

Castle Rock 10k, Nottingham

Castle Rock 10k, Nottingham					8th August 2025					RESULTS					Results: UKtimers.net & UKresults.net				
Pos	Name	Cat	Cat/Pos	Club/Team	Time	Pos	Name	Cat	Cat/Pos	Club/Team	Time								
1	Kole Perkins	MS	1/50	[Unattached] (296)	00:36:38	101	Anthony Wright	M45	26/63	Beeston AC	00:48:58								
2	Andrew Taplin	M55	1/52	Beeston AC	00:37:06	102	Graham Murray	M55	17/52	Redhill Road Runners	00:49:06								
3	Christopher Hicks	M35	1/55	Beeston AC	00:37:07	103	Ben Nichols	M45	27/63	[Unattached] (276)	00:49:13								
4	Anthony Horsnall	M35	2/55	[Unattached] (173)	00:37:30	104	Zoe Furley	FS	2/52	Kimberley & Dist Striders	00:49:18								
5	Adam Tunnadine	MS	2/50	[Unattached] (399)	00:37:55	105	Joshua Finn	MS	23/50	Formula One CC	00:49:22								
6	Mark Davis	M45	1/63	Redhill Road Runners	00:38:10	106	John Strode	M45	28/63	[Unattached] (373)	00:49:26								
7	Lewis Tarnai-Wilson	MS	3/50	Sutton in Ashfield Harrs	00:38:14	107	Harry Wells	MS	24/50	Team Anstey Amblers & Run	00:49:26								
8	Micheal Perry	M35	3/55	Kimberley & Dist Striders	00:38:35	108	Mark Dobricic	M35	30/55	[Unattached] (102)	00:49:41								
9	Niki Russell	M45	2/63	Beeston AC	00:38:40	109	Shaun Harlow	MS	25/50	[Unattached] (150)	00:49:47								
10	Carolyn Hay	F45	1/39	Mansfield Harriers	00:39:23	110	Tom Zamboglou	M45	29/63	Beeston AC	00:49:48								
11	John Evans	M45	3/63	Beeston AC	00:39:28	111	Matthew Wells	MS	26/50	[Unattached] (422)	00:49:50								
12	Paul Newton	M55	2/52	Redhill Road Runners	00:39:47	112	Adam Tirebuck	MS	27/50	[Unattached] (392)	00:49:52								
13	Ian Hunter	M45	4/63	Beeston AC	00:40:15	113	Victoria Hustler	F35	4/33	[Unattached] (186)	00:49:52								
14	Jack Wise	MS	4/50	[Unattached] (440)	00:40:41	114	Sarah Wilson	FS	3/52	[Unattached] (438)	00:49:54								
15	Edward Martin	M35	4/55	[Unattached] (238)	00:40:52	115	Gary Cragg	M55	18/52	Holme Pierrepont RC	00:49:54								
16	Jonathan O'Neill	M35	5/55	[Unattached] (281)	00:40:54	116	Chris Bell	M45	30/63	[Unattached] (22)	00:49:55								
17	Aston Cassidy	M35	6/55	Kimberley & Dist Striders	00:41:00	117	Ohmin Kweon	MS	28/50	[Unattached] (213)	00:50:02								
18	Rob Henderson	M35	7/55	Beeston AC	00:41:06	118	Mihail Mihaylov	M55	19/52	Beeston AC	00:50:07								
19	James Myers	MS	5/50	[Unattached] (265)	00:41:31	119	Hannah Cooper	FS	4/52	Beeston AC	00:50:09								
20	Simon Nash	M55	3/52	Redhill Road Runners	00:41:35	120	Anita Hicks	F45	3/39	Hearon Running Club	00:50:15								
21	Emma Stevenson	F35	1/33	Holme Pierrepont RC	00:41:37	121	Phoebe Tan	FS	5/52	[Unattached] (383)	00:50:15								
22	David Greenwood	M45	5/63	Holme Pierrepont RC	00:41:38	122	Amy Taylor	FS	6/52	Notfast Running Club	00:50:30								
