

Sessay Swift 6k, North Yorkshire

Sessay Swift 6k, North Yorkshire							6th August 2025		RESULTS		Results: UKtimers.net & UKresults.net				
Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime		
1	Daniel Cheeseman	MS	1/29	RichmondZt	00:18:16	00:18:17	101	Steve Woollven	M50	30/58	HarrogateH	00:26:15	00:26:24		
2	Tom O'Mahoney	M25	1/7	RichmondZt	00:18:29	00:18:30	102	Trudy Morrice	F50	4/57	Thirsk+Sow	00:26:24	00:26:28		
3	Dom Carter	M25	2/7	YorkPostal	00:18:44	00:18:45	103	Lauren Eadon	F60	1/53	RichmondZt	00:26:26	00:26:29		
4	Tom Levi	MS	2/29	Thirsk+Sow	00:19:23	00:19:24	104	Howard Cross	M50	31/58	Thirsk+Sow	00:26:19	00:26:30		
5	Rob Harrison	M40	1/31	[Unatt]	00:19:27	00:19:28	105	Kim Wilkinson	FS	6/36	Thirsk+Sow	00:26:25	00:26:31		
6	Adam Stanley	M25	3/7	HarrogateH	00:20:01	00:20:02	106	Olivia Davis	FS	7/36	Knarlesboro	00:26:24	00:26:31		
7	Luke McNiff	MS	3/29	Thirsk+Sow	00:20:33	00:20:34	107	Philippa Thompson	FS	8/36	RichmondZt	00:26:31	00:26:34		
8	Ted Leahy	M50	1/58	RiponRunnr	00:20:44	00:20:45	108	Joe Joyce	M40	23/31	Thirsk+Sow	00:26:32	00:26:37		
9	Adam Davis	MS	4/29	Knarlesboro	00:20:56	00:20:57	109	Billy Harris	M60	8/40	Quakers RC	00:26:34	00:26:39		
10	Jaysson Sawyer	M40	2/31	Ikley Har	00:21:11	00:21:11	110	Michael Gill	M50	32/58	HarrogateH	00:26:39	00:26:41		
11	Marc Ellis	M50	2/58	Quakers RC	00:21:16	00:21:17	111	Vanessa El-Etriby	F40	7/34	Knarlesboro	00:26:34	00:26:42		
12	Julian Ollive	M40	3/31	Easingwold	00:21:21	00:21:22	112	Beth Constantine	F25	2/6	RiponRunnr	00:26:39	00:26:43		
13	Matt Jones	MS	5/29	Easingwold	00:21:24	00:21:26	113	Carla Reddish	F50	5/57	Knarlesboro	00:26:34	00:26:43		
14	Ian Harrison	M40	4/31	RiponRunnr	00:21:29	00:21:30	114	Debbie Herridge	F50	6/57	Knarlesboro	00:26:38	00:26:46		
15	Harry Bennison	M25	4/7	[Unatt]	00:21:30	00:21:32	115	Scott McGreal	M40	24/31	Easingwold	00:26:41	00:26:53		
16	Davina Ellis	F40	1/34	HarrogateH	00:21:32	00:21:33	116	Richard Evans	M60	9/40	NiddValley	00:26:54	00:27:00		
17	Mark Forrest	M60	1/40	RichmondZt	00:21:43	00:21:44	117	Andrew Pollard	M50	33/58	Thirsk+Sow	00:26:53	00:27:00		
18	Paul Peacock	M60	2/40	Thirsk+Sow	00:21:50	00:21:51	118	Richard Abbott	M40	25/31	NiddValley	00:26:57	00:27:02		
19	John Robson	M40	5/31	StTheresas	00:21:51	00:21:53	119	Ian Mitchell	M60	10/40	Knarlesboro	00:26:57	00:27:04		
20	James Strutt	M50	3/58	HarrogateH	00:21:53	00:21:54	120	Megan Remmer	F50	7/57	Easingwold	00:27:00	00:27:07		
21	Tom Murphy	MS	6/29	StocktonSt	00:21:53	00:21:55	121	Vanessa Wigglesworth	M50	34/58	BedaleAisk	00:27:05	00:27:15		
22	Darren West	M60	3/40	HarrogateH	00:22:04	00:22:05	122	Fiona Deacon	F60	2/53	NiddValley	00:27:15	00:27:21		
