

Guiseley Gallop MT, nr. Leeds

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20th April 2025

RESULTS

Program: UKresults.net & UKtimers.net

Pos	Name	Cat	Cat/Pos	Club/Team	Time	Pos	Name	Cat	Cat/Pos	Club/Team	Time
1	Andrew Humphries	M35	1/6	Airecentre Pacers	00:35:24	93	Neil Lawton	M50	18/25	[Unattached] (202)	00:58:09
2	Chris Miller	M40	1/14	Wharfedale Harriers	00:35:50	94	Colin Whitehead	M40	12/14	[Unattached] (171)	00:58:19
3	Euan Holwill	MS	1/9	Abbey Runners	00:40:01	95	Chris Sawyer	M65	6/9	Valley Striders	00:58:22
4	Richard Frosztega	M40	2/14	Harrogate Harriers	00:40:42	96	Neil Mounsey	M40	13/14	[Unattached] (193)	00:58:26
5	Maisey Bellwood	FS	1/9	Keighley & Craven AC	00:40:50	97	Eme Musgrove	F45	6/15	[Unattached] (114)	00:58:31
6	Stuart Dunbar	M60	1/11	Saltaire Striders	00:41:05	98	Katharine Scott	F45	7/15	Abbey Runners	00:58:31
7	Daniel Jenkins	M50	1/25	Saltaire Striders	00:41:24	99	Adrew MacGill	M70	3/5	[Unattached] (90)	00:58:32
8	Harry Corcoran	MS	2/9	[Unattached] (33)	00:41:47	100	Andy Mace	M50	19/25	Valley Striders	00:58:34
9	Tom Bysouth	M45	1/17	Abbey Runners	00:41:51	101	Isabel Hart	FS	4/9	Otley AC	00:58:39
10	Will Morris	M45	2/17	[Unattached] (111)	00:41:53	102	Lewis MacGillivray	MS	7/9	[Unattached] (93)	00:58:45
11	Matthew Ray	M35	2/6	Otley AC	00:42:23	103	William Belcher	M60	8/11	Bingley Harriers & AC	00:58:52
12	Katie Corcoran	F45	1/15	[Unattached] (34)	00:42:25	104	Phillip Priestley	M50	20/25	Airecentre Pacers	00:58:57
13	David Norris	M50	2/25	Bingley Harriers & AC	00:42:30	105	Paul Waterhouse	M65	7/9	Sowerby Bridge Snails	00:59:12
14	James Matthews	MS	3/9	[Unattached] (100)	00:42:48	106	Janet Tolson	F70	1/3	Red Rose Road Runners	00:59:20
15	Matthew Evans	M35	3/6	Farsley Flyers	00:42:56	107	Will Worboys	M45	13/17	Ilkley Harriers	00:59:38
16	Nicholas Lee	M45	3/17	Airecentre Pacers	00:43:14	108	Tessa Johnson	FS	5/9	[Unattached] (75)	00:59:45
17	Tony Pye	M50	3/25	Ilkley Harriers	00:43:24	109	Michael Styan	M55	10/13	Low Fell Running Club	01:00:16
18	Jamie Walsh	M5	4/9	Otley AC	00:43:29	110	Josephine Barham	F40	3/8	[Unattached] (7)	01:00:28
19	Martin Lofthouse	M55	1/13	Nidd Valley Road Runners	00:43:42	111	Peter Butterworth	M70	4/5	Clayton-le-Moors Harriers	01:00:52
20	Sarah Pickering	FS	2/9	Bingley Harriers & AC	00:43:53	112	Kathryn Wood	F50	6/16	Baildon Runners	01:01:02
21	Gary Wilkinson	M50	4/25	Harrogate Harriers	00:43:55	113	Richard Cooke	M50	21/25	Lonely Goat Running Club	01:01:09
22	Mark Morley	M40	3/14	[Unattached] (109)	00:45:42	114	Ross Anderson	M35	6/6	[Unattached] (4)	01:01:09