23	Max Atherton	MS	6/50	[Unattached] (11)	00:41:38	123	Marcus Oades	MS	29/50	Beeston AC	00:50:35								
24	Chris Cotton	M45	6/63	Hearon Running Club	00:41:39	124	Debra Fearnshaw	F45	4/39	Beeston AC	00:50:39								
25	Dale Western	M35	8/55	Holme Pierrepont RC	00:42:03	125	James Wall	M45	31/63	Beeston AC	00:50:39								
26	Nick Brown	MS	7/50	[Unattached] (53)	00:42:21	126	Chris Peace-Gadsby	M45	32/63	[Unattached] (291)	00:50:39								
27	Lee Scott	M45	7/63	Redhill Road Runners	00:42:33	127	Geoff Pennington	M55	20/52	[Unattached] (293)	00:50:40								
28	Ian Culshaw	M35	9/55	Beeston AC	00:42:36	128	Scott Hutchinson	MS	30/50	[Unattached] (188)	00:50:42								
29	Lindsay Robinson	M45	8/63	Redhill Road Runners	00:42:40	129	Dan Nightingale	M45	33/63	Hucknall Harriers	00:50:43								
30	Michael Stokes	M35	10/55	Long Eaton Running Club	00:42:42	130	Marcus Duffield	M55	21/52	[Unattached] (109)	00:50:50								
31	Andrew Mitchell	M35	11/55	Beeston AC	00:42:46	131	Emma Meredith	F35	5/33	Kimberley & Dist Striders	00:51:00								
32	Martin Clifford	M55	4/52	[Unattached] (76)	00:42:56	132	Gavin Simpson	M45	34/63	[Unattached] (351)	00:51:04								
33	Gabe Kirk	MS	8/50	Nottingham Triathlon Club	00:43:04	133	Yuk Wah Tsang	M45	35/63	Long Eaton Running Club	00:51:06								
34	Lawrence Penfold	M35	12/55	[Unattached] (292)	00:43:04	134	Denise Robertson	F45	5/39	Sinfyn Running Club	00:51:07								
35	Neil Burden	M35	13/55	Holme Pierrepont RC	00:43:07	135	Richard Hill	M55	22/52	Beeston AC	00:51:12								
36	Stephen Brady	M35	14/55	[Unattached] (44)	00:43:14	136	Richard Lamb	M35	31/55	Notfast Running Club	00:51:14								
37	Andrew Smith	M45	9/63	Beeston AC	00:43:30	137	Rhys Hughes	MS	31/50	[Unattached] (182)	00:51:23								
38	Simon Barnes	M55	5/52	[Unattached] (17)	00:43:33	138	Amy Connor	FS	7/52	Beeston AC	00:51:28								
39	Daniel Edwards	M45	10/63	[Unattached] (116)	00:43:43	139	Julian Bramley	M55	23/52	Beeston AC	00:51:28								
40	Ed Reed	MS	9/50	Holme Pierrepont RC	00:43:53	140	Peter Woods	M55	24/52	[Unattached] (444)	00:51:49								
41	Owen Jones	M55	6/52	Redhill Road Runners	00:44:18	141	Steph Culshaw	F35	6/33	Beeston AC	00:51:55								
42	Rob Gladwin	MS	10/50	Holme Pierrepont RC	00:44:21	142	Tom Ward	MS	32/50	[Unattached] (415)	00:52:10								
43	Ed Yau	M35	15/55	[Unattached] (448)	00:44:24	143	Jan Highcock	F55	1/22	[Unattached] (165)	00:52:18								
44	Sarah Taylor	F35	2/33	Beeston AC	00:44:25	144	Joanne Coleman	F35	7/33	Redhill Road Runners	00:52:22								
45	Ady Burnett	M45	11/63	[Unattached] (58)	00:44:36	145	Joon Tan	M35	32/55	[Unattached] (382)	00:52:22								
