00:28:15 |
| 22 | Will Retchless | MS | 13/36 | BedaleAisk | 00:22:06 | 00:22:08 | 122 | Doug Pearce | M50 | 33/56 | Easingwold | 00:28:13 | 00:28:17 |
| 23 | Mark Forrest | M50 | 3/56 | RichmondZt | 00:22:07 | 00:22:08 | 123 | Robert Burn | M70 | 1/13 | Thirsk+Sow | 00:28:15 | 00:28:20 |
| 24 | Simon Donoghue | M50 | 4/56 | Easingwold | 00:22:11 | 00:22:12 | 124 | Mark Crossland | M50 | 34/56 | RiponRunnr | 00:28:16 | 00:28:22 |
| 25 | Ben Morgan | MS | 14/36 | Thirsk+Sow | 00:22:13 | 00:22:14 | 125 | William Sigsworth | M70 | 2/13 | NEVeterans | 00:28:15 | 00:28:24 |
| 26 | David Gossip | M40 | 6/32 | NE Project | 00:22:26 | 00:22:28 | 126 | Christian Player | M40 | 22/32 | SwaledaleR | 00:28:10 | 00:28:28 |
| 27 | Adam Davis | MS | 15/36 | Knaresboro | 00:22:29 | 00:22:31 | 127 | Pedro Carrasco | M60 | 12/30 | Thirsk+Sow | 00:28:26 | 00:28:31 |
| 28 | Guy Close | M40 | 7/32 | Knaresboro | 00:22:31 | 00:22:33 | 128 | Katherine Morton | F40 | 7/37 | NiddValley | 00:28:23 | 00:28:31 |
| 29 | Douglas Scott | M50 | 5/56 | HarrogateH | 00:22:33 | 00:22:35 | 129 | Hannah Corner | FS | 7/27 | Easingwold | 00:28:25 | 00:28:33 |
| 30 | Greg MacDonald | M50 | 6/56 | Thirsk+Sow | 00:22:39 | 00:22:40 | 130 | Graham Tinsley | M50 | 35/56 | RiponRunnr | 00:28:24 | 00:28:33 |
| 31 | Jaysoun Sawyer | M40 | 8/32 | Ilkley Har | 00:22:42 | 00:22:43 | 131 | Guy Marshall | M50 | 36/56 | Knaresboro | 00:28:27 | 00:28:34 |
| 32 | Luke McNiff | MS | 16/36 | Thirsk+Sow | 00:22:44 | 00:22:45 | 132 | Rosalyn Moore | F40 | 8/37 | HarrogateH | 00:28:26 | 00:28:37 |
| 33 | Geoffrey Hirst | M40 | 9/32 | HarrogateH | 00:22:52 | 00:22:53 | 133 | Annenarie Wilson | F40 | 9/37 | NYorkMoors | 00:28:34 | 00:28:37 |
| 34 | John Hamilton | M50 | 7/56 | Knaresboro | 00:22:52 | 00:22:54 | 134 | Andrew Webster | M50 | 37/56 | RiponRunnr | 00:28:40 | 00:28:46 |
| 35 | Paul Ellis | M50 | 8/56 | RichmondZt | 00:22:53 | 00:22:56 | 135 | James Rockall | M40 | 23/32 | Knaresboro | 00:28:29 | 00:28:46 |
| 36 | Matthew Randall | MS | 17/36 | BedaleAisk | 00:22:59 | 00:23:01 | 136 | Andy Laverick | M50 | 38/56 | HarrogateH | 00:28:27 | 00:28:48 |
| 37 | Steve Newbould | M40 | 10/32 | NiddValley | 00:23:06 | 00:23:09 | 137 | Ray Johnstone | M60 | 13/30 | RiponRunnr | 00:28:43 | 00:28:49 |
| 38 | Aaron Mulholland | MS | 18/36 | Knaresboro | 00:23:10 | 00:23:12 | 138 | Rachel Holmes | FS | 8/27 | RiponRunnr | 00:28:46 | 00:28:51 |