23	Rory Hall	MS	7/29	[Unatt]	00:22:23	00:22:26	123	Angela Charleton	F50	8/57	HarrogateH	00:27:15	00:27:21		
24	Ashley Dodgson	M50	4/58	Thirsk+Sow	00:22:26	00:22:28	124	Liam Webb	MS	22/29	BedaleAisk	00:27:11	00:27:23		
25	Josh Blacker	MS	8/29	Knarlesboro	00:22:30	00:22:31	125	Samantha Weston	FS	9/36	Thirsk+Sow	00:27:20	00:27:24		
26	Ian Bowles	M40	6/31	Thirsk+Sow	00:22:29	00:22:32	126	David Tervit	M50	35/58	Thirsk+Sow	00:27:14	00:27:26		
27	Steve Newbould	M50	5/58	NiddValley	00:22:34	00:22:36	127	Rose Clay	FS	10/36	Thirsk+Sow	00:27:26	00:27:29		
28	Paul Ellis	M50	6/58	RichmondZt	00:22:35	00:22:38	128	Sarah Whiterod	F40	8/34	BedaleAisk	00:27:18	00:27:32		
29	Gary Dunn	M50	7/58	Thirsk+Sow	00:22:40	00:22:41	129	Katherine Morton	F40	9/34	NiddValley	00:27:29	00:27:37		
30	Alex Boynton	MS	9/29	YorkPostal	00:22:38	00:22:42	130	Clare Rowntree	F40	10/34	Thirsk+Sow	00:27:35	00:27:41		
31	Kevin Clark	M40	7/31	NiddValley	00:22:42	00:22:48	131	Richard Knott	M60	11/40	Knarlesboro	00:27:34	00:27:42		
32	David Glover	M40	8/31	Knarlesboro	00:22:46	00:22:52	132	Ray Johnstone	M60	12/40	RiponRunnr	00:27:38	00:27:42		
33	Charlotte Sanderson	F40	2/34	Thirsk+Sow	00:22:55	00:22:55	133	Tim Pocock	M60	13/40	RiponRunnr	00:27:39	00:27:43		
34	Ben Morgan	MS	10/29	PearlPacer	00:22:57	00:22:59	134	L. GoacherRichardson	FS	11/36	Easingwold	00:27:35	00:27:44		
35	Jim Carter	M50	8/58	YorkPostal	00:22:54	00:22:59	135	Sarah Glover	F40	11/34	Knarlesboro	00:27:38	00:27:45		
36	Neil King	M50	9/58	Easingwold	00:22:58	00:23:00	136	Rob Gillham	M50	36/58	Quakers RC	00:27:39	00:27:46		
37	Charles Lamb	M40	9/31	Thirsk+Sow	00:22:58	00:23:00	137	Joanne Langton	FS	12/36	RiponRunnr	00:27:42	00:27:50		
38	John Hamilton	M50	10/58	Knarlesboro	00:23:03	00:23:05	138	Louise Trainor	F50	9/57	Quakers RC	00:27:47	00:27:55		
39	Adam Harper-Walker	MS	11/29	Thirsk+Sow	00:23:03	00:23:05	139	Rachel Gregson	FS	13/36	HarrogateH	00:27:57	00:28:04		
40	Fergus McClanachan	M25	5/7	Easingwold	00:23:00	00:23:05	140	Chris Rodgers	MS	23/29	[Unatt]	00:27:53	00:28:08		
41	Adrian Bell	M50	11/58	RunNationR	00:23:02	00:23:06	141	Doug Pearce	M50	37/58	Easingwold	00:28:09	00:28:17		
42	Emma Fleming	F40	3/34	StocktonSt	00:23:05	00:23:07	142	Philip Stones	M50	38/58	[Unatt]	00:28:14	00:28:19		
43	Andy Todd	M60	4/40	NiddValley	00:23:08	00:23:10	143	Ian Hart	M70	1/13	Quakers RC	00:28:18	00:28:22		
44	Gary Wilkinson	M50	12/58	HarrogateH	00:23:11	00:23:13	144	James Cook	M50	39/58	NiddValley	00:28:22	00:28:27		
45	Esther Harrison	F40	4/34	Thirsk+Sow	00:23:14	00:23:16	145	Peter Richardson	M60	14/40	RichmondZt	00:28:26	00:28:31		
46	Ian Hesford	M40	10/31	NiddValley	00:23:17	00:23:20	146	Michael Sanders	M50	40/58	Thirsk+Sow	00:28:26	00:28:36		