46	Tom Harding	M35	16/55	[Unattached] (149)	00:44:45	146	Krzysztof Turaj	M45	36/63	[Unattached] (400)	00:52:25								
47	Dave Boot	M55	7/52	Long Eaton Running Club	00:44:48	147	James Furness	MS	33/50	Redhill Road Runners	00:52:41								
48	Jean-Louis Balestra	M35	17/55	[Unattached] (16)	00:44:58	148	Toni Harper	F35	8/33	Redhill Road Runners	00:52:51								
49	Ben Arrowsuch	MS	11/50	[Unattached] (10)	00:45:00	149	Thomas Brady	M65	3/18	[Unattached] (45)	00:52:52								
50	Daniel Simpkins	M45	12/63	Beeston AC	00:45:01	150	Michael Read	M65	4/18	Beeston AC	00:52:54								
51	Justin Johnson	M35	18/55	[Unattached] (195)	00:45:05	151	Stuart Robinson	M45	37/63	[Unattached] (322)	00:52:55								
52	Luke Saxton	M35	19/55	[Unattached] (337)	00:45:14	152	Jack Rodber	M35	33/55	[Unattached] (324)	00:52:55								
53	Alastair Reilly	M35	20/55	Redhill Road Runners	00:45:36	153	Caroline Challender	F55	2/22	Beeston AC	00:52:55								
54	Kevin Piper	M45	13/63	[Unattached] (300)	00:45:40	154	Mary Yeadon	FS	8/52	[Unattached] (449)	00:52:56								
55	Simon Holmes	M45	14/63	Redhill Road Runners	00:45:52	155	Patrick Fitzgerald	M55	25/52	Long Eaton Running Club	00:53:03								
56	Simon Parkes	M55	8/52	Holme Pierrepont RC	00:45:59	156	James Ward	M55	26/52	[Unattached] (412)	00:53:07								
57	Mark Bailey	M45	15/63	[Unattached] (13)	00:46:05	157	Neil Wilson	M45	38/63	[Unattached] (436)	00:53:08								
58	Rob Horton	M45	16/63	[Unattached] (174)	00:46:09	158	Suman Nahl	FS	9/52	[Unattached] (268)	00:53:13								
59	Simon Ross	M45	17/63	Holme Pierrepont RC	00:46:14	159	Jack Dodwell	MS	34/50	Notfast Running Club	00:53:16								
60	Darren Fisher	M45	18/63	Holme Pierrepont RC	00:46:15	160	James Trickett	MS	35/50	[Unattached] (396)	00:53:22								
61	Nick Donovan	M45	19/63	[Unattached] (107)	00:46:17	161	Shing Mi.V. Choi	M45	39/63	[Unattached] (68)	00:53:29								
62	Andrew Gillie	M35	21/55	[Unattached] (137)	00:46:23	162	John Mitchell	M65	5/18	[Unattached] (256)	00:53:31								
63	Sean Henry	M55	9/52	Holme Pierrepont RC	00:46:24	163	John O'Shea	M55	27/52	Holme Pierrepont RC	00:53:33								
64	Matthew Brooks	M35	22/55	[Unattached] (49)	00:46:38	164	Sally Hawes	F45	6/39	Holme Pierrepont RC	00:53:35								
65	David Lloyd	M55	10/52	Embankment Running Club	00:46:40	165	Alex Kushner	MS	36/50	[Unattached] (212)	00:53:37								
66	Jonathan Liu	M35	23/55	Alpha Runners	00:46:43	166	Benjamin Parnell	MS	37/50	[Unattached] (287)	00:53:38								
67	James Rossington	M35	24/55	[Unattached] (328)	00:46:47	167	Tom Cilvert	MS	38/50	[Unattached] (72)	00:53:40								
68	Peter Edwards	M55	11/52	Hearon Running Club	00:46:51	168	Rachael Tajbhai	F35	9/33	[Unattached] (381)	00:53:47								