| 39 | Jim Carter | M50 | 9/56 | YorkPostal | 00:23:10 | 00:23:13 | 139 | Kerri-Lee Wooding | FS | 9/27 | Thirsk+Sow | 00:28:47 | 00:28:53 |
| 40 | James Wright | MS | 19/36 | Knaresboro | 00:23:15 | 00:23:17 | 140 | Morag McDowall | F60 | 2/39 | RiponRunnr | 00:28:50 | 00:28:54 |
| 41 | Paul Simpson | M50 | 10/56 | RichmondZt | 00:23:19 | 00:23:21 | 141 | Joe Joyce | M40 | 24/32 | Thirsk+Sow | 00:28:50 | 00:28:55 |
| 42 | Gary Wilkinson | M50 | 11/56 | HarrogateH | 00:23:20 | 00:23:22 | 142 | Laura Eden | FS | 10/27 | RiponRunnr | 00:28:53 | 00:28:58 |
| 43 | Benjamin Walker | MS | 20/36 | RiponRunnr | 00:23:24 | 00:23:26 | 143 | Phil Chatterton | M50 | 39/56 | RiponRunnr | 00:28:51 | 00:28:59 |
| 44 | Neil King | M50 | 12/56 | Easingwold | 00:23:34 | 00:23:35 | 144 | John Skinner | M60 | 14/30 | RiponRunnr | 00:28:51 | 00:29:00 |
| 45 | Ben Imeson | M40 | 11/32 | RiponRunnr | 00:23:35 | 00:23:37 | 145 | Stephen Newton | M50 | 40/56 | Knaresboro | 00:28:32 | 00:29:02 |
| 46 | Mark Whiteman | M50 | 13/56 | Easingwold | 00:23:31 | 00:23:38 | 146 | Stachel Mills | F40 | 10/37 | NiddValley | 00:29:01 | 00:29:09 |
| 47 | Jonathan Simpson | M40 | 12/32 | RichmondZt | 00:23:38 | 00:23:41 | 147 | Sarah Glover | F40 | 11/37 | Knaresboro | 00:29:01 | 00:29:10 |
| 48 | Simon Staiano | M40 | 13/32 | HarrogateH | 00:23:43 | 00:23:48 | 148 | David Quinn | MS | 33/36 | Knaresboro | 00:29:08 | 00:29:20 |
| 49 | Paul Peacock | M60 | 1/30 | Thirsk+Sow | 00:23:47 | 00:23:49 | 149 | Jenna Sach | FS | 11/27 | RiponRunnr | 00:29:16 | 00:29:24 |
| 50 | Douglas Howarth | M60 | 2/30 | NewMarskeH | 00:23:55 | 00:23:58 | 150 | Peter Richardson | M60 | 15/30 | RichmondZt | 00:29:23 | 00:29:32 |
| 51 | Abby Barker | F40 | 1/37 | StocktonSt | 00:24:00 | 00:24:03 | 151 | Phil Alcock | M40 | 25/32 | [Unatt] | 00:29:17 | 00:29:34 |
| 52 | Jamie Bentley | MS | 21/36 | StocktonSt | 00:24:06 | 00:24:09 | 152 | Olivia Gillam | FS | 12/27 | [Unatt] | 00:29:19 | 00:29:37 |
| 53 | Martin Lofthouse | M50 | 14/56 | NiddValley | 00:24:13 | 00:24:16 | 153 | Pete Jackson | M40 | 26/32 | [Unatt] | 00:29:32 | 00:29:38 |
| 54 | Paul Evison | M40 | 14/32 | Knaresboro | 00:24:15 | 00:24:18 | 154 | Angela Benson | F60 | 3/39 | RiponRunnr | 00:29:36 | 00:29:39 |
| 55 | Colin Fletcher | M60 | 3/30 | Easingwold | 00:24:21 | 00:24:23 | 155 | Kirsty Naylor | F40 | 12/37 | Thirsk+Sow | 00:29:40 | 00:29:45 |
