

East Lancs Hospice 10k, Gt. Harwood

East Lancs Hospice 10k, Gt. Harwood 19th January 2025

RESULTS

Program: UKresults.net & UKtimers.net

Pos	Name	Cat	Cat/Pos	Club/Team	Time	Pos	Name	Cat	Cat/Pos	Club/Team	Time
1	Bradley Walsh	MS	1/68	Clayton-le-Moors Harriers	00:33:19	81	Ivy Pilkington	FS	11/50	Rossendale Harriers	00:48:48
2	Ethan Dunn	MS	2/68	Liverpool Harriers	00:33:58	82	Oliver Jackson	MS	38/68	[Unattached] (199)	00:49:04
3	Calum J. Holmes	MS	3/68	Clayton-le-Moors Harriers	00:34:17	83	Colin McArroles	M50	5/17	Liverpool Running Bugs	00:49:12
4	Stephen Hall	M50	1/17	Blackburn Harriers	00:35:15	84	Ben Smithers	MS	39/68	Red Rose Road Runners	00:49:13
5	Shaun Livesey	M60	1/20	[Unattached] (381)	00:35:45	85	Philip Procter	M55	6/16	Running4CF	00:49:16
6	James Bretherton	M45	1/13	Blackburn Harriers	00:36:03	86	Jamie Scott	MS	40/68	Run Club Ribble Valley	00:49:29
7	Martin Connolly	MS	4/68	Clayton-le-Moors Harriers	00:36:36	87	Jennifer Rutherford	FS	12/50	Ribble Valley Runners	00:49:34
8	Adam Holda	M40	1/11	Trawden AC	00:36:57	88	Edward Walker	MS	41/68	[Unattached] (339)	00:49:54
9	Glen Goodwin	M60	2/20	Accrington Road Runners	00:36:58	89	Paul Clark	M45	10/13	[Unattached] (105)	00:49:59
10	Anthony McLoughlin	MS	5/68	[Unattached] (231)	00:37:02	90	Steven Melling	M65	2/8	Rossendale Harriers	00:50:02
11	Frazer Durris	M45	2/13	Trawden AC	00:37:05	91	Tom Bullock	MS	42/68	Clayton-le-Moors Harriers	00:50:02
12	Joshua Turner	MS	6/68	Darwen Dashers RC	00:37:56	92	Leah French	FS	13/50	[Unattached] (142)	00:50:03
13	Brian Shaw	M55	1/16	Darwen Dashers RC	00:38:39	93	Wesley Naughton	MS	43/68	Clayton-le-Moors Harriers	00:50:08
14	Daniel Paton	M45	3/13	Lonely Goat Running Club	00:38:43	94	Michael Brooks	M55	7/16	Accrington Road Runners	00:50:15
15	Jonathan Ratcliffe	M55	2/16	Herne Hill Harriers	00:39:08	95	Lacey French	FS	14/50	[Unattached] (141)	00:50:19
16	Martin Oldfield	M55	3/16	Darwen Dashers RC	00:39:17	96	Nicholas Wood	M50	6/17	Ribble Valley Runners	00:50:37
17	Macaulay Cooper	MS	7/68	[Unattached] (114)	00:39:33	97	Christian Hill	MS	44/68	Accrington Road Runners	00:50:43
18	Ed Hunt	M50	2/17	Bury AC	00:40:09	98	Andrew Robinson	M50	7/17	Accrington Road Runners	00:51:02
19	Jonathan Holt	MS	8/68	Vegan Runners UK	00:40:19	99	Vanessa McCourt	F45	1/14	Accrington Road Runners	00:51:22
20	Alex Hanna	MS	9/68	Clayton-le-Moors Harriers	00:40:24	100	Liam Moden	M55	8/16	Accrington Road Runners	00:51:26
21	Joseph Cotton	MS	10/68	Darwen Dashers RC	00:40:42	101	James Farrar	MS	45/68	[Unattached] (134)	00:51:39
22	Eleesha Charnley	FS	1/50	Blackburn Harriers	00:40:43	102	Sid Makinson	M50	8/17	Blackburn Road Runners	00:51:50
23	Justin Barritt	M45	4/13	Sale Harriers Manchester	00:40:44	103	Chris Holland	M40	8/11	Red Rose Road Runners	00:52:06
24	Richard Marsden	M40	2/11	Darwen Dashers RC	00:40:48	104	Nicholas Preston	M60	7/20	Trawden AC	00:52:13