69	Myles Smith	MS	12/50	[Unattached] (361)	00:47:02	169	Steven White	M45	40/63	Notfast Running Club	00:53:52								
70	Kev Walker	M55	12/52	[Unattached] (405)	00:47:03	170	Stephen Williams	M45	41/63	Long Eaton Running Club	00:53:52								
71	Daniel Hopka	M35	25/55	[Unattached] (172)	00:47:16	171	David Paterson	M35	34/55	Beeston AC	00:53:53								
72	Andrew Wignell	M45	20/63	[Unattached] (429)	00:47:20	172	Marie-C. Pardon	F55	3/22	Beeston AC	00:54:04								
73	Joel Blatherwick	M35	26/55	[Unattached] (29)	00:47:23	173	Adrian Stevenson	M55	28/52	[Unattached] (369)	00:54:06								
74	Ben Loach	MS	13/50	[Unattached] (226)	00:47:26	174	Nigel Fisher	M55	29/52	Redhill Road Runners	00:54:18								
75	Jack Race	MS	14/50	[Unattached] (303)	00:47:27	175	James Allen	M55	30/52	Holme Pierrepont RC	00:54:21								
76	Peter Edmonds	M55	13/52	Long Eaton Running Club	00:47:32	176	Karen Lindsey	F45	7/39	Long Eaton Running Club	00:54:28								
77	Ian Sayers	M45	21/63	Beeston AC	00:47:33	177	Josh Watts	MS	39/50	[Unattached] (418)	00:54:31								
78	Jake Cassidy	MS	15/50	[Unattached] (62)	00:47:39	178	Ken Morrell	M65	6/18	Beeston AC	00:54:32								
79	Mark Weston	M45	22/63	Bestwood Backwards	00:47:39	179	Rachael Roberts	F35	10/33	[Unattached] (317)	00:54:34								
80	Reece Newman	M45	23/63	Long Eaton Running Club	00:47:40	180	Oliver Sutcliffe	MS	40/50	[Unattached] (377)	00:54:35								
81	Joe McElhinney	M55	14/52	Redhill Road Runners	00:47:41	181	Prakash Kachhala	M35	35/55	[Unattached] (203)	00:54:39								
82	Josh Hollingsworth	MS	16/50	[Unattached] (170)	00:47:42	182	Monica Henderson	F35	11/33	[Unattached] (158)	00:54:47								
83	Alec MacLean	M55	15/52	Beeston AC	00:47:43	183	Stuart Wells	M55	31/52	Team Anstey Amblers & Run	00:54:56								
84	Ian Stevens	M55	16/52	Beeston AC	00:47:44	184	Karen Round	F45	8/39	Nottingham Triathlon Club	00:54:57								
85	Nicola Blatherwick	F35	3/33	Southwell Running Club															

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201	Iain Lane	M35	38/55	[Unattached]	(216)	00:55:54	298	Michael Chernucha	M35	50/55	[Unattached]	(67)	01:03:34										
202	Gemma Symis	F45	10/39	[Unattached]	(380)	00:55:58	299	Pete Burke	M45	57/63	Hucknall Harriers		01:03:34										
203	Soo Bin Choi	M35	39/55	Alpha Runners		00:56:02	300	Suzanne Newmarch	F35	22/33	Redhill Road Runners		01:03:41										
204	Matt Reynolds	MS	43/50	[Unattached]	(311)	00:56:08	301	Georgia Dibley	FS	25/52	[Unattached]	(98)	01:03:43										
205	Lewis Madeley	MS	44/50	[Unattached]	(235)	00:56:08	302	Francesca Dibley	FS	26/52	[Unattached]	(97)	01:03:43										
206	Simon Ward	M35	40/55	[Unattached]	(414)	00:56:12	303	Stephen Braban	M35	51/55	Lonely Goat RC		01:03:45										