| 56 | Kevin Clark | M40 | 15/32 | NiddValley | 00:24:17 | 00:24:31 | 156 | Hilary Philpott | F60 | 4/39 | RiponRunnr | 00:29:38 | 00:29:45 |
| 57 | Emma Fleming | F40 | 2/37 | StocktonSt | 00:24:39 | 00:24:46 | 157 | Andrew Gatenby | M50 | 41/56 | NeonNights | 00:29:37 | 00:29:52 |
| 58 | Paul Stockburn | M60 | 4/30 | HarrogateH | 00:24:40 | 00:24:42 | 158 | Nik Forman | M60 | 16/30 | Knaresboro | 00:29:48 | 00:29:55 |
| 59 | Tristan Sillars | M40 | 16/32 | Thirsk+Sow | 00:24:43 | 00:24:45 | 159 | Rob Eden | M50 | 42/56 | [Unatt] | 00:29:57 | 00:30:04 |
| 60 | Lenny Lennox | M60 | 5/30 | RiponRunnr | 00:24:44 | 00:24:47 | 160 | Geoffrey Crutchley | M70 | 3/13 | RiponRunnr | 00:30:03 | 00:30:11 |
| 61 | Martyn Farnsworth | MS | 22/36 | Quakers RC | 00:24:47 | 00:24:49 | 161 | Nicholas Smith | M60 | 17/30 | NiddValley | 00:30:05 | 00:30:17 |
| 62 | Craig Mitchell | MS | 23/36 | Knaresboro | 00:24:50 | 00:24:54 | 162 | Ruth Pollard | F50 | 10/58 | Thirsk+Sow | 00:30:14 | 00:30:20 |
| 63 | Thomas Hoare | MS | 24/36 | BedaleAisk | 00:25:00 | 00:25:01 | 163 | Helen Ashworth | F50 | 11/58 | Thirsk+Sow | 00:30:20 | 00:30:24 |
| 64 | Lucy Oldroyd | FS | 1/27 | HarrogateH | 00:25:07 | 00:25:01 | 164 | Sharon Brazier | F50 | 12/58 | RiponRunnr | 00:30:16 | 00:30:25 |
| 65 | Tim Easton | MS | 25/36 | Easingwold | 00:25:09 | 00:25:03 | 165 | Michael Hollinshead | M40 | 27/32 | HambletonA | 00:30:12 | 00:30:25 |
| 66 | Liam Webb | MS | 26/36 | BedaleAisk | 00:25:03 | 00:25:05 | 166 | Scott McGreal | M40 | 28/32 | Easingwold | 00:30:23 | 00:30:35 |
| 67 | Jon Davies | MS | 27/36 | YorkPostal | 00:25:02 | 00:25:07 | 167 | Emma Harrop | F50 | 13/58 | Knaresboro | 00:30:26 | 00:30:36 |
| 68 | Nicola Simpson | F50 | 1/58 | RichmondZt | 00:25:05 | 00:25:08 | 168 | Donald Johnson | M70 | 4/13 | CityofHull | 00:30:10 | 00:30:36 |
| 69 | Michael Burke | M40 | 17/32 | StocktonSt | 00:25:06 | 00:25:08 | 169 | Lucy Waller | F50 | 14/58 | RiponRunnr | 00:30:29 | 00:30:37 |
| 70 | Paul Brazier | M50 | 15/56 | RiponRunnr | 00:25:06 | 00:25:09 | 170 | Suzanne Rickard | F50 | 15/58 | RiponRunnr | 00:30:33 | 00:30:42 |
| 71 | Patricia L. Speedie | F50 | 2/58 | NewMarskeH | 00:25:09 | 00:25:11 | 171 | Kelly Grieve | FS | 13/27 | Thirsk+Sow | 00:30:50 | 00:30:56 |
| 72 | Andrew Iddon | MS | 28/36 | NiddValley | 00:25:02 | 00:25:12 | 172 | Andy Butcher | M50 | 43/56 | Thirsk+Sow | 00:30:39 | 00:30:56 |
