

Salford 10k Road Race, Greater Manchester

Salford 10k Road Race, Greater Manchester 18th April 2025

RESULTS

Results: UKtimers.net & UKresults.net

Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime
401	Eilish Distefano	F55	8/20	PrestwichA	00:53:12	00:53:36	481	Sheryl Stretton	F45	18/25	[Unatt]	00:58:50	00:59:17
402	Ben Crosby	MS	73/82	Mancr YMCA	00:53:05	00:53:38	482	Louise Shaw	F45	19/25	[Unatt]	00:58:57	00:59:20
403	Donald Johnson	M70	7/9	CityofHull	00:52:56	00:53:41	483	Diane Taktak	F55	15/20	[Unatt]	00:58:53	00:59:24
404	Kath Horwill	F50	19/32	BelleVueRc	00:53:12	00:53:44	484	Leah Wood	FS	44/51	PerfectPRC	00:58:39	00:59:24
405	Kate Etchells	F40	17/27	BelleVueRc	00:53:19	00:53:51	485	Alexis Dinsmor	F75	1/2	StockportH	00:58:51	00:59:26
406	Liz Lawton	F40	18/27	[Unatt]	00:53:15	00:53:56	486	Jackie Carter	F60	16/22	StadiumRun	00:58:51	00:59:28
407	Ian Chadwick	M65	11/16	StHelenStr	00:53:33	00:53:56	487	Russell Sephton	M45	33/36	[Unatt]	00:59:37	00:59:43
408	Daniel O'Sullivan	M35	46/51	[Unatt]	00:53:14	00:54:01	488	Claire Deane	F55	16/20	[Unatt]	00:59:18	00:59:49
409	Nick Coleman	M50	31/38	LonelyGoat	00:53:41	00:54:02	489	Paul Grimshaw	M55	35/38	[Unatt]	00:59:39	01:00:02
410	Aaron Latham	MJ	9/9	[Unatt]	00:53:48	00:54:03	490	Emma Ransom	F35	18/22	[Unatt]	00:59:37	01:00:14
411	Fiona Quirke	F45	11/25	[Unatt]	00:53:31	00:54:11	491	Jon Shaw	M55	36/38	WythenNort	00:59:57	01:00:35
412	Gail O'Hare	F60	12/22	[Unatt]	00:54:05	00:54:15	492	John Moore	M55	37/38	HalifaxHar	00:59:56	01:00:45
413	Xavier Ohare	MS	74/82	TraffordAC	00:54:06	00:54:16	493	Rachael Horrocks	F50	24/32	HydeVillSt	01:00:13	01:00:46
414	Wesley Naughton	M35	47/51	ClaytonleM	00:54:02	00:54:17	494	Elly Deane	FS	45/51	[Unatt]	01:00:19	01:00:50
415	Alison Howarth	F50	20/32	RadcliffeA	00:53:47	00:54:20	495	Sheila Wetton	F55	17/20	PrestwichA	01:00:46	01:01:12
416	Molli Tylesley	FS	34/51	SalfordMet	00:54:11	00:54:26	496	Sarah Pressdee	F50	25/32	HydeVillSt	01:00:40	01:01:13
417	Natasha Watmough	FS	35/51	[Unatt]	00:54:05	00:54:28	497	Graham Harrison	M60	17/19	Swinton RC	01:00:43	01:01:15
418	Stephen Watmough	M60	15/19	Warr'tonAC	00:54:05	00:54:29	498	Steven Barnes	M50	36/38	[Unatt]	01:01:00	01:01:15
419	Carly Rourke	F40	19/27	RugbyNorth	00:54:00	00:54:29	499	Jeffrey Pendlebury	M65	14/16	Ramsbottom	01:01:04	01:01:31
420	Craig Brooks	M50	32/38	[Unatt]	00:54:23	00:54:33	500	Kyrinda Carter-Moore	F60	17/22	MiddletonH	01:01:17	01:01:36
421	Orli Edwards	FS	36/51	[Unatt]	00:54:30	00:54:43	501	Victoria Williams	F40	23/27	WilmslowRC	01:00:59	01:01:40
422	Claire Gwyer	F45	12/25	Dragons RC	00:54:11	00:54:44	502	Naomi Doyle	F50	26/32	[Unatt]	01:01:16	01:01:58
423	Graeme Wilkinson	M40	43/47	Mancr YMCA	00:54:45	00:54:50	503	Louisa Gaynon	F35	19/22	Mossley RC	01:01:43	01:02:08
424	Rachael Cunliffe	F40	20/27	[Unatt]	00:54:17	00:55:00	504	Alan Blagburn	M50	37/38	Ramsbottom	01:01:38	01:02:12
425	Joanne Houghton	F55	9/20	PrestwichA	00:54:38	00:55:03	505	Harley Cook	FS	46/51	[Unatt]	01:02:02	01:02:16