207	Angela Copeland	F55	4/22	Rebel Runners		00:56:15	304	Frances Wilson	FS	27/52	Notfast Running Club		01:03:54										
208	Wendy Lauberts	F65	2/7	Long Eaton Running Club		00:56:27	305	Sean Morgan	M55	47/52	[Unattached]	(258)	01:04:10										
209	Andrew Rule	M35	41/55	Fordy Runs Running Club		00:56:29	306	Tiri Makwarimba	M45	58/63	[Unattached]	(236)	01:04:13										
210	Paul Millar	M35	42/55	[Unattached]	(254)	00:56:31	307	Hugh Lundberg	M65	11/18	[Unattached]	(230)	01:04:21										
211	Rupert Hoy	M55	33/52	Lady Bay Running Club		00:56:55	308	Janet Hudson	F55	14/22	RunLocal		01:04:25										
212	Steven Statham	M55	34/52	Redhill Road Runners		00:56:56	309	Vicky Boyce	F45	27/39	Beeston AC		01:04:27										
213	Sarah Mugford	FS	16/52	Rebel Runners		00:56:58	310	Rebecca Roys	F35	23/33	[Unattached]	(332)	01:04:34										
214	Amy Tomkins	FS	17/52	Long Eaton Running Club		00:57:04	311	Justin Loh	MS	50/50	[Unattached]	(227)	01:04:43										
215	Emma Sinclair	F35	13/33	[Unattached]	(352)	00:57:06	312	Trina Lam	FS	28/52	[Unattached]	(214)	01:04:46										
216	Stephen Wood	M45	43/63	[Unattached]	(443)	00:57:16	313	Anthony Beecroft	M65	12/18	Ruddington Running Club		01:04:48										
217	Micky Whittle	FS	18/52	Ruddington Running Club		00:57:16	314	Kate Deane-Wright	F35	24/33	[Unattached]	(95)	01:05:00										
218	Ben Swann	M55	35/52	[Unattached]	(378)	00:57:19	315	Emma Booth	FS	29/52	[Unattached]	(37)	01:05:05										
219	Chris Wingate	M45	44/63	Long Eaton Running Club		00:57:20	316	Kara Fletcher	FS	30/52	[Unattached]	(126)	01:05:05										
220	Louise West	F45	11/39	Beeston AC		00:57:21	317	Lee Maddock	M45	59/63	Formula One CC		01:05:06										
221	Suzanne Ian	F45	12/39	[Unattached]	(190)	00:57:23	318	Colin Sowers	M45	60/63	Mansfield Harriers		01:05:15										
222	Martin Smith	M45	45/63	[Unattached]	(360)	00:57:24	319	Kathryn Cross	FS	31/52	[Unattached]	(87)	01:05:18										
223	Nick Tennant	M65	8/18	Kimberley & Dist Striders		00:57:26	320	Rachel Cartwright	FS	32/52	[Unattached]	(61)	01:05:18										
224	Kelly Brady	F35	14/33	[Unattached]	(43)	00:57:28	321	Simon Cottoington	M35	52/55	[Unattached]	(82)	01:05:28										
225	Beth Lundberg	FS	19/52	[Unattached]	(229)	00:57:32	322	Ray Draycott	M65	13/18	Shepshed Running Club		01:05:36										
226	Stuart Rhodes	M35	43/55	[Unattached]	(312)	00:57:35	323	Cheryl Easom	F45	28/39	[Unattached]	(111)	01:05:38										
227	Sallyann Chambers	F55	5/22	Hucknall Harriers		00:57:39	324	Victoria Hobbs	F35	25/33	[Unattached]	(169)	01:05:45										
228	Joe Birch	M35	44/55	[Unattached]	(27)	00:57:41	325	Neal Matthews	M55	48/52	[Unattached]	(242)	01:05:53										
