

# St. Annes 10 Miler, Lancashire

St. Annes 10 Miler, Lancashire 26th January 2025

RESULTS

Program: UKresults.net & UKtimers.net

| Pos | Name                 | Cat | Cat/Pos | Club/Team                 | Time     | Pos | Name                 | Cat | Cat/Pos | Club/Team                | Time     |
|-----|----------------------|-----|---------|---------------------------|----------|-----|----------------------|-----|---------|--------------------------|----------|
| 1   | Adam Wilding         | MS  | 1/45    | Wesham Road Runners       | 00:57:40 | 61  | Paul Bayliss         | M65 | 2/12    | Chorlton Runners         | 01:16:18 |
| 2   | Alex Cowin           | M45 | 1/18    | Penny Lane Striders       | 00:58:41 | 62  | Cathy Flitcroft      | F60 | 1/8     | Preston Harriers         | 01:16:45 |
| 3   | David Roorcroft      | MS  | 2/45    | Merlin Cycles Rivi BrewCo | 00:59:19 | 63  | Angela Allen         | F55 | 3/13    | [Unattached] (1 )        | 01:16:59 |
| 4   | Benjamin Stones      | MS  | 3/45    | Southport Waterloo        | 00:59:43 | 64  | Matthew Gillett      | MS  | 24/45   | [Unattached] (91 )       | 01:17:12 |
| 5   | Paul Richardson      | MS  | 4/45    | Prestwich AC              | 01:00:04 | 65  | Emma Fraser          | F45 | 2/10    | Run Sandymoor            | 01:17:14 |
| 6   | Dan Cottle           | M45 | 2/18    | Prestwich AC              | 01:00:35 | 66  | Stephen Rodwell      | M60 | 1/13    | Lytham St Annes RR       | 01:17:28 |
| 7   | John Myers           | M45 | 3/18    | Run Sandymoor             | 01:01:33 | 67  | Trudi Jenkinson      | F55 | 4/13    | Blackburn Road Runners   | 01:17:35 |
| 8   | Luke Suffolk         | MS  | 5/45    | Preston Harriers          | 01:01:55 | 68  | Dom Roe              | MS  | 25/45   | Wyre Triathlon Club      | 01:17:40 |
| 9   | Anthony Lynch        | M40 | 1/17    | Chorlton Runners          | 01:02:08 | 69  | Cameron Clark        | MS  | 26/45   | [Unattached] (39 )       | 01:17:48 |
| 10  | Andy Cottam          | M45 | 4/18    | Preston Harriers          | 01:02:47 | 70  | Kathy Gaunt          | F55 | 5/13    | Lytham St Annes RR       | 01:18:09 |
| 11  | Brian Evans          | M40 | 2/17    | Preston Harriers          | 01:02:48 | 71  | Jade Earley          | F35 | 3/6     | Fylde Coast Runners      | 01:18:16 |
| 12  | Dale Richards        | MS  | 6/45    | Blackburn Road Runners    | 01:03:02 | 72  | Shaun Moran          | M65 | 3/12    | Gin Pit Flyers           | 01:18:26 |
| 13  | Matt Harratt         | MS  | 7/45    | Oldham & Royton Harriers  | 01:03:14 | 73  | Jen Helm             | F45 | 3/10    | Prestwich AC             | 01:19:01 |
| 14  | Ben Sunley           | MS  | 8/45    | Prestwich AC              | 01:04:01 | 74  | Richard Barnes       | M45 | 11/18   | Preston Harriers         | 01:19:03 |
| 15  | Dionne Allen         | F35 | 1/6     | Leigh Harriers & AC       | 01:04:08 | 75  | Dave White           | MS  | 27/45   | [Unattached] (234 )      | 01:19:11 |
| 16  | Daniel Paton         | M45 | 5/18    | [Unattached] (167 )       | 01:04:10 | 76  | John Felton          | M55 | 5/13    | Oldham & Royton Harriers | 01:19:18 |
| 17  | Ben Stubbs           | MS  | 9/45    | [Unattached] (206 )       | 01:04:25 | 77  | Janine Ellis         | F55 | 6/13    | Wilmslow RC              | 01:19:26 |
| 18  | Thomas Crabtree      | MS  | 10/45   | Wesham Road Runners       | 01:04:34 | 78  | Grace Haskins        | FS  | 5/18    | [Unattached] (261 )      | 01:19:41 |
| 19  | Martin Oldfield      | M55 | 1/13    | Darwen Dashers RC         | 01:04:44 | 79  | Antony Poole         | M60 | 2/13    | Oldham & Royton Harriers | 01:19:44 |
| 20  | Matthias Lindorfer   | MS  | 11/45   | Lytham St Annes RR        | 01:04:48 | 80  | David Marsh          | M65 | 4/12    | Southport Strollers      | 01:19:49 |
| 21  | Phil Robinson        | M40 | 3/17    | [Unattached] (179 )       | 01:04:55 | 81  | Jamie Cloran         | MS  | 28/45   | Oldham & Royton Harriers | 01:20:09 |
| 22  | Martin Coulthurst    | M55 | 2/13    | Freckleton & Warton RC    | 01:06:11 | 82  | Stephen Clough       | M55 | 6/13    | [Unattached] (44 )       | 01:20:10 |
| 23  | Paul Blakemore       | M40 | 4/17    | Preston Harriers          | 01:06:24 | 83  | Glyn Williams        | M55 | 7/13    | Prestwich AC             | 01:20:19 |
| 24  | Jennifer Badger      | FS  | 1/18    | Prestwich AC              | 01:06:35 | 84  | David Tolson         | M65 | 5/12    | Red Rose Road Runners    | 01:20:22 |
| 25  | Ben Greenwood        | MS  | 12/45   | [Unattached] (92 )        | 01:06:39 | 85  | Bob Lauder           | M60 | 3/13    | [Unattached] (120 )      | 01:20:27 |
| 26  | Richard Lloyd        | M45 | 6/18    | Team Windmill             | 01:06:55 | 86  | Miriam Maher         | F55 | 7/13    | Lancaster & Morecambe AC | 01:20:28 |
| 27  | Jordan Black         | M40 | 5/17    | [Unattached] (18 )        | 01:07:11 | 87  | Jack Calderbank Jone | MS  | 29/45   | [Unattached] (35 )       | 01:20:42 |
| 28  | Stuart Nixon         | M40 | 6/17    | Preston Harriers          | 01:07:39 | 88  | Michael Lees         | MS  | 30/45   | Prestwich AC             | 01:20:44 |
| 29  | Richard Southworth   | MS  | 13/45   | Preston Harriers          | 01:08:58 | 89  | Michael Cheshire     | M60 | 4/13    | [Unattached] (38 )       | 01:20:54 |