426	Kim Kelly	F45	13/25	[Unatt]	00:54:54	00:55:05	506	Imogen Castelow	FS	47/51	[Unatt]	01:02:18	01:02:24
427	Laura Wilson	F35	15/22	[Unatt]	00:54:55	00:55:05	507	Christian Foulds	MS	81/82	[Unatt]	01:01:43	01:02:27
428	Katharine Lay	F50	21/32	Dragons RC	00:54:42	00:55:05	508	Jayne Bardsley	M45	34/36	Royton RR	01:02:01	01:02:31
429	Farouk Vawda	M55	31/38	BelleVueRc	00:54:38	00:55:07	509	David Hamilton	F55	18/20	[Unatt]	01:02:15	01:02:45
430	Orla Weir	FS	37/51	[Unatt]	00:54:54	00:55:09	510	Helen Adams	F50	27/32	[Unatt]	01:02:23	01:02:59
431	Joshua Burley	MS	75/82	[Unatt]	00:54:54	00:55:10	511	Nichola Cooke	F40	24/27	PrestwichA	01:02:34	01:03:01
432	Rachel Scholes	FS	38/51	Ramsbottom	00:54:50	00:55:11	512	Lesley Millican	F50	28/32	StockportH	01:02:28	01:03:03
433	Liam Whelan	M50	33/38	[Unatt]	00:54:43	00:55:11	513	Rachel Baldwin	FS	48/51	Ramsbottom	01:02:33	01:03:06
434	Andy McMullen	M55	32/38	[Unatt]	00:54:57	00:55:14	514	Rob Garner	M65	15/16	[Unatt]	01:02:51	01:03:07
435	Stephen Cole	M55	33/38	StockportH	00:55:01	00:55:16	515	Ian Ashcroft	M75	3/4	WilmslowRC	01:02:53	01:03:08
436	Francine Edwards	F55	10/20	PrestwichA	00:55:11	00:55:23	516	Genna Holmes	F40	25/27	[Unatt]	01:02:40	01:03:22
437	Vicky O'Brien	F40	21/27	Ramsbottom	00:55:12	00:55:30	517	Diane Ford	F50	29/32	Ramsbottom	01:03:12	01:03:48
438	Tilly Hardwick	FS	39/51	PrestwichA	00:55:09	00:55:33	518	Deborah Beresford	F60	18/22	Manc'rHarr	01:03:40	01:03:59
439	Jane Barnes	F45	14/25	Ramsbottom	00:55:20	00:55:35	519	Joanne McDonald	F40	26/27	HydeVillSt	01:03:47	01:04:26
440	Sameer Ayaz	M35	48/51	[Unatt]	00:55:02	00:55:37	520	Jeff Lewis	M55	38/38	[Unatt]	01:04:25	01:04:42
441	Paul Muldoon	M35	49/51	WythenNort	00:55:18	00:55:55	521	Richard Wilson	M60	18/19	[Unatt]	01:04:26	01:04:57
442	Helen Holme	F60	13/22	Manc'rHarr	00:55:36	00:55:56	522	Gareth Amos	M40	46/47	WilmslowRC	01:04:27	01:05:08
443	Nickie Dimeo-Wears	FS	40/51	PrestwichA	00:55:24	00:56:00	523	Catherine Mellor	F45	20/25	WilmslowRC	01:04:27	01:05:08
444	David Howes	M40	44/47	BarnsleyHa	00:55:35	00:56:04	524	Julie Williamson	F55	19/20	HorwichRMI	01:04:40	01:05:18
445	Callum Shingler	MS	76/82	[Unatt]	00:55:29	00:56:07	525	Paul D. Jenkins	M45	35/36	Ramsbottom	01:05:38	01:05:56
446	Tim Towler	M65	12/16	ValleyStrd	00:55:41	00:56:08	526	Lynnette Cassidy	F60	19/22	[Unatt]	01:05:29	01:06:15
447	Tony Clixby	M70	8/9	VillageRR	00:55:44	00:56:09	527	Elizabeth Lyon	F45	21/25	[Unatt]	01:05:42	01:06:24
448	Rowena Thomas	F45	15/25	ChorltonRn	00:55:56	00:56:23	528	Rebecca Griffiths	FS	49/51	[Unatt]	01:05:56	01:06:27
449	Julia Foy	F55	11/20	BelleVueRc	00:55:51	00:56:26	529	Keith Robson	M80	1/1	WiganHarrs	01:06:54	01:07:20
450	David Deane	M60	16/19	[Unatt]	00:56:04	00:56:30	530	Elspeth Trimble	F50	30/32	WilmslowRC	01:06:47	01:07:23
451	Jane Damerum	F45	16/25	Dragons RC	00:56:00	00:56:38	531	Maria Royal	F65	2/3	Manc'rHarr	01:07:08	01:07:28
452	Toni Hallahan	F45	17/25	[Unatt]	00:56:00	00:56:45	532	Nadia HamiltonRainey	F45	22/25	BelleVueRc	01:06:54	01:07:31