| 73 | Sima Lowery | F40 | 3/37 | Knaresboro | 00:25:08 | 00:25:13 | 173 | John Howell-Walmsley | M60 | 18/30 | Easingwold | 00:30:53 | 00:31:03 |
| 74 | Chris Coates | MS | 29/36 | Thirsk+Sow | 00:25:19 | 00:25:23 | 174 | Cath Howell-Walmsley | F40 | 13/37 | Easingwold | 00:30:56 | 00:31:06 |
| 75 | Adam Harper-Walker | MS | 30/36 | Thirsk+Sow | 00:25:32 | 00:25:36 | 175 | Allyson Crutchley | F40 | 14/37 | RiponRunnr | 00:30:59 | 00:31:07 |
| 76 | Ewan Edmondson | M60 | 6/30 | Knaresboro | 00:25:32 | 00:25:39 | 176 | Joanne Wheeler | F40 | 15/37 | Easingwold | 00:30:59 | 00:31:10 |
| 77 | Michael Hernandez | M50 | 16/56 | RiponRunnr | 00:25:40 | 00:25:44 | 177 | Claire Throup | F40 | 16/37 | Easingwold | 00:30:58 | 00:31:11 |
| 78 | Laura Francis | FS | 2/27 | NiddValley | 00:25:41 | 00:25:46 | 178 | Nicola Convy | F50 | 16/58 | Easingwold | 00:31:00 | 00:31:11 |
| 79 | Laura Tuley | FS | 3/27 | Easingwold | 00:25:44 | 00:25:48 | 179 | Kay Kelly | F50 | 17/58 | BedaleAisk | 00:31:06 | 00:31:13 |
| 80 | Rob Gillham | M50 | 17/56 | Quakers RC | 00:25:49 | 00:25:52 | 180 | Harriet Holmes | FS | 14/27 | HambletonA | 00:31:08 | 00:31:19 |
| 81 | Carla Reddish | F50 | 3/58 | Knaresboro | 00:25:48 | 00:25:53 | 181 | Emma Haresign | FJ | 1/1 | HambletonA | 00:31:08 | 00:31:20 |
| 82 | Ed Duffield | M50 | 18/56 | Easingwold | 00:25:56 | 00:26:00 | 182 | Andrew Purril | M50 | 44/56 | RiponRunnr | 00:31:17 | 00:31:26 |
| 83 | Rebecca Maguire | FS | 4/27 | RiponRunnr | 00:25:58 | 00:26:01 | 183 | Paul Bainbridge | M70 | 5/13 | BedaleAisk | 00:31:22 | 00:31:30 |
| 84 | Andrew Heather | M50 | 19/56 | YorkKnives | 00:26:00 | 00:26:05 | 184 | Stuart Hill | M60 | 19/30 | Thirsk+Sow | 00:31:16 | 00:31:36 |
| 85 | Paul Atkinson | M50 | 20/56 | Thirsk+Sow | 00:26:02 | 00:26:08 | 185 | Kate Dickinson | F40 | 17/37 | RiponRunnr | 00:31:25 | 00:31:39 |
| 86 | Jonathon Conway | M40 | 18/32 | Thirsk+Sow | 00:26:07 | 00:26:13 | 186 | Jill Gray | F60 | 5/39 | RiponRunnr | 00:31:27 | 00:31:40 |
| 87 | Peter Winder | M40 | 19/32 | Easingwold | 00:26:05 | 00:26:13 | 187 | Tim Johnson | M60 | 20/30 | RiponRunnr | 00:31:32 | 00:31:42 |
| 88 | Luke Allen | MS | | | | | | | | | | | |

Sessay Swift 6k, nr. Thirsk

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RESULTS

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| Pos | Name | Cat | Cat/Pos | Club | ChipTime | GunTime | Pos | Name | Cat | Cat/Pos | Club | ChipTime | GunTime |