47	Jonathan Simpson	M40	11/31	RichmondZt	00:23:25	00:23:28	147	Vanessa Arthur	F60	3/53	Thirsk+Sow	00:28:29	00:28:37		
48	Geoffrey Hirst	M40	12/31	HarrogateH	00:23:29	00:23:30	148	Graham Tinsley	M60	15/40	RiponRunnr	00:28:29	00:28:39		
49	Angela Whatmuff	F40	5/34	[Unatt]	00:23:28	00:23:31	149	Sarah Woffinden	F40	12/34	RiponRunnr	00:28:31	00:28:42		
50	Paul Simpson	M50	13/58	RichmondZt	00:23:31	00:23:34	150	Robert Burn	M70	2/13	Thirsk+Sow	00:28:38	00:28:44		
51	Luke Allen	MS	12/29	[Unatt]	00:23:32	00:23:36	151	Sue Moul	F50	10/57	HarrogateH	00:28:38	00:28:46		
52	Alexander Mathers	M50	14/58	Quakers RC	00:23:34	00:23:37	152	Christine Holleran	F60	4/53	NiddValley	00:28:41	00:28:46		
53	Amanda Spencer	F50	1/57	ValleyStrd	00:23:41	00:23:44	153	Harry Berger	M50	41/58	Easingwold	00:28:34	00:28:48		
54	Steve Ellmore	M50	15/58	Knarlesboro	00:23:42	00:23:45	154	Andrew Harrop	M60	16/40	Knarlesboro	00:28:39	00:28:50		
55	Paul Stockburn	M60	5/40	HarrogateH	00:23:43	00:23:46	155	Wayne Barron	M40	26/31	[Unatt]	00:28:37	00:28:51		
56	Olivia Mulligan	FS	1/36	Thirsk+Sow	00:23:44	00:23:46	156	Sharon Brazier	F50	11/57	RiponRunnr	00:28:46	00:28:56		
57	Ed Duffield	M50	16/58	Easingwold	00:23:44	00:23:47	157	Anne Davies	F50	12/57	[Unatt]	00:28:55	00:29:01		
58	Edward Dunn	M40	13/31	[Unatt]	00:23:47	00:23:50	158	Luke Shannon	M60	17/40	Thirsk+Sow	00:28:50	00:29:01		
59	George Jackson	MS	13/29	Thirsk+Sow	00:23:52	00:23:55	159	Hilary Philpott	F60	5/53	RiponRunnr	00:28:52	00:29:02		
60	Glenn Cooper	M50	17/58	StocktonSt	00:23:49	00:23:55	160	Rachel Mills	F40	13/34	NiddValley	00:28:55	00:29:05		
61	Martin Brock	M40	14/31	Knarlesboro	00:24:02	00:24:05	161	Mike Tranter	M70	3/13	Easingwold	00:28:59	00:29:08		
62	Andrew Iddon	MS	14/29	NiddValley	00:24:06	00:24:10	162	Geoffrey Crutchley	M70	4/13	RiponRunnr	00:29:02	00:29:12		
63	Thomas Hoare	MS	15/29	BedaleAisk	00:24:10	00:24:21	163	Mark Walker	M60	18/40	HarrogateH	00:29:06	00:29:14		
64	Martin Lofthouse	M50	18/58	NiddValley	00:24:20	00:24:23	164	John Howell-Walmsley	M60	19/40	Easingwold	00:28:58	00:29:15		
65	Benjamin Walker	MS	16/29	RiponRunnr	00:24:26	00:24:29	165	Rachel Holmes	FS	14/36	RiponRunnr	00:29:11	00:29:19		
66	Sarah Fairhurst	FS	2/36	Thirsk+Sow	00:24:28	00:24:31	166	Peter O'Neill	MS	24/29	HambletonA	00:29:07	00:29:21		
67	Lucy Oldroyd	FS	3/36	HarrogateH	00:24:31	00:24:35	167	Emma McQuillan	FS	15/36	Thirsk+Sow	00:29:11	00:29:21		
68	Simon Staiano	M50	19/58	HarrogateH	00:24:34	00:24:38	168	Isla McClanachan	F25	3/6	Easingwold	00:29:16	00:29:22		
69	Laura Francis	F25	1/6	HarrogateH	00:24:35	00:24:39	169	Nicola Convy	F50	13/57	Easingwold	00:29:14	00:29:23		