23	Paul Bates	M45	4/17	[Unattached] (13)	00:46:55	115	Amanda Bellwood	F45	8/15	[Unattached] (16)	01:01:24
24	Adam Moyer	M45	5/17	Kirkstall Harriers	00:47:01	116	Gayle Woodrup	F40	4/8	[Unattached] (178)	01:01:24
25	Robert Budding	M55	2/13	Ilkley Harriers	00:47:21	117	James Nundy	M45	14/17	Kirkstall Harriers	01:01:26
26	Vicky Miller	F45	2/15	Horsforth Harriers	00:47:28	118	Mark Cummins	M45	15/17	[Unattached] (39)	01:01:34
27	Jonathan Coles	M60	2/11	[Unattached] (30)	00:47:42	119	Denise McGeachy	F45	9/15	Chapel Allerton Runners	01:01:34
28	Steph Wilson	F45	3/15	Pudsey & Bramley AC	00:48:05	120	Mohamed Shoman	MS	8/9	Kirkstall Harriers	01:01:41
29	Dean Eastwood	M40	4/14	Abbey Runners	00:48:09	121	Charlotte Brady	F45	10/15	Sowerby Bridge Snails	01:01:45
30	Cameron Maclean	M50	5/25	[Unattached] (94)	00:48:17	122	Charles Haigh	M50	22/25	[Unattached] (59)	01:01:46
31	Chris Patterson	M55	3/13	Saltaire Striders	00:48:20	123	Cheryl Jepson	F35	2/7	Bingley Harriers & AC	01:01:49
32	David Singleton	M50	6/25	Ilkley Harriers	00:48:21	124	Patrick Moran	M50	23/25	[Unattached] (201)	01:02:06
33	Christian Ellis	M50	7/25	[Unattached] (45)	00:48:32	125	Lois Marshall	F35	3/7	Skipton AC	01:02:07
34	Jack Masey	M35	4/6	Kirkstall Harriers	00:48:35	126	John Marshall	M65	8/9	Ilkley Harriers	01:02:09
35	Tony Bastin	M55	4/13	Abbey Runners	00:48:52	127	Trudy Ellis	F50	7/16	Baildon Runners	01:02:14
36	Dave Tyrer	M50	8/25	[Unattached] (163)	00:49:25	128	Charles Craddock	M55	11/13	Abbey Runners	01:02:17
37	Jan Basha	M45	6/17	Vegan Runners UK	00:49:31	129	Catherine Riley	F50	8/16	Trawden AC	01:02:27
38	Lloyd Allen	M55	5/13	Kirkstall Harriers	00:49:34	130	Elizabeth Newell	F35	4/7	Sowerby Bridge Snails	01:02:32
39	Nigel Scaife	M50	9/25	Nidd Valley Road Runners	00:49:55	131	Becky Greenwood	F35	5/7	Sowerby Bridge Snails	01:02:33
40	Alison Ogle	F45	4/15	Farsley Flyers	00:50:09	132	Antony Spink	M60	9/11	Sowerby Bridge Snails	01:02:36
41	James Slater	M50	10/25	Valley Striders	00:50:20	133	Adela Reperecki	F60	3/6	Ilkley Harriers	01:02:55
42	Andrew Johnson	M55	6/13	Beverley AC	00:50:24	134	Bev Brown	F50	9/16	Ackworth Road Runners &AC	01:03:36
43	Alison Smith	F50	1/16	Abbey Runners	00:50:59	135	Adrian Leach	M60	10/11	Ackworth Road Runners &AC	01:03:36
44	Ed Jones	MS	5/9	Saltaire Striders	00:51:19	136	Liz Whittaker	F60	4/6	Abbey Runners	01:03:38
45	Anne Preston	F45	5/15	Saltaire Striders	00:51:20	137	Gay Tombs	F70	2/3	Ackworth Road Runners &AC	01:03:44