|-----|----------------------|-----|---------|------------|----------|----------|-----|----------------------|-----|---------|------------|----------|----------|
| 201 | Rosie Gatenby | F40 | 19/37 | Thirsk+Sow | 00:32:03 | 00:32:29 | 268 | Annette Walburn | F60 | 17/39 | RiponRunnr | 00:36:08 | 00:36:20 |
| 202 | Debbie Gibson | F60 | 6/39 | NiddValley | 00:32:18 | 00:32:30 | 269 | Elizabeth Green | FS | 22/27 | RiponRunnr | 00:36:03 | 00:36:25 |
| 203 | Helen Clark | F40 | 20/37 | Quakers RC | 00:32:28 | 00:32:32 | 270 | James Parkes | MS | 34/36 | RiponRunnr | 00:36:27 | 00:36:39 |
| 204 | Ann Harrington | F40 | 21/37 | BedaleAisk | 00:32:26 | 00:32:33 | 271 | Helen Adams | F50 | 39/58 | BedaleAisk | 00:36:30 | 00:36:43 |
| 205 | Elizabeth Wordsworth | F50 | 23/58 | Thirsk+Sow | 00:32:32 | 00:32:37 | 272 | Nicole CalvertMcKeag | F50 | 40/58 | Knaresboro | 00:36:30 | 00:36:47 |
| 206 | Sarah Jones | F60 | 7/39 | RiponRunnr | 00:32:33 | 00:32:42 | 273 | Alison Miller | F60 | 18/39 | RiponRunnr | 00:36:34 | 00:36:49 |
| 207 | Debbie Bland | F70 | 1/2 | Airecentre | 00:32:39 | 00:32:43 | 274 | Diane Bishop | F60 | 19/39 | Redcar RC | 00:36:25 | 00:36:49 |
| 208 | Karen Maddison | F50 | 24/58 | RiponRunnr | 00:32:37 | 00:32:45 | 275 | Ali Parker | F60 | 20/39 | Redcar RC | 00:36:38 | 00:37:01 |
| 209 | Paula Wilkinson | F50 | 25/58 | Knaresboro | 00:32:41 | 00:32:51 | 276 | Lucy Philpott | FS | 23/27 | RiponRunnr | 00:36:56 | 00:37:03 |
| 210 | Steve Silver | M50 | 47/56 | RiponRunnr | 00:32:45 | 00:32:52 | 277 | Robert Gregory | M50 | 55/56 | HambletonA | 00:36:50 | 00:37:05 |
| 211 | Alison Pauling | F60 | 8/39 | RiponRunnr | 00:32:44 | 00:32:56 | 278 | Donna Kirkhope | F60 | 21/39 | HambletonA | 00:36:50 | 00:37:06 |
| 212 | Sara Armitage | F50 | 26/58 | Thirsk+Sow | 00:32:37 | 00:32:56 | 279 | Mary Gregory | F50 | 41/58 | HambletonA | 00:37:00 | 00:37:14 |
| 213 | Philippa Hutton | F60 | 9/39 | Easingwold | 00:32:43 | 00:32:59 | 280 | Caroline Pounder | F40 | 31/37 | HambletonA | 00:37:01 | 00:37:15 |
| 214 | Dawn Cornforth | F60 | 10/39 | [Unatt] | 00:32:45 | 00:33:01 | 281 | Catherine Lumb | F60 | 22/39 | Easingwold | 00:37:02 | 00:37:20 |
| 215 | Jane Maloney | F60 | 11/39 | Easingwold | 00:32:50 | 00:33:02 | 282 | Tracy Allison | F60 | 23/39 | Knaresboro | 00:37:04 | 00:37:23 |
| 216 | Laura Wilmshurst | FS | 16/27 | [Unatt] | 00:32:49 | 00:33:05 | 283 | Amanda Piper | F50 | 42/58 | NeonNights | 00:36:59 | 00:37:24 |