70	Nicola Simpson	F50	2/57	RichmondZt	00:24:44	00:24:47	170	Stuart Hill	M60	20/40	Thirsk+Sow	00:29:15	00:29:24		
71	Neil Youngson	M40	15/31	NewMarskeH	00:24:45	00:24:49	171	Louise Mayfield	F50	14/57	Thirsk+Sow	00:29:18	00:29:25		
72	Tim Easton	MS	17/29	Easingwold	00:24:47	00:24:50	172	Kerri-Lee Wooding	FS	16/36	Thirsk+Sow	00:29:23	00:29:30		
73	Girish Patel	M50	20/58	NiddValley	00:24:48	00:24:52	173	Clare Tempest	F50	15/57	Thirsk+Sow	00:29:27	00:29:32		
74	Katie Harrison	FS	4/36	[Unatt]	00:24:52	00:24:56	174	Derek Cordon	M60	21/40	Easingwold	00:29:16	00:29:34		
75	Jody Sygrove	M40	16/31	Thirsk+Sow	00:24:58	00:25:00	175	Jenna Sach	FS	17/36	RiponRunnr	00:29:27	00:29:35		
76	Simon Moffatt	M50	21/58	Knarlesboro	00:24:57	00:25:02	176	William Sigsworth	M70	5/13	NEVeterans	00:29:35	00:29:42		
77	Joseph Cooper	M25	6/7	Easingwold	00:24:56	00:25:04	177	Laura Eden	FS	18/36	RiponRunnr	00:29:38	00:29:49		
78	Ewan Edmondson	M60	6/40	Knarlesboro	00:25:01	00:25:07	178	Kirsty Naylor	F40	14/34	Thirsk+Sow	00:29:47	00:29:56		
79	Kevin Dalton	MS	18/29	NiddValley	00:25:08	00:25:12	179	Emma Harrop	F60	6/53	Knarlesboro	00:29:51	00:30:02		
80	Ken Wood	M40	17/31	Thirsk+Sow	00:25:14	00:25:19	180	Joanne Wheeler	F40	15/34	Easingwold	00:29:47	00:30:05		
81	Andrew Webster	M50	22/58	RiponRunnr	00:25:17	00:25:21	181	Laurie Caswell	M25	7/7	[Unatt]	00:29:50	00:30:05		
82	Paul Brazier	M50	23/58	RiponRunnr	00:25:20	00:25:22	182	Phil Chatterton	M50	42/58	RiponRunnr	00:29:59	00:30:08		
83	Kris Allen	M50	24/58	StocktonSt	00:25:20	00:25:31	183	Garry Pearce	M50	43/58	[Unatt]	00:30:03	00:30:15		
84	Ian Marshall	M40	18/31	[Unatt]	00:25:30	00:25:34	184	Craig Low	M50	44/58	RiponRunnr	00:30:08	00:30:19		
85	Peter Manning	M50	25/58	BedaleAisk	00:25:26	00:25:36	185	Julian Banville	M60	22/40	Thirsk+Sow	00:30:15	00:30:20		
86	Paul Atkinson	M50	26/58	Thirsk+Sow	00:25:27	00:25:38	186	April Corbett	F50	16/57	Quakers RC	00:30:19	00:30:27		
87	Neil Cooper	M40	19/31	Thirsk+Sow	00:25:39	00:25:46	187	Karen Mills	F50	17/57	NiddValley	00:30:13	00:30:28		
88	Patricia L. Speedie	F50	3/57	New											

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Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime							
201	John Skinner	M60	26/40	RiponRunnr	00:31:11	00:31:18	286	Linda Carruthers	F50	36/57	Easingwold	00:34:56	00:35:13	286	Linda Carruthers	F50	36/57	Easingwold	00:34:56	00:35:13							
202	Rosemary Thompson	F60	8/53	NiddValley	00:31:13	00:31:24	287	Jane Lawson	F60	28/53	York Acorn	00:34:54	00:35:16	287	Jane Lawson	F60	28/53	York Acorn	00:34:54	00:35:16							
203	Simon Rek	M50	45/58	Quakers RC	00:31:15	00:31:27	288	Joanne Lane	F50	37/57	NiddValley	00:35:01	00:35:18	288	Joanne Lane	F50	37/57	NiddValley	00:35:01	00:35:18							