25	David Holt	MS	11/68	Astley & Tyldesley RC	00:40:51	105	Paul Menzies	M65	3/8	[Unattached] (236)	00:52:17
26	Paul Halsall	M40	3/11	[Unattached] (151)	00:41:10	106	Jacqueline Shaw	F55	1/17	Darwen Dashers RC	00:52:20
27	David Hurn	MS	12/68	[Unattached] (192)	00:41:33	107	Michelle Smalley	FS	15/50	[Unattached] (304)	00:52:27
28	Nick Hayes	M50	3/17	Lonely Goat Running Club	00:41:40	108	Maureen Kelly	F60	1/10	Trawden AC	00:52:30
29	Thomas Keenan	MS	13/68	[Unattached] (202)	00:41:53	109	Lewis Wissell	MS	46/68	[Unattached] (334)	00:52:34
30	Andrew Pendergast	M45	5/13	[Unattached] (367)	00:42:02	110	Steve Taylor	M50	9/17	Red Rose Road Runners	00:52:45
31	James Oldham	MS	14/68	[Unattached] (252)	00:42:12	111	Sarah Hindle	FS	16/50	[Unattached] (174)	00:52:57
32	Daniel Ashton	MS	15/68	Change Gym	00:42:35	112	Katie Oldfield	FS	17/50	Lancaster University AC	00:53:13
33	Andrew Walls	MS	16/68	Dockside Runners	00:42:41	113	Helen Knowles	F50	1/16	Accrington Road Runners	00:53:17
34	Danny Campbell	MS	17/68	Johnsons Tri Coaching	00:42:56	114	Kevin Betts	M50	10/17	Trawden AC	00:53:19
35	Andy Smith	M55	4/16	Darwen Dashers RC	00:43:00	115	Danny Carr	MS	47/68	[Unattached] (101)	00:53:22
36	Simon Shaw	M60	3/20	Red Rose Road Runners	00:43:05	116	James Forrest	MS	48/68	[Unattached] (374)	00:53:23
37	Kasom Shah	MS	18/68	[Unattached] (293)	00:43:24	117	Matthew Aspden	MS	49/68	[Unattached] (60)	00:53:38
38	Matthew Wilkinson	MS	19/68	Accrington Road Runners	00:43:33	118	Andrew Figiel	M60	8/20	Accrington Road Runners	00:54:05
39	David Seddon	MS	20/68	Darwen Dashers RC	00:43:39	119	Sajjad Shah	M60	9/20	[Unattached] (294)	00:54:07
40	Ryan Thornborough	M40	4/11	[Unattached] (331)	00:43:44	120	Gillian Woon	F45	2/14	Vegan Runners UK	00:54:14
41	Lewis Blackledge	MS	21/68	[Unattached] (79)	00:43:52	121	Paula Stell	F50	2/16	Red Rose Road Runners	00:54:17
42	Simon Major	MS	22/68	Red Rose Road Runners	00:43:58	122	Simon Stafford	M55	9/16	[Unattached] (313)	00:54:25
43	Megan Hyland	FS	2/50	[Unattached] (193)	00:44:02	123	Rebecca McDowell	F40	2/18	Build & Burn	00:54:29
44	Daniel Shutt	MS	23/68	[Unattached] (372)	00:44:07	124	Kathryn Haycock	FS	18/50	[Unattached] (163)	00:54:32
45	Samantha Edwards	FS	3/50	Red Rose Road Runners	00:44:15	125	Andrew Wisdom	M60	10/20	Blackburn Road Runners	00:54:35
46	Leon Passco	MS	24/68	Accrington Road Runners	00:44:19	126	Lisa Ingham	F55	2/17	Blackburn Road Runners	00:54:36
47	Mark Baker	M50	4/17	[Unattached] (64)	00:44:36	127	Adam Barnes	MS	50/68	[Unattached] (67)	00:54:38
48	David Savage	M40	5/11	Accrington Road Runners	00:44:50	128	Ian Ireland	M55	10/16	[Unattached] (196)	00:54:45
49	Ryan Conville	MS	25/68	[Unattached] (340)	00:45:03	129	Xuejun Shirley Yuan	F50	3/16	Accrington Road Runners	00:54:47