| 217 | Michael Bishop | M60 | 23/30 | Easingwold | 00:32:51 | 00:33:07 | 284 | Natalie Crowther | F50 | 43/58 | [Unatt] | 00:36:59 | 00:37:24 |
| 218 | Roxana Freeman | F40 | 22/37 | Easingwold | 00:32:56 | 00:33:10 | 285 | Natalie Lunn | FS | 24/27 | Easingwold | 00:37:22 | 00:37:36 |
| 219 | Chris Brown | M70 | 8/13 | RiponRunnr | 00:33:09 | 00:33:17 | 286 | Caz Hardman | F50 | 44/58 | [Unatt] | 00:37:29 | 00:37:48 |
| 220 | Graham Finlay | M60 | 24/30 | HambletonA | 00:33:05 | 00:33:18 | 287 | Mary-Jane Holmes | F60 | 24/39 | RiponRunnr | 00:37:37 | 00:37:59 |
| 221 | Liz Haresign | F50 | 27/58 | HambletonA | 00:33:07 | 00:33:19 | 288 | Jane Kirk | F50 | 45/58 | HambletonA | 00:37:51 | 00:38:08 |
| 222 | Paul Channon | M40 | 29/32 | Knaresboro | 00:33:01 | 00:33:21 | 289 | Karen Carrington | F50 | 46/58 | RiponRunnr | 00:37:59 | 00:38:17 |
| 223 | Sue Rich | F50 | 28/58 | [Unatt] | 00:33:08 | 00:33:25 | 290 | John Garbutt | M60 | 30/30 | RiponRunnr | 00:37:58 | 00:38:18 |
| 224 | Catherine Leonard | F50 | 29/58 | RiponRunnr | 00:33:11 | 00:33:26 | 291 | Joanne Hunt | F50 | 47/58 | Thirsk+Sow | 00:38:06 | 00:38:29 |
| 225 | Jason Wheeler | M50 | 48/56 | Easingwold | 00:33:21 | 00:33:32 | 292 | Michelle Smith | F50 | 48/58 | NiddValley | 00:38:28 | 00:38:52 |
| 226 | Caroline Harland | F60 | 12/39 | RiponRunnr | 00:33:24 | 00:33:35 | 293 | Eleanor Morris | FS | 25/27 | RiponRunnr | 00:38:34 | 00:38:55 |
| 227 | Peter Omahoney | M60 | 25/30 | RichmondZt | 00:33:23 | 00:33:39 | 294 | Andrew Bishop | MS | 35/36 | Redcar RC | 00:38:40 | 00:39:04 |
| 228 | Hayley Killick | F40 | 23/37 | RebelRunns | 00:33:25 | 00:33:41 | 295 | Jan Lawson | F60 | 25/39 | RiponRunnr | 00:39:03 | 00:39:18 |
| 229 | Alison Downey | FS | 17/27 | WakefieldH | 00:33:31 | 00:33:46 | 296 | Susy Rhodes | F40 | 32/37 | NiddValley | 00:39:00 | 00:39:18 |
| 230 | Helen Simpson | F40 | 24/37 | Easingwold | 00:33:45 | 00:33:57 | 297 | Sarah Gore | F40 | 33/37 | Knaresboro | 00:39:00 | 00:39:19 |
| 231 | Emma Sawyer | F40 | 25/37 | RiponRunnr | 00:33:52 | 00:34:05 | 298 | Sylvia Morten | F60 | 26/39 | NiddValley | 00:39:11 | 00:39:33 |
| 232 | Richard Slade | M60 | 26/30 | HambletonA | 00:33:57 | 00:34:12 | 299 | Jill Hornsby | F60 | 27/39 | NiddValley | 00:39:25 | 00:39:47 |
| 233 | David Adams | M50 | 49/56 | BedaleAisk | 00:34:06 | 00:34:16 | 300 | Graham Hyde | M40 | 32/32 | NiddValley | 00:39:30 | 00:39:51 |