204	Anthony Corbett	M50	46/58	Quakers RC	00:31:09	00:31:29	289	Helen Holmes	FS	28/36	RiponRunnr	00:35:11	00:35:23	289	Helen Holmes	FS	28/36	RiponRunnr	00:35:11	00:35:23							
205	Helen Clark	F40	16/34	Quakers RC	00:31:21	00:31:31	290	Annette Walburn	F60	29/53	RiponRunnr	00:35:13	00:35:29	290	Annette Walburn	F60	29/53	RiponRunnr	00:35:13	00:35:29							
206	Tim Towler	M60	27/40	ValleyStrd	00:31:22	00:31:32	291	Rachel Binks	FS	29/36	[Unatt]	00:35:10	00:35:31	291	Rachel Binks	FS	29/36	[Unatt]	00:35:10	00:35:31							
207	Kelly Grieve	FS	21/36	Thirsk+Sow	00:31:29	00:31:33	292	Donna Kirkhope	F60	30/53	HambletonA	00:35:10	00:35:33	292	Donna Kirkhope	F60	30/53	HambletonA	00:35:10	00:35:33							
208	Bill Ferguson	M70	9/13	NYorkMoors	00:31:23	00:31:35	293	Jeff Walker	M60	37/40	FordyRuns	00:35:11	00:35:34	293	Jeff Walker	M60	37/40	FordyRuns	00:35:11	00:35:34							
209	Jenny Manning	F50	20/57	NiddValley	00:31:25	00:31:37	294	Steve Irving	M40	30/31	UKRunChatR	00:35:34	00:35:38	294	Steve Irving	M40	30/31	UKRunChatR	00:35:34	00:35:38							
210	Martin John Luxton	M70	10/13	NiddValley	00:31:27	00:31:42	295	Kate Todd	F50	38/57	RiponRunnr	00:35:22	00:35:46	295	Kate Todd	F50	38/57	RiponRunnr	00:35:22	00:35:46							
211	Alison Littlejohns	F50	21/57	Knaresboro	00:31:34	00:31:48	296	Rob Athey	M50	54/58	HarrogateH	00:35:35	00:35:49	296	Rob Athey	M50	54/58	HarrogateH	00:35:35	00:35:49							
212	Liz Haresign	F50	22/57	HambletonA	00:31:34	00:31:48	297	Jackie Turner	F60	31/53	RiponRunnr	00:35:34	00:35:50	297	Jackie Turner	F60	31/53	RiponRunnr	00:35:34	00:35:50							
213	Jason Wheeler	M50	47/58	Easingwold	00:31:31	00:31:49	298	Mel Dutka	F60	32/53	RiponRunnr	00:35:26	00:35:53	298	Mel Dutka	F60	32/53	RiponRunnr	00:35:26	00:35:53							
214	Sarah Jones	F60	9/53	RiponRunnr	00:31:39	00:31:54	299	James Parkes	M40	31/31	RiponRunnr	00:35:58	00:36:14	299	James Parkes	M40	31/31	RiponRunnr	00:35:58	00:36:14							
215	Andrew Stoneley	M60	28/40	[Unatt]	00:31:35	00:31:54	300	Andrew Purill	M50	55/58	RiponRunnr	00:35:59	00:36:15	300	Andrew Purill	M50	55/58	RiponRunnr	00:35:59	00:36:15							
216	Claire Throup	F40	17/34	Easingwold	00:31:37	00:31:56	301	Rachel Hall	FS	30/36	HambletonA	00:35:54	00:36:17	301	Rachel Hall	FS	30/36	HambletonA	00:35:54	00:36:17							
217	Jill Gray	F60	10/53	RiponRunnr	00:31:46	00:31:57	302	Mary Gregory	F50	39/57	HambletonA	00:36:14	00:36:35	302	Mary Gregory	F50	39/57	HambletonA	00:36:14	00:36:35							
218	Rob Eden	M60	29/40	[Unatt]	00:31:47	00:31:58	303	Louise Allen	F50	40/57	RiponRunnr	00:36:47	00:37:07	303	Louise Allen	F50	40/57	RiponRunnr	00:36:47	00:37:07							