229	Steph Hart	F45	13/39	Long Eaton Running Club		00:57:42	326	Siew Chee Wong	F35	26/33	[Unattached]	(442)	01:06:02										
230	Laura King	F35	15/33	Notfast Running Club		00:57:44	327	Leah Wignell	F45	29/39	[Unattached]	(430)	01:06:16										
231	Christian Thorne	M45	46/63	Nottingham Triathlon Club		00:57:51	328	Melody Lee	FS	33/52	Alpha Runners		01:06:17										
232	Ian Barnsdall	M45	47/63	[Unattached]	(18)	00:57:51	329	Anna Willcox	FS	34/52	[Unattached]	(433)	01:06:17										
233	Martin Jessop	M45	48/63	Holme Pierrepont RC		00:57:54	330	Jen Beverley	F35	27/33	[Unattached]	(25)	01:06:19										
234	Rita Fisher	F65	3/7	Heanor Running Club		00:57:55	331	Ashley Smith	M35	53/55	[Unattached]	(358)	01:06:26										
235	Steven Merkelt	M45	49/63	[Unattached]	(250)	00:58:06	332	Daphne Sykes	F55	15/22	[Unattached]	(379)	01:06:29										
236	Jon Buckthorpe	M45	50/63	UpsRunning Social RunClub		00:58:10	333	Chris Hill	M45	61/63	Holme Pierrepont RC		01:06:31										
237	Annette Frost	F45	14/39	[Unattached]	(130)	00:58:19	334	Charlotte Arkle	FS	35/52	[Unattached]	(8)	01:06:31										
238	Nastassja Simensky	F35	16/33	[Unattached]	(346)	00:58:20	335	Martin Stanton	M55	49/52	[Unattached]	(365)	01:06:32										
239	Stuart Hunter	M65	9/18	Shepshed Running Club		00:58:21	336	Nigel Woodward	M65	14/18	[Unattached]	(445)	01:06:33										
240	Rachel Hustwayte	F45	15/39	[Unattached]	(187)	00:58:26	337	James Wilkins	M45	62/63	Rebel Runners		01:06:33										
241	Dean Haywood	M45	51/63	[Unattached]	(157)	00:58:32	338	Pat McGovern	M65	15/18	Redhill Road Runners		01:06:37										
242	Sarah Sinclair	F45	16/39	Hucknall Harriers		00:58:36	339	Amanda Hamilton	FS	36/52	[Unattached]	(147)	01:06:47										
243	Lisia Smith-Adams	F35	17/33	[Unattached]	(362)	00:58:39	340	Charlotte Hajduk	FS	37/52	[Unattached]	(146)	01:06:47										
244	Judah Blick	MS	45/50	[Unattached]	(32)	00:58:45	341	Mary Reader	FS	38/52	[Unattached]	(308)	01:07:10										
245	Mark Rowilson	M55	36/52	Beeston AC		00:58:47	342	Liz Kemp	F65	4/7	[Unattached]	(206)	01:07:15										
246	Emiliana Doherty	F35	18/33	Holme Pierrepont RC		00:58:50	343	Rita Mihalcut	FS	39/52	[Unattached]	(252)	01:07:42										
247	Simon Duxon	M55	37/52	Team Derby Runner		00:58:51	344	Karen Slade	F45	30/39	Bestwood Backwards		01:07:45										
248	Peter Davies	M45	52/63	[Unattached]	(90)	00:59:04	345	Ellie Boyce	FS	40/52	[Unattached]	(39)	01:07:52										
249	Stuart Bell	M55	38/52	Redhill Road Runners		00:59:04	346	Paul Moon	M55	50/52	[Unattached]	(257)	01:08:06										
250	Dominic Armsby	M45	53/63	Nottingham Fronrunners		00:59:07	347	Clare Gregory	F45	31/39	Team Derby Runner		01:08:15										