| 234 | Rebecca Graham | F40 | 26/37 | RiponRunnr | 00:34:15 | 00:34:28 | 301 | Hugh Jenyns | M70 | 11/13 | Thirsk+Sow | 00:39:40 | 00:40:01 |
| 235 | Stan Appleton | M70 | 9/13 | RiponRunnr | 00:34:14 | 00:34:29 | 302 | Anne Parkin | F60 | 28/39 | Knaresboro | 00:39:49 | 00:40:10 |
| 236 | Fiona Alder | F60 | 13/39 | RiponRunnr | 00:34:14 | 00:34:30 | 303 | Liz Armad | F60 | 29/39 | NiddValley | 00:40:30 | 00:40:53 |
| 237 | Andrew Waller | M50 | 50/56 | RiponRunnr | 00:34:26 | 00:34:35 | 304 | Catherine Skinner | F60 | 30/39 | Easingwold | 00:40:44 | 00:40:56 |
| 238 | Moira McTague | F60 | 14/39 | NiddValley | 00:34:26 | 00:34:39 | 305 | Christine Burn | F70 | 2/2 | Thirsk+Sow | 00:40:56 | 00:41:00 |
| 239 | Guy Parker | M60 | 27/30 | NiddValley | 00:34:27 | 00:34:40 | 306 | Dawn Richardson | F60 | 31/39 | Knaresboro | 00:40:46 | 00:41:07 |
| 240 | Melissa Hird | F50 | 30/58 | Quakers RC | 00:34:25 | 00:34:43 | 307 | Michelle Slade | F60 | 32/39 | HambletonA | 00:40:55 | 00:41:10 |
| 241 | John Yeomans | M60 | 28/30 | Quakers RC | 00:34:40 | 00:34:43 | 308 | Carolyn Keeble | F50 | 49/58 | HambletonA | 00:40:57 | 00:41:12 |
| 242 | Phillip Craig | M40 | 30/32 | Thirsk+Sow | 00:34:40 | 00:34:46 | 309 | Tracey Tinsley | F60 | 33/39 | [Unatt] | 00:40:53 | 00:41:16 |
| 243 | Robert Cooper | M60 | 29/30 | Easingwold | 00:34:28 | 00:34:47 | 310 | Collette Woods | F60 | 34/39 | RiponRunnr | 00:40:59 | 00:41:18 |
| 244 | Stephanie Cooper | F50 | 31/58 | Easingwold | 00:34:41 | 00:34:54 | 311 | Paula Johnstone | F50 | 50/58 | RiponRunnr | 00:41:06 | 00:41:29 |
| 245 | Sarah Bracher | F40 | 27/37 | NiddValley | 00:34:49 | 00:34:59 | 312 | Liam Morris | MS | 36/36 | RiponRunnr | 00:41:11 | 00:41:32 |
| 246 | Helen Holmes | FS | 18/27 | RiponRunnr | 00:34:51 | 00:35:01 | 313 | Christine McKay | F60 | 35/39 | [Unatt] | 00:41:22 | 00:41:44 |
| 247 | Chris Wordsworth | M50 | 51/56 | Thirsk+Sow | 00:34:45 | 00:35:05 | 314 | Jane Goodwin | F50 | 51/58 | RiponRunnr | 00:41:28 | 00:41:50 |
| 248 | Steve Strong | M50 | 52/56 | Thirsk+Sow | 00:34:49 | 00:35:08 | 315 | Lianne Coiley | F40 | 34/37 | NiddValley | 00:41:32 | 00:41:54 |
| 249 | Deborah Thompson | F50 | 32/58 | BedaleAisk | 00:34:56 | 00:35:09 | 316 | Karen Lennox | F50 | 52/58 | RiponRunnr | 00:42:00 | 00:42:22 |
| 250 | Mel Dutka | F60 | 15/39 | RiponRunnr | 00:34:57 | 00:35:18 | 317 | Fiona Hernandez | F50 | 53/58 | RiponRunnr | 00:42:00 | 00:42:22 |