46	Paul Smith	M50	11/25	Valley Striders	00:51:21	138	Jenny Manning	F50	10/16	Nidd Valley Road Runners	01:04:09
47	Tom Steven	M40	5/14	Abbey Runners	00:51:22	139	Shevonne McLarnon	F50	11/16	Kirkstall Harriers	01:04:34
48	Stuart Tracey	M45	7/17	[Unattached] (161)	00:51:25	140	Donna Hector	F45	11/15	Saltaire Striders	01:04:39
49	Matthew Snow	M45	8/17	Ilkley Harriers	00:51:25	141	Chloe Weatherhead	F45	12/15	[Unattached] (170)	01:04:44
50	Oli Burbage-Hall	M45	9/17	Sowerby Bridge Snails	00:51:26	142	David Lonsdale	M55	12/13	Baildon Runners	01:04:53
51	Ben Mallinson	M40	6/14	[Unattached] (180)	00:51:50	143	Amanda Milner	F50	12/16	Sowerby Bridge Snails	01:05:10
52	Gareth Pert	M50	12/25	Sowerby Bridge Snails	00:51:53	144	Lindsay Trelford	F40	5/8	South Leeds Lakers RC	01:06:07
53	Matthew Ellis	M50	13/25	Abbey Runners	00:52:18	145	Ian Storey	M50	24/25	Saltaire Striders	01:06:20
54	Paul Sandford	M45	10/17	Sowerby Bridge Snails	00:52:19	146	Eilidh MacGillivray	FS	6/9	[Unattached] (91)	01:06:29
55	Roy Huggins	M60	3/11	Valley Striders	00:52:22	147	Tim Rodrigo	M45	16/17	[Unattached] (138)	01:06:30
56	Thomas Bolland	M40	7/14	Saltaire Striders	00:52:29	148	Louise Heppleston	F65	1/3	Sowerby Bridge Snails	01:06:34
57	Richard North	M65	1/9	[Unattached] (118)	00:52:30	149	Neil Sedgley	M55	13/13	Chapel Allerton Runners	01:06:57
58	David Tolson	M65	2/9	Red Rose Road Runners	00:52:42	150	Sarah Benn	F45	13/15	[Unattached] (17)	01:06:58
59	Jennifer Frosztega	F40	1/8	Harrogate Tri Club	00:52:47	151	Milly Crabtree	FS	7/9	[Unattached] (35)	01:07:18
60	Kevin Blake	M50	14/25	South Leeds Lakers RC	00:52:57	152	Paul Crabtree	M45	17/17	Dragons Running Club	01:07:18
61	Michael J. Woodhead	M45	11/17	Baildon Runners	00:53:08	153	John McDonald	M60	11/11	Trawden AC	01:07:22
62	Martin Reynolds	M40	8/14	Sowerby Bridge Snails	00:53:16	154	Tom Lawton	MS	9/9	[Unattached] (80)	01:07:29
63	Martin O'Brien	M65	3/9	Stainland Lions RC	00:53:26	155	Adrian Barton	M70	5/5	[Unattached] (10)	01:07:52
64	Nic Beever	M50	15/25	[Unattached] (14)	00:53:34	156	Caroline Lawton	F50	13/16	Dragons Running Club	01:07:59
65	Sean Lindsay	M55	7/13	Sowerby Bridge Snails	00:53:49	157	Anne-Marie Bellerby	F45	14/15	[Unattached] (15)	01:08:01
66	Ian Mitchell	M60	4/11	Knarborough Striders	00:53:59	158	Liz Coop	F35	6/7	Farsley Flyers	01:08:01
67	Fiona Deacon	F60	1/6	Nidd Valley Road Runners	00:54:12	159	Ruth Morris	F55	1/7	[Unattached] (110)	01:08:04
68	Emma Watson	F35	1/7	[Unattached] (169)	00:54:25	160	Joanne Ward	F55	2/7	Farsley Flyers	01:08:04