| 30  | Matthew Atkinson     | MS  | 14/45   | Prestwich AC              | 01:09:13 | 90  | Ged Critchley        | M50 | 4/11    | Oldham & Royton Harriers | 01:21:26 |
| 31  | Chris Beck           | MS  | 15/45   | Prestwich AC              | 01:09:15 | 91  | Rebecca Savage       | F40 | 2/14    | Oldham & Royton Harriers | 01:21:26 |
| 32  | John Symons          | M45 | 7/18    | Let's Run Morecambe       | 01:09:48 | 92  | Roshan Mohindra      | MS  | 31/45   | [Unattached] (150 )      | 01:21:33 |
| 33  | Jonathan Miles-Stoke | M40 | 7/17    | Prestwich AC              | 01:09:59 | 93  | Emma Pattison        | FS  | 6/18    | Lytham St Annes RR       | 01:21:35 |
| 34  | Amanda Armstrong     | F40 | 1/14    | Prestwich AC              | 01:10:10 | 94  | Steve Yates          | M45 | 12/18   | [Unattached] (245 )      | 01:21:39 |
| 35  | George Croft         | MS  | 16/45   | Gin Pit Flyers            | 01:10:35 | 95  | Rach Garner          | F50 | 1/15    | Prestwich AC             | 01:21:41 |
| 36  | Adam West            | MS  | 17/45   | [Unattached] (232 )       | 01:10:39 | 96  | Clare Finnagan       | FS  | 7/18    | Oldham & Royton Harriers | 01:21:50 |
| 37  | Paul Riley           | M50 | 1/11    | Penny Lane Striders       | 01:10:46 | 97  | Stephen White        | MS  | 32/45   | Oldham & Royton Harriers | 01:21:52 |
| 38  | Mark Collier         | M45 | 8/18    | Wigan Phoenix             | 01:11:17 | 98  | Joe Coulthurst       | MS  | 33/45   | [Unattached] (51 )       | 01:22:39 |
| 39  | Nathan Allcock       | MS  | 18/45   | Lytham St Annes RR        | 01:11:24 | 99  | Daniel Robinson      | MS  | 34/45   | [Unattached] (177 )      | 01:22:55 |
| 40  | India Thomas         | FS  | 2/18    | Preston Harriers          | 01:11:24 | 100 | Paul Clark           | M45 | 13/18   | [Unattached] (40 )       | 01:23:16 |
| 41  | Tommy Taylor         | MS  | 19/45   | [Unattached] (214 )       | 01:12:27 | 101 | James Lilliott       | MS  | 35/45   | [Unattached] (127 )      | 01:23:25 |
| 42  | Philip Meloy         | M45 | 9/18    | Cumberland AC             | 01:12:35 | 102 | Liam Bowden          | M40 | 10/17   | [Unattached] (22 )       | 01:23:50 |
| 43  | Stephen Cox          | M55 | 3/13    | [Unattached] (55 )        | 01:12:37 | 103 | Perry Stanley        | M60 | 5/13    | [Unattached] (203 )      | 01:23:54 |
| 44  | Charlotte Gregory    | FS  | 3/18    | Preston Harriers          | 01:12:40 | 104 | Helen Leung          | F45 | 4/10    | Prestwich AC             | 01:23:56 |
| 45  | Sue Coulthurst       | F55 | 1/13    | Wesham Road Runners       | 01:12:58 | 105 | Dominic Leighton     | M40 | 11/17   | [Unattached] (123 )      | 01:24:04 |
| 46  | Callum Wood          | MS  | 20/45   | Oldham & Royton Harriers  | 01:13:40 | 106 | Matthew O'Connell    | MS  | 36/45   | Penny Lane Striders      | 01:24:10 |
| 47  | Steven Pepper        | M40 | 8/17    | Lytham St Annes RR        | 01:13:44 | 107 | William Towers       | MS  | 37/45   | [Unattached] (225 )      | 01:24:39 |
| 48  | Garry Stubbs-Bronson | M50 | 2/11    | Preston Harriers          | 01:14:38 | 108 | Nick Johns           | M40 | 12/17   | Preston Harriers         | 01:24:43 |
| 49  | Melissa Metcalf      | FS  | 4/18    | Preston Harriers          | 01:14:40 | 109 | Barbara Holmes       | F65 | 1/2     | Lytham St Annes RR       | 01:24:46 |
| 50  | Dave Clarke          | M55 | 4/13    | Prestwich AC              | 01:14:59 | 110 | George Farrell       | MS  | 38/45   | [Unattached] (76 )       | 01:24:51 |
| 51  | Suzanne Gregory      | F55 | 2/13    | Freckleton & Warton RC    | 01:15:02 | 111 | Chris Sams           | M50 | 5/11    | Prime Triathlon Coaching | 01:25:03 |
| 52  | Mike Tattersall      | M65 | 1/12    | Prestwich AC              | 01:15:10 | 112 | Tim Gibson           | M55 | 8/13    | [Unattached] (90 )       | 01:25:05 |
| 53  | Robert Lilliott      | MS  | 21/45   | [Unattached] (129 )       | 01:15:26 | 113 | Liam Burns           | MS  | 39/45   | [Unattached] (33 )       | 01:25:10 |
| 54  | Charlie Cadley       | MS  | 22/45   | [Unattached] (34 )        | 01:15:30 | 114 | Annmari Riley        | F50 | 2/15    | Penny Lane Striders      | 01:25:24 |
| 55  | David Thornton       | M50 | 3/11    | [Unattached] (218 )       | 01:15:31 | 115 | Jonathan Lilliott    | M60 | 6/13    | [Unattached] (128 )      | 01:25:42 |
| 56  | Julie Brady          | F45 | 1/10    | [Unattached] (26 )        | 01:15:47 | 116 | Mike Preston         | M55 | 9/13    | St. Helens Striders      | 01:25:50 |
| 57  | Nicholas Molyneaux   | M45 | 10/18   | Gin Pit Flyers            | 01:16:00 | 117 | Dean Shaw            | M50 | 6/11    | Gin Pit Flyers           | 01:25:52 |
| 58  | Danielle Allen       | F35 | 2/6     | [Unattached] (2 )         | 01:16:01 | 118 | Emily Stapleton      | F50 | 3/15    | Lancaster & Morecambe AC | 01:25:56 |
| 59  | Craig Driffill       | MS  | 23/45   | [Unattached] (68 )        | 01:16:05 | 119 | Barry McGurk         | M45 | 14/18   | [Unattached] (144 )      | 01:26:16 |
| 60  | Keir Brady           | M40 | 9/17    | [Unattached] (27 )        | 01:16:10 | 120 | Xavia Cooper         | F45 | 5/10    | Lytham St Annes RR       | 01:26:35 |