453	Sham Pickard	M55	34/38	Sevenoaks	00:56:17	00:56:46	533	Maria Danson	F40	27/27	[Unatt]	01:06:58	01:07:37
454	Chris Gaynon	M35	50/51	[Unatt]	00:56:43	00:56:49	534	Andy Lord	M60	19/19	MarpleRunn	01:07:13	01:07:42
455	David Cartwright	M40	45/47	[Unatt]	00:56:22	00:56:50	535	Ben Rainey	M45	36/36	BelleVueRc	01:07:06	01:07:42
456	Sally Cheetham	F55	12/20	BelleVueRc	00:56:17	00:56:53	536	Chris Johnson	M75	4/4	Glossopdal	01:07:01	01:07:48
457	Kirsty Johnson	F35	16/22	Swinton RC	00:56:17	00:56:54	537	Andy Denton	M50	38/38	[Unatt]	01:07:43	01:08:00
458	Lana Milligan	F55	13/20	HydeVillSt	00:56:23	00:56:57	538	Ronnie Farrelly	F60	20/22	[Unatt]	01:07:47	01:08:04
459	Vicky Barker	F55	14/20	Dragons RC	00:56:21	00:56:59	539	Emma Riley	F55	20/20	[Unatt]	01:07:59	01:08:39
460	Kirsty Powers	F35	17/22	MancrFront	00:56:59	00:57:21	540	Andy Quinn	M40	47/47	[Unatt]	01:08:57	01:09:28
461	Philippa McMullen	F50	22/32	[Unatt]	00:57:12	00:57:28	541	Tracy Wroe	F60	21/22	RadcliffeA	01:10:08	01:10:47
462	Liam Dolman	MS	77/82	Swinton RC	00:57:06	00:57:43	542	Heather Gregory	F35	20/22	[Unatt]	01:10:40	01:11:13
463	Alan Jenkinson	M75	2/4	Styal RC	00:57:44	00:57:55	543	Andy Walker	M70	9/9	Dragons RC	01:11:49	01:12:30
464	Andrew Brown	M45	31/36	Swinton RC	00:57:21	00:57:58	544	Hugh Parker	M65	16/16	Ramsbottom	01:12:17	01:12:51
465	Tracey Walls	F40	22/27	[Unatt]	00:57:18	00:57:58	545	Debbie Copper	F45	23/25	LeighHarAC	01:12:42	01:13:13
466	Ann McLaughlin	F60	14/22	Manc'rHarr	00:57:54	00:58:13	546	Simon Bowden	M35	51/51	Manc'r RR	01:13:16	01:13:47
467	Steven Watmough	M45	32/36	[Unatt]	00:57:35	00:58:14	547	Emma Andrews	F35	21/22	MileslyClb	01:13:16	01:13:47
468	Rachel Miles	FJ	3/4	[Unatt]	00:57:36	00:58:16	548	Andrea Sidebottom	F65	3/3	Ramsbottom	01:13:52	01:14:27
469	Alison Goodall	F50	23/32	HydeVillSt	00:58:00	00:58:34	549	Yvonne Barry	F45	24/25	ChorltonRn	01:13:56	01:14:29
470	Lee Ford	M50	34/38	Ramsbottom	00:58:02	00:58:38	550	Lucy Cundliffe	FJ	4/4	[Unatt]	01:14:08	01:14:52
471	Alex McGuigan	MS	78/82	[Unatt]	00:58:05	00:58:44	551	Lauren Newby	F35	22/22	Ramsbottom	01:15:30	01:16:05
472	Linzi Lloyd-Henry	F60	15/22	PrestwichA	00:58:12	00:58:45	552	Molly Harrington	FS	50/51	[Unatt]	01:16:23	01:17:06
473	Rebekah Embury	FS	41/51	[Unatt]	00:58:06	00:58:46	553	Christine Pendlebury	F60	22/22	Ramsbottom	01:18:56	01:19:31
474	Craig Sutherland	M65	13/16	MiddletonH	00:58:14	00:58:46	554	Emma Bates	F50	31/32	Ramsbottom	01:18:56	01:19:31
475	Matt Embury	M50	35/38	[Unatt]	00:58:07	00:58:48	555	Anne Hewitt	F75	2/2	SpectrumSt	01:21:54	01:22:40
476	Jake Teague	MS	79/82	[Unatt]	00:58:10	00:58:50	556	Louise Jervis	F50	32/32	Ramsbottom	01:25:27	01:26:08
477	Moxin Li	FS	42/51	[Unatt]	00:58:15	00:58:56	557	Kirstie Brackley	FS	51/51	Ramsbottom	01:25:29	01:26:09
478	Alexandra Beresford	FS	43/51	[Unatt]	00:58:21	00:58:59	558	Grant Platt	MS	82/82	[Unatt]	01:30:31	01:31:17
479	Michael Flanagan	MS	80/82	[Unatt]	00:58:26	00:59:03	559	Annemarie Glavin	F45	25/25	[Unatt]	01:30:31	01:31:17
480	Sue Exon	F70	1/1	TraffordAC	00:58:47	00:59:11							