219	Graham Finlay	M60	30/40	HambletonA	00:31:52	00:32:06	304	Susan Brown	F60	33/53	Easingwold	00:36:55	00:37:16	304	Susan Brown	F60	33/53	Easingwold	00:36:55	00:37:16							
220	Sarah Emerson	FS	22/36	Thirsk+Sow	00:31:59	00:32:12	305	H. GoacherRichardson	FS	31/36	[Unatt]	00:37:17	00:37:36	305	H. GoacherRichardson	FS	31/36	[Unatt]	00:37:17	00:37:36							
221	Katie Wadsworth	FS	23/36	Thirsk+Sow	00:32:06	00:32:21	306	Clare Jones	FS	32/36	[Unatt]	00:37:17	00:37:36	306	Clare Jones	FS	32/36	[Unatt]	00:37:17	00:37:36							
222	Walter Busuttill	M60	31/40	Thirsk+Sow	00:32:16	00:32:25	307	Michelle Smith	F50	41/57	NiddValley	00:37:17	00:37:39	307	Michelle Smith	F50	41/57	NiddValley	00:37:17	00:37:39							
223	Wendy Colling	F60	11/53	Quakers RC	00:32:17	00:32:26	308	Catherine Lumb	F60	34/53	Easingwold	00:37:23	00:37:42	308	Catherine Lumb	F60	34/53	Easingwold	00:37:23	00:37:42							
224	Jack Morley	MS	25/29	BedaleAisk	00:32:04	00:32:26	309	Joanne Hunt	F50	42/57	Thirsk+Sow	00:37:36	00:37:48	309	Joanne Hunt	F50	42/57	Thirsk+Sow	00:37:36	00:37:48							
225	Philippa Hutton	F60	12/53	Easingwold	00:32:10	00:32:27	310	Alexandra Nicol	F40	27/34	RiponRunnr	00:37:30	00:37:53	310	Alexandra Nicol	F40	27/34	RiponRunnr	00:37:30	00:37:53							
226	Mark Temple	M50	48/58	BedaleAisk	00:32:12	00:32:31	311	Sue Hoernig	F60	35/53	[Unatt]	00:37:32	00:37:57	311	Sue Hoernig	F60	35/53	[Unatt]	00:37:32	00:37:57							
227	Sarah Beldon	F50	23/57	RiponRunnr	00:32:20	00:32:35	312	Yvonne Skelton	F70	2/6	NiddValley	00:37:45	00:38:03	312	Yvonne Skelton	F70	2/6	NiddValley	00:37:45	00:38:03							
228	Jodie Rich	F25	5/6	[Unatt]	00:32:25	00:32:37	313	Tracy Hayden	F50	43/57	[Unatt]	00:37:49	00:38:08	313	Tracy Hayden	F50	43/57	[Unatt]	00:37:49	00:38:08							
229	Rebecca Warner	F50	24/57	[Unatt]	00:32:28	00:32:44	314	Bruce Willoughby	M50	56/58	RiponRunnr	00:37:55	00:38:11	314	Bruce Willoughby	M50	56/58	RiponRunnr	00:37:55	00:38:11							
230	Adrian Wood	M50	49/58	Thirsk+Sow	00:32:37	00:32:47	315	Catherine Skinner	F60	36/53	Easingwold	00:37:55	00:38:12	315	Catherine Skinner	F60	36/53	Easingwold	00:37:55	00:38:12							
231	Martin Shaw	M50	50/58	HarrogateH	00:32:40	00:32:51	316	E. Workman Wright	F40	28/34	Thirsk+Sow	00:37:53	00:38:12	316	E. Workman Wright	F40	28/34	Thirsk+Sow	00:37:53	00:38:12							
232	Peter Barrett	M60	32/40	RiponRunnr	00:32:36	00:32:52	317	Caz Hardman	F50	44/57	[Unatt]	00:37:53	00:38:15	317	Caz Hardman	F50	44/57	[Unatt]	00:37:53	00:38:15							
233	Phillip Craig	M40	27/31	Thirsk+Sow	00:32:40	00:32:54	318	Anna Pus	FS	33/36	Thirsk+Sow	00:37:58	00:38:17	318	Anna Pus	FS	33/36	Thirsk+Sow	00:37:58	00:38:17							