50	James Sutton	MS	26/68	Blackburn Road Runners	00:45:06	130	Jennifer Bond	F40	3/18	[Unattached] (81)	00:54:50
51	Emma Kerwin	FS	4/50	Todmorden Harriers	00:45:13	131	Clare Higson	FS	19/50	[Unattached] (172)	00:54:59
52	Claire Vincent	FS	5/50	Clayton-le-Moors Harriers	00:45:35	132	Lydia Gaskell	FS	20/50	[Unattached] (143)	00:55:15
53	James Rounding	MS	27/68	[Unattached] (281)	00:45:46	133	Nathan Gibson	MS	51/68	[Unattached] (144)	00:55:16
54	Dominic Clayton	M45	6/13	Ribble Valley Runners	00:46:02	134	Alison Parkinson	F55	3/17	Red Rose Road Runners	00:55:34
55	Gareth Taylor	MS	28/68	Darwen Dashers RC	00:46:05	135	Paul Adams	M50	11/17	[Unattached] (51)	00:55:56
56	Sebastian Newton	MS	29/68	[Unattached] (248)	00:46:06	136	Gail Wood	F55	4/17	Ribble Valley Runners	00:56:03
57	Christopher Burns	MS	30/68	CBPT	00:46:07	137	Andrew Tinston	M45	11/13	Casked Runners	00:56:16
58	Lee Passco	M45	7/13	Accrington Road Runners	00:46:08	138	Emma Howard	F40	4/18	Lonely Goat Running Club	00:56:24
59	Christopher Bridge	MS	31/68	Red Rose Road Runners	00:46:24	139	Gemma Thompson	FS	21/50	[Unattached] (329)	00:56:44
60	Harry Clarke	MS	32/68	[Unattached] (106)	00:46:25	140	Mark Hartley	M50	12/17	Lonely Goat Running Club	00:56:46
61	Ashley Seed	MS	33/68	[Unattached] (292)	00:46:27	141	Catherine Britcliffe	F50	4/16	Ribble Valley Runners	00:56:47
62	Sarah Parkinson	FS	6/50	Red Rose Road Runners	00:46:27	142	Dawn Godley	F60	2/10	Ramsbottom Running Club	00:56:48
63	Lee Walsh	MS	34/68	[Unattached] (344)	00:46:44	143	Sarah Jane Ashworth	FS	22/50	[Unattached] (59)	00:56:48
64	Mark O'Shea	MS	35/68	[Unattached] (255)	00:46:51	144	Jenna Fox	FS	23/50	Darwen Dashers RC	00:56:50
65	Miras Eskander	M45	8/13	Chorlton Runners	00:47:02	145	Dave Heaton	M60	11/20	Ribble Valley Runners	00:56:51
66	Elizabeth Watton	FS	7/50	Blackburn Road Runners	00:47:08	146	Vicky Bamber	F40	5/18	[Unattached] (66)	00:56:55
67	Helen O'Rourke	F40	1/18	[Unattached] (253)	00:47:25	147	Neil Sutton	M60	12/20	Ribble Valley Runners	00:56:55
68	Ethan Walsh	MS	36/68	[Unattached] (343)	00:47:26	148	Cheryl Schofield	F50	5/16	Lonely Goat Running Club	00:57:01
69	Alex Birtwistle	MS	37/68	Accrington Road Runners	00:47:27	149	Paula Plowman	F60	3/10	Red Rose Road Runners	00:57:04
70	Gary Smith	M40	6/11	[Unattached] (308)	00:47:31	150	Tracy Slater	F40	6/18	[Unattached] (303)	00:57:10
71	James Haworth	M60	4/20	Ribble Valley Runners	00:47:34	151	Jane Barnes	F45	3/14	Ramsbottom Running Club	00:57:11
72	Charlotte Ashworth	FS	8/50	Run Club Ribble Valley	00:47:39	152	Julie Thornley	F55	5/17	Red Rose Road Runners	00:57:16
73	David Howard	M65	1/8	Trawden AC	00:47:46	153	Zoe Cain	FS	24/50	Red Rose Road Runners	00:57:30
74	Philip Butler	M60	5/20	Red Rose Road Runners	00:47:53	154	Freddy Bateman	MS	52/68	[Unattached] (73)	00:57:52
75	Craig Cheatham	M40	7/11	[Unattached] (104)	00:47:59	155	Jack Wilkinson	MS	53/68	[Unattached] (355)	00:57:56