69	Leah Forey	FS	3/9	Dragons Running Club	00:54:30	161	Wayne Ellison	M50	25/25	Trawden AC	01:08:08
70	Ken Fox	M65	4/9	Valley Striders	00:54:38	162	Sarah Bracher	F45	15/15	Nidd Valley Road Runners	01:08:18
71	Rob Austin-Howarth	M45	12/17	Sowerby Bridge Snails	00:54:39	163	Jane Walton	F50	14/16	[Unattached] (165)	01:09:03
72	Emma Elmerhebi	F50	2/16	Sowerby Bridge Snails	00:54:40	164	L. Hulme-Vickerstaff	F55	3/7	Abbey Runners	01:09:58
73	Kevin Nicholas	M60	5/11	Nidd Valley Road Runners	00:54:52	165	Philip Jones	M65	9/9	Baildon Runners	01:10:24
74	Neil Fairburn	M60	6/11	Baildon Runners	00:54:55	166	Rebecca Scaife	F55	4/7	[Unattached] (142)	01:10:27
75	Jim Whittaker	M55	8/13	Abbey Runners	00:55:03	167	Susan Williamson	F60	5/6	Ilkley Harriers	01:10:27
76	Robert Harrison	M50	16/25	Dragons Running Club	00:55:04	168	Linda Carey	F65	2/3	Baildon Runners	01:10:43
77	Angela Clarke	F50	3/16	Halifax Harriers & AC	00:55:06	169	Sara Richard	F55	5/7	Otley AC	01:11:13
78	Ross Spink	MS	6/9	Sowerby Bridge Snails	00:55:13	170	Sally Robinson	F55	6/7	Baildon Runners	01:11:26
79	Greg Kennedy	M40	9/14	[Unattached] (78)	00:55:17	171	Dom Ellis	M40	14/14	[Unattached] (46)	01:13:06
80	Martin Wilson	M70	1/5	[Unattached] (189)	00:55:19	172	Emma Moon	F35	7/7	Sowerby Bridge Snails	01:13:37
81	Keith Brewster	M70	2/5	Valley Striders	00:55:27	173	Helen MacGillivray	FS	8/9	[Unattached] (92)	01:13:43
82	David Heels	M60	7/11	Leeds & Bradford Tri Club	00:55:52	174	Louise Abdy	F60	6/6	Todmorden Harriers	01:14:04
83	Simon Clarke	M50	17/25	[Unattached] (183)	00:55:57	175	Shelagh Hopkinson	F70	3/3	Baildon Runners	01:14:06
84	Bernard Murphy	M65	5/9	Sowerby Bridge Snails	00:55:57	176	Lisa Leadon	F50	15/16	[Unattached] (82)	01:14:32
85	Sandeep Mistry	M40	10/14	[Unattached] (197)	00:56:29	177	Emma Matthews	FS	9/9	[Unattached] (99)	01:17:30
86	Paul Hayward	M40	11/14	[Unattached] (62)	00:56:33	178	Debra Brown	F50	16/16	Otley AC	01:18:05
87	Caroline Asquith	F40	2/8	Horsforth Harriers	00:56:40	179	Julie Patterson	F55	7/7	Saltaire Striders	01:19:29
88	Debra Leah	F50	4/16	Trawden AC	00:57:11	180	Tina Waterhouse	F65	3/3	Sowerby Bridge Snails	01:22:20
89	Paul Manning	M55	9/13	Nidd Valley Road Runners	00:57:36	181	Toni Reynolds	F40	6/8	Sowerby Bridge Snails	01:22:21
90	Harriet Fletcher	F50	5/16	Saltaire Striders	00:57:53	182	Rukhsana Browning	F40	7/8	[Unattached] (25)	01:24:54
91	Susan Sunderland	F60	2/6	Valley Striders	00:57:55	183	Rebecca Smith	F40	8/8	Sowerby Bridge Snails	01:24:55
92	Alex Sitaras	M35	5/6	[Unattached] (147)	00:58:02						