234	Laura Wilmshurst	FS	24/36	Knaresboro	00:32:40	00:32:57	319	Anne Parkin	F60	37/53	Knaresboro	00:38:02	00:38:19	319	Anne Parkin	F60	37/53	Knaresboro	00:38:02	00:38:19							
235	Michaela Graham	F50	25/57	RiponRunnr	00:32:47	00:33:00	320	Robert Gregory	M60	38/40	HambletonA	00:38:08	00:38:30	320	Robert Gregory	M60	38/40	HambletonA	00:38:08	00:38:30							
236	Sara Armitage	F60	13/53	Thirsk+Sow	00:32:53	00:33:04	321	John Garbutt	M60	39/40	RiponRunnr	00:38:27	00:38:40	321	John Garbutt	M60	39/40	RiponRunnr	00:38:27	00:38:40							
237	Denise Johnson	F60	14/53	BaildonRun	00:32:52	00:33:05	322	Jacob Conder	MS	29/29	Thirsk+Sow	00:38:22	00:38:43	322	Jacob Conder	MS	29/29	Thirsk+Sow	00:38:22	00:38:43							
238	Ann Harrington	F40	18/34	BedaleAisk	00:32:49	00:33:06	323	Sara Chatterton	F60	38/53	RiponRunnr	00:38:45	00:39:03	323	Sara Chatterton	F60	38/53	RiponRunnr	00:38:45	00:39:03							
239	Debbie Gregson	F50	26/57	Easingwold	00:32:50	00:33:07	324	D L Mitchell	F40	29/34	RiponRunnr	00:38:54	00:39:17	324	D L Mitchell	F40	29/34	RiponRunnr	00:38:54	00:39:17							
240	Chris Brown	M70	11/13	RiponRunnr	00:33:04	00:33:14	325	Alan Longmire	M50	57/58	Thirsk+Sow	00:39:09	00:39:30	325	Alan Longmire	M50	57/58	Thirsk+Sow	00:39:09	00:39:30							
241	Donna Tucker	F40	19/34	Knaresboro	00:33:05	00:33:19	326	Jill Hornsby	F60	39/53	NiddValley	00:39:26	00:39:48	326	Jill Hornsby	F60	39/53	NiddValley	00:39:26	00:39:48							
242	Ruth Pollard	F50	27/57	Thirsk+Sow	00:33:13	00:33:20	327	Emma Haresign	F25	6/6	HambletonA	00:39:31	00:39:54	327	Emma Haresign	F25	6/6	HambletonA	00:39:31	00:39:54							
243	Angela Benson	F60	15/53	RiponRunnr	00:33:03	00:33:22	328	Lucinda Riddell	F40	30/34	BedaleAisk	00:39:42	00:40:08	328	Lucinda Riddell	F40	30/34	BedaleAisk	00:39:42	00:40:08							
244	Karen Rayner	F60	16/53	Easingwold	00:33:09	00:33:25	329	Kirsty Temple	F50	45/57	BedaleAisk	00:39:43	00:40:08	329	Kirsty Temple	F50	45/57	BedaleAisk	00:39:43	00:40:08							
245	Elizabeth Wordsworth	F50	28/57	Thirsk+Sow	00:33:08	00:33:27	330	Susan McClanachan	F60	40/53	Easingwold	00:40:02	00:40:23	330	Susan McClanachan	F60	40/53	Easingwold	00:40:02	00:40:23							
246	Anne Cheeseman	F60	17/53	RiponRunnr	00:33:22	00:33:39	331	Dawn Richardson	F60	41/53	[Unatt]	00:39:59	00:40:24	331	Dawn Richardson	F60	41/53	[Unatt]	00:39:59	00:40:24							
247	Julie Giblin	F50	29/57	BedaleAisk	00:33:28	00:33:46	332	Helen Trevisani	F50	46/57	[Unatt]	00:40:03	00:40:24	332	Helen Trevisani	F50	46/57	[Unatt]	00:40:03	00:40:24							
248	Jacqui Shields	F60	18/53	Easingwold	00:33:36	00:33:55	333	Lyn Silver	F60	42/53	RiponRunnr	00:40:06	00:40:32	333	Lyn Silver	F60	42/53	RiponRunnr	00:40:06	00:40:32							
249	Alison Stones	F40	20/34	[Unatt]	00:33:45	00:34:00	334	G																			