76	Anjalie Singh	FS	9/50	Run Club Ribble Valley	00:48:02	156	Nichola Hammond	F40	7/18	[Unattached] (153)	00:58:16
77	David Stephenson	M45	9/13	[Unattached] (316)	00:48:05	157	Harry Wilkinson	MS	54/68	[Unattached] (354)	00:58:20
78	Natasha Charnley	FS	10/50	[Unattached] (103)	00:48:39	158	Rebecca Brelsford	F40	8/18	[Unattached] (84)	00:58:22
79	Stephen Liddle	M55	5/16	[Unattached] (214)	00:48:42	159	Philip Seddon	M65	4/8	Darwen Dashers RC	00:58:26
80	Simon Cox	M60	6/20	[Unattached] (119)	00:48:46	160	Ella Makinson	FS	25/50	[Unattached] (220)	00:58:52

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Pos	Name	Cat	Cat/Pos	Club/Team	Time	Pos	Name	Cat	Cat/Pos	Club/Team	Time	Pos	Name	Cat	Cat/Pos	Club/Team	Time		
161	Preslav Draganov	MS	55/68	[Unattached] (127)	00:58:53	224	Anita McGoay	F50	9/16	Blackburn Road Runners	01:05:46	224	Anita McGoay	F50	9/16	Blackburn Road Runners	01:05:46		
162	Ian Kerfoot	M55	11/16	[Unattached] (204)	00:59:07	225	Emma Haworth	FS	37/50	CBPT	01:05:47	225	Emma Haworth	FS	37/50	CBPT	01:05:47		
163	Elizabeth Allison	F60	4/10	Trawden AC	00:59:21	226	Cheryl Braysford	F40	16/18	Blackburn Road Runners	01:05:48	226	Cheryl Braysford	F40	16/18	Blackburn Road Runners	01:05:48		
164	Julie Smith	F45	4/14	Darwen Dashers RC	00:59:25	227	Eleanor Brown	FS	38/50	Blackburn Road Runners	01:05:50	227	Eleanor Brown	FS	38/50	Blackburn Road Runners	01:05:50		
165	Helen Dickson	F55	6/17	Accrington Road Runners	01:00:20	228	Wendy Foster	F50	10/16	Running4CF	01:06:03	228	Wendy Foster	F50	10/16	Running4CF	01:06:03		
166	Adrian Curran	M55	12/16	Ossy Joggers	01:00:39	229	Steven Barnes	M50	15/17	[Unattached] (70)	01:06:11	229	Steven Barnes	M50	15/17	[Unattached] (70)	01:06:11		
167	Stephen McTigue	M60	13/20	Blackburn Road Runners	01:00:40	230	Lisa Sanderson	F40	17/18	[Unattached] (285)	01:06:52	230	Lisa Sanderson	F40	17/18	[Unattached] (285)	01:06:52		
168	Maxine Betts	F55	7/17	Trawden AC	01:00:49	231	David Morris	M60	18/20	Blackburn Road Runners	01:06:55	231	David Morris	M60	18/20	Blackburn Road Runners	01:06:55		
169	Richard Shilton	M45	12/13	[Unattached] (298)	01:00:50	232	Linda Coffey	F70	2/3	Darwen Dashers RC	01:07:05	232	Linda Coffey	F70	2/3	Darwen Dashers RC	01:07:05		
170	Jonathan Atkinson	MS	56/68	[Unattached] (62)	01:00:54	233	Rebecca Simms	F55	14/17	Darwen Dashers RC	01:07:09	233	Rebecca Simms	F55	14/17	Darwen Dashers RC	01:07:09		
171	Tash Power	FS	26/50	[Unattached] (267)	01:01:03	234	Adrian Melton	M75	2/4	Accrington Road Runners	01:07:26	234	Adrian Melton	M75	2/4	Accrington Road Runners	01:07:26		
172	Darrel Thomas	MS	57/68	[Unattached] (328)	01:01:11	235	Michael Saunders	MS	65/68	[Unattached] (286)	01:07:31	235	Michael Saunders	MS	65/68	[Unattached] (286)	01:07:31		