251	Angela Bailey	F55	6/22	Bridlington Road Runners		00:59:11	348	Denise Shelton	F35	28/33	[Unattached]	(342)	01:08:25										
252	Mike Stacey	M35	45/55	[Unattached]	(363)	00:59:22	349	Yvette Dean	F55	16/22	Kimberley & Dist Striders		01:08:50										
253	Tracy Murray	F55	7/22	Redhill Road Runners		00:59:25	350	Amanda Pashley	F55	17/22	[Unattached]	(288)	01:09:08										
254	Freddie Tennant	MS	46/50	[Unattached]	(389)	00:59:27	351	Jason Pashley	M45	63/63	[Unattached]	(289)	01:09:08										
255	Carl Howe	MS	47/50	[Unattached]	(177)	00:59:29	352	David Hughes	M65	16/18	[Unattached]	(181)	01:09:31										
256	Andrew Silver	M55	39/52	[Unattached]	(345)	00:59:35	353	Alan Marsh	M65	17/18	Lonely Goat RC		01:09:40										
257	Jackie Welburn	F45	17/39	Beeston AC		00:59:36	354	Emma Bott	FS	41/52	[Unattached]	(38)	01:09:51										
258	Dean Smith	M45	54/63	Rolls Royce Harriers		00:59:39	355	Michael Rayner	M35	54/55	[Unattached]	(306)	01:09:52										
259	Isaac Kirk	MS	48/50	[Unattached]	(211)	00:59:44	356	Sally Allsopp	F45	32/39	[Unattached]	(5)	01:10:12										
260	Nicola J. McLelland	F55	8/22	[Unattached]	(247)	00:59:48	357	Felicity Johnson	FS	42/52	[Unattached]	(194)	01:10:19										
261	Sarah Prior	F45	18/39	Beeston AC		00:59:51	358	Ellie Brown	FS	43/52	[Unattached]	(51)	01:10:28										
262	Lorraine Hutton	F55	9/22	[Unattached]	(189)	00:59:52	359	Fiona Brown	F45	33/39	[Unattached]	(52)	01:10:30										
263	Angela Brown	F45	19/39	Notts AC		00:59:54	360	Laura Mynett	F45	34/39	[Unattached]	(266)	01:10:34										
264	Rosie McGovern	F35	19/33	[Unattached]	(246)	00:59:56	361	Paula Goodband	F45	35/39	[Unattached]	(139)	01:10:35										
265	Claire Bailey-Coombs	F55	10/22	Holme Pierrepont RC		01:00:02	362	Jessica Dobson	F35	29/33	[Unattached]	(103)	01:10:48										
266	Richard Doar	M35	46/55	[Unattached]	(101)	01:00:02	363	Grace Taylor	F35	30/33	[Unattached]	(387)	01:10:49										
267	Graham Simkins	M45	55/63	[Unattached]	(348)	01:00:08	364	Grace Blick	FS	44/52	[Unattached]	(31)	01:10:49										
268	Nigel Saunders	M55	40/52	Notfast Running Club		01:00:11	365	Helen Hunter	F55	18/22	[Unattached]	(183)	01:11:33										
269	Claire Sayers	F45	20/39	Bramcote Belles		01:00:18	366	Sophie Battison	FS	45/52	[Unattached]	(19)	01:13:08										
270	Emma Lumley	FS	20/52	[Unattached]	(228)	01:00:28	367	Ria McGovern	FS	46/52	[Unattached]	(244)	01:13:09										
271	You Wu	M35	47/55	[Unattached]	(447)	01:00:36	368	Vicky Hubbard	F45	36/39	[Unattached]	(179)	01:14:07										
272	Mollie Newth	FS	21/52	[Unattached]	(274)	01:00:38	369	Juli Hicks	F65	5/7	Bramcote Belles		01:1										