# St. Annes 10 Miler, Lancashire

| St. Annes 10 Miler, Lancashire |                     |     |         |                           | 26th January 2025 |     |                    |     |         | RESULTS                   |          |     |      |     | Program: UKresults.net & UKtimers.net |           |      |  |  |
|--------------------------------|---------------------|-----|---------|---------------------------|-------------------|-----|--------------------|-----|---------|---------------------------|----------|-----|------|-----|---------------------------------------|-----------|------|--|--|
| Pos                            | Name                | Cat | Cat/Pos | Club/Team                 | Time              | Pos | Name               | Cat | Cat/Pos | Club/Team                 | Time     | Pos | Name | Cat | Cat/Pos                               | Club/Team | Time |  |  |
| 121                            | Phil White          | M70 | 1/2     | Blackburn Road Runners    | 01:26:45          | 171 | Yvonne Eaves       | F60 | 5/8     | [Unattached] (72 )        | 01:40:20 |     |      |     |                                       |           |      |  |  |
| 122                            | Jodie Farrell       | FS  | 8/18    | [Unattached] (77 )        | 01:26:58          | 172 | Helen Morris       | F55 | 9/13    | [Unattached] (157 )       | 01:40:49 |     |      |     |                                       |           |      |  |  |
| 123                            | Chris Maughan       | M40 