173	Jane Robinson	F55	8/17	[Unattached] (280)	01:01:23	236	Darcy Holmes	FS	39/50	[Unattached] (179)	01:07:33	236	Darcy Holmes	FS	39/50	[Unattached] (179)	01:07:33		
174	Wayne Ellison	M50	13/17	Trawden AC	01:01:26	237	Kathryn Taylor-Bates	FS	40/50	[Unattached] (327)	01:07:44	237	Kathryn Taylor-Bates	FS	40/50	[Unattached] (327)	01:07:44		
175	Karen Quartermain	F50	6/16	Rossendale Tri Club	01:01:27	238	Julie Williamson	F55	15/17	Horwich RMI Harriers	01:08:08	238	Julie Williamson	F55	15/17	Horwich RMI Harriers	01:08:08		
176	David Quartermain	M60	14/20	[Unattached] (270)	01:01:29	239	Rhian Watson	F45	9/14	[Unattached] (346)	01:08:11	239	Rhian Watson	F45	9/14	[Unattached] (346)	01:08:11		
177	Bethany Flanagan	FS	27/50	[Unattached] (138)	01:01:37	240	Shaz Malik	M55	15/16	Ossy Joggers	01:08:15	240	Shaz Malik	M55	15/16	Ossy Joggers	01:08:15		
178	Kate Bird	F55	9/17	[Unattached] (77)	01:01:38	241	Ian Thomson	M60	19/20	Darwen Dashers RC	01:08:37	241	Ian Thomson	M60	19/20	Darwen Dashers RC	01:08:37		
179	Adam Hawra	MS	58/68	Run Club Ribble Valley	01:01:39	242	Sheila Aspinall	F55	16/17	[Unattached] (61)	01:08:50	242	Sheila Aspinall	F55	16/17	[Unattached] (61)	01:08:50		
180	Amy Robinson	F40	9/18	[Unattached] (278)	01:01:40	243	Heather Mitchell	F70	3/3	Dewsbury Road Runners	01:09:04	243	Heather Mitchell	F70	3/3	Dewsbury Road Runners	01:09:04		
181	Ronan Connolly	MS	59/68	RCRV	01:01:40	244	Sharon Wozencroft	F55	17/17	[Unattached] (364)	01:09:04	244	Sharon Wozencroft	F55	17/17	[Unattached] (364)	01:09:04		
182	Sam Watson	F40	10/18	[Unattached] (347)	01:01:46	245	Jo Morrison	F50	11/16	Ossy Joggers	01:09:21	245	Jo Morrison	F50	11/16	Ossy Joggers	01:09:21		
183	Ben Isherwood	MS	60/68	[Unattached] (383)	01:01:47	246	Josephine Liddle	F45	10/14	[Unattached] (213)	01:09:26	246	Josephine Liddle	F45	10/14	[Unattached] (213)	01:09:26		
184	Tracy Wild	F40	11/18	[Unattached] (352)	01:01:52	247	Joydip Majumder	M50	16/17	Red Rose Road Runners	01:09:55	247	Joydip Majumder	M50	16/17	Red Rose Road Runners	01:09:55		
185	Kimberly Maguire	F40	12/18	[Unattached] (217)	01:02:01	248	Hugh Parker	M65	6/8	Ramsbottom Running Club	01:09:55	248	Hugh Parker	M65	6/8	Ramsbottom Running Club	01:09:55		
186	Louise Kite	F40	13/18	Ribble Valley Runners	01:02:03	249	Jade Burnett-Cherry	FS	41/50	[Unattached] (93)	01:10:00	249	Jade Burnett-Cherry	FS	41/50	[Unattached] (93)	01:10:00		
187	Clive Burnett	M50	14/17	[Unattached] (92)	01:02:07	250	Rebecca Wells	FS	42/50	Red Rose Road Runners	01:10:00	250	Rebecca Wells	FS	42/50	Red Rose Road Runners	01:10:00		
188	Charlotte Davey	FS	28/50	[Unattached] (122)	01:02:13	251	Anthony Pope	M65	7/8	Red Rose Road Runners	01:10:09	251	Anthony Pope	M65	7/8	Red Rose Road Runners	01:10:09		
189	Heather Turner	FS	29/50	Darwen Dashers RC	01:02:22	252	Lyndsay Baxter	FS	43/50	[Unattached] (74)	01:10:31	252	Lyndsay Baxter	FS	43/50	[Unattached] (74)	01:10:31		