| 251 | Tracey Docherty | F50 | 33/58 | Thirsk+Sow | 00:35:02 | 00:35:21 | 318 | Michelle Bell | F40 | 35/37 | NewMarskeH | 00:42:06 | 00:42:30 |
| 252 | Helen Cox | F50 | 34/58 | RiponRunnr | 00:35:10 | 00:35:32 | 319 | Eileen Cowle | F50 | 54/58 | NewMarskeH | 00:42:06 | 00:42:31 |
| 253 | Stephen Daniel | M50 | 53/56 | Easingwold | 00:35:15 | 00:35:32 | 320 | Raymond Lightle | M70 | 12/13 | BedaleAisk | 00:43:19 | 00:43:40 |
| 254 | Gary Watson | M50 | 54/56 | [Unatt] | 00:35:11 | 00:35:36 | 321 | Carol Thompson | F60 | 36/39 | Thirsk+Sow | 00:43:45 | 00:43:51 |
| 255 | Kerry Rockall | F40 | 28/37 | Knaresboro | 00:35:23 | 00:35:41 | 322 | Charlotte Haskell | F40 | 36/37 | HambletonA | 00:44:36 | 00:44:52 |
| 256 | Michaela Graham | F50 | 35/58 | RiponRunnr | 00:35:34 | 00:35:46 | 323 | Wendy Knight | F50 | 55/58 | [Unatt] | 00:45:30 | 00:45:53 |
| 257 | Donna Tucker | F40 | 29/37 | Knaresboro | 00:35:40 | 00:35:54 | 324 | Lyn Silver | F50 | 56/58 | RiponRunnr | 00:46:55 | 00:47:18 |
| 258 | Karen Williams | F50 | 36/58 | Knaresboro | 00:35:40 | 00:35:54 | 325 | Helen Tyreman | F60 | 37/39 | NewMarskeH | 00:47:12 | 00:47:38 |
| 259 | Louise Frashad | FS | 19/27 | Easingwold | 00:35:47 | 00:36:01 | 326 | Diane Hall | F60 | 38/39 | NewMarskeH | 00:47:12 | 00:47:38 |
| 260 | Zoe Piper | FS | 20/27 | Knaresboro | 00:35:45 | 00:36:02 | 327 | Erin Marley | FS | 26/27 | HambletonA | 00:48:05 | 00:48:21 |
| 261 | Laura Till | FS | 21/27 | Thirsk+Sow | 00:35:47 | 00:36:06 | 328 | Christine Cooper | F60 | 39/39 | RiponRunnr | 00:48:12 | 00:48:36 |
| 262 | Susan Brown | F50 | 37/58 | Easingwold | 00:35:50 | 00:36:08 | 329 | Lucille Allan | FS | 27/27 | HambletonA | 00:49:25 | 00:49:40 |
| 263 | Cheryl McBroom | F60 | 16/39 | Easingwold | 00:35:54 | 00:36:08 | 330 | Annabel MacGregor | F40 | 37/37 | HambletonA | 00:56:01 | 00:56:19 |
| 264 | Sara Sherwood | F40 | 30/37 | HambletonA | 00:35:53 | 00:36:08 | 331 | Ruth Hancock | F50 | 57/58 | HambletonA | 00:56:03 | 00:56:20 |
| 265 | Mark Blair | M40 | 31/32 | HambletonA | 00:35:53 | 00:36:08 | 332 | Bridget Wilson | F50 | 58/58 | HambletonA | 00:56:03 | 00:56:21 |
| 266 | Chris Leese | M70 | 10/13 | [Unatt] | 00:35:48 | 00:36:13 | 333 | Nick Wilson | M50 | 56/56 | [Unatt] | 00:56:03 | 00:56:21 |
| 267 | Lena Collins | F50 | 38/58 | RiponRunnr | 00:35:58 | 00:36:17 | 334 | Tan Codling (M80) | M70 | 13/13 | Thirsk+Sow | 01:08:18 | 01:08:18 |