190	Keith Burrows	M60	15/20	Red Rose Road Runners	01:02:27	253	Cathy Lord	F40	18/18	[Unattached] (216)	01:10:51	253	Cathy Lord	F40	18/18	[Unattached] (216)	01:10:51		
191	John Clucas	M60	16/20	Blackburn Road Runners	01:02:31	254	Jacqueline Ray	F60	7/10	Darwen Dashers RC	01:10:59	254	Jacqueline Ray	F60	7/10	Darwen Dashers RC	01:10:59		
192	Sarah Marsden	F45	5/14	Darwen Dashers RC	01:02:38	255	Samantha Doughty	FS	44/50	Run Club Ribble Valley	01:11:02	255	Samantha Doughty	FS	44/50	Run Club Ribble Valley	01:11:02		
193	Shaunagh McGarvey	FS	30/50	[Unattached] (229)	01:02:45	256	Lydia Clifton	FS	45/50	[Unattached] (108)	01:11:02	256	Lydia Clifton	FS	45/50	[Unattached] (108)	01:11:02		
194	Laura Singleton	F40	14/18	[Unattached] (301)	01:02:55	257	Alexandra Mellor	FS	46/50	[Unattached] (234)	01:11:02	257	Alexandra Mellor	FS	46/50	[Unattached] (234)	01:11:02		
195	Alan Wilkinson	M75	1/4	Trawden AC	01:03:04	258	Graeme Huddy	M40	9/11	[Unattached] (188)	01:11:05	258	Graeme Huddy	M40	9/11	[Unattached] (188)	01:11:05		
196	Abi Tomlinson	FS	31/50	[Unattached] (333)	01:03:11	259	Amanda Sanderson	F45	11/14	[Unattached] (284)	01:11:27	259	Amanda Sanderson	F45	11/14	[Unattached] (284)	01:11:27		
197	Chris Bamber	M45	13/13	[Unattached] (65)	01:03:13	260	Tom Whitaker	MS	66/68	[Unattached] (350)	01:11:40	260	Tom Whitaker	MS	66/68	[Unattached] (350)	01:11:40		
198	Andrew Wozencroft	M55	13/16	[Unattached] (363)	01:03:14	261	Jessica Palmer	FS	47/50	[Unattached] (256)	01:11:43	261	Jessica Palmer	FS	47/50	[Unattached] (256)	01:11:43		
199	Sarah Strutz	F45	6/14	Accrington Road Runners	01:03:20	262	Jill Hartley	F50	12/16	Lonely Goat Running Club	01:12:20	262	Jill Hartley	F50	12/16	Lonely Goat Running Club	01:12:20		
200	Laura Myers	F40	15/18	[Unattached] (245)	01:03:22	263	Lindsay Whittam	F60	8/10	[Unattached] (351)	01:13:19	263	Lindsay Whittam	F60	8/10	[Unattached] (351)	01:13:19		
201	Mari Afshari	F55	10/17	[Unattached] (53)	01:03:25	264	Barrie Tabern	M50	17/17	Ribble Valley Runners	01:14:00	264	Barrie Tabern	M50	17/17	Ribble Valley Runners	01:14:00		
202	Suzanne Murray	F45	7/14	[Unattached] (244)	01:03:31	265	Carole Bailey	F50	13/16	Ribble Valley Runners	01:14:03	265	Carole Bailey	F50	13/16	Ribble Valley Runners	01:14:03		
203	Alison Mercer	F60	5/10	Red Rose Road Runners	01:03:34	266	Sharon Wilson	F45	12/14	Ribble Valley Runners	01:14:12	266	Sharon Wilson	F45	12/14	Ribble Valley Runners	01:14:12		
204	Alison Curran	F55	11/17	Ossy Joggers	01:03:34	267	Viki Walsh	F45	13/14	Darwen Dashers RC	01:14:50	267	Viki Walsh	F45	13/14	Darwen Dashers RC	01:14:50		
205	Lee Taylor	M55	14/16	[Unattached] (323)	01:03:49	268	Rick Hesketh	M40	10/11	[Unattached] (169)	01:15:46	268	Rick Hesketh	M40	10/11	[Unattached] (169)	01:15:46		
206	Sue Passmore	F70	1/3	Trawden AC	01:03:54	269	Mas Afshari	M65	8/8	[Unattached] (54)	01:15:46	269	Mas Afshari	M65	8/8	[Unattached] (54)	01:15:46		
207	Sheila Helm	F55	12/17	[Unattached] (168)	01:04:02	270	Kasra Afshari	MS	67/68	[Unattached] (52)	01:15:47	270	Kasra Afshari	MS	67/68	[Unattached] (52)	01:15:47		
208	Andrew Duffy	M60	17/20	Pendleside	01:04:02	271	Zanib Malik	F50	14/16	Ossy Joggers	01:16:24	271	Zanib Malik	F50	14/16	Ossy Joggers	01:16:24		
209	Colin Smith	M65	5/8	Trawden AC	01:04:15	272	Lorna Gowerson	F60	9/10	Trawden AC	01:16:28	272	Lorna Gowerson	F60	9/10	Trawden AC	01:16:28		
210	Megan Leach	FS	32/50	[Unattached] (212)	01:04:22	273	Tracey Kinley	F50	15/16	Darwen Dashers RC	01:16:47	273	Tracey Kinley	F50	15/16	Darwen Dashers RC	01:16:47		
211	Jack Hudson	MS	61/68	[Unattached] (189)	01:04:22	274	Andrew Heys	M40	11/11	[Unattached] (170)	01:16:49	274	Andrew Heys	M40	11/11	[Unattached] (170)	01:16:49		
212	Karen Rishton	F50	7/16	Blackburn Road Runners	01:04:29	275	Jim Taylor	M75	3/4	Darwen Dashers RC	01:17:30	275	Jim Taylor	M75	3/4	Darwen Dashers RC	01:17:30		
213	Karen Figiel	F60	6/10	Accrington Road Runners	01:04:33	276	Neal Isherwood	M55	16/16	Running4CF	01:18:11	276	Neal Isherwood	M55	16/16	Running4CF	01:18:11		
214	Chloe Nelson	FS	33/50	RCRV	01:04:35	277	Stephanie Isherwood	F50	16/16	Running4CF	01:18:12	277	Stephanie Isherwood	F50	16/16	Running4CF	01:18:12		
215	Leanne Mitchell	FS	34/50	[Unattached] (239)	01:04:38	278	Malcolm Ingham	M75	4/4	Blackburn Road Runners	01:18:15	278	Malcolm Ingham	M75	4/4	Blackburn Road Runners	01:18:15		
216	Isaac Samuel	MS	62/68	Run Club Ribble Valley	01:04:39	279	Anne Lonsdale	F60	10/10	[Unattached] (215)	01:18:23	279	Anne Lonsdale	F60	10/10	[Unattached] (215)	01:18:23		
217	Roxy Ohare	MS	63/68	[Unattached] (249)	01:04:40	280	Elaine Cowperthwaite	F65	1/1	Trawden AC	01:18:27	280	Elaine Cowperthwaite	F65	1/1	Trawden AC	01:18:27		
218	Emma Duckworth	FS	35/50	Ribble Valley Runners	01:04:41	281	Curtis Smith	MS	68/68	[Unattached] (366)	01:21:13	281	Curtis Smith	MS	68/68	[Unattached] (366)	01:21:13		
219	Adam Jopson	MS	64/68	[Unattached] (201)	01:04:42	282	Chelsea Smith	FS	48/50	[Unattached] (306)	01:21:14	282	Chelsea Smith	FS	48/50	[Unattached] (306)	01:21:14		
220	C Chanithakahom	F50	8/16	[Unattached] (384)	01:04:43	283	Jodie Holden	FS	49/50	[Unattached] (176)	01:23:37	283	Jodie Holden	FS	49/50	[Unattached] (176)	01:23:37		
221	Joely Donald	FS	36/50	Ribble Valley Runners	01:05:23	284	Yasmeen Kinley	FS	50/50	[Unattached] (208)	01:23:37	284	Yasmeen Kinley	FS	50/50	[Unattached] (208)	01:23:37		
222	Louise Harrop	F55	13/17	Ribble Valley Runners	01:05:23	285	Louise Horsley	F45	14/14	[Unattached] (183)	01:26:06	285	Louise Horsley	F45	14/14	[Unattached] (183)	01:26:06		
223	Emily James	F45	8/14	Ribble Valley Runners	01:05:23	286	Kevin Rawcliffe	M60	20/20	[Unattached] (273)	01:26:06	286	Kevin Rawcliffe	M60	20/20	[Unattached] (273)	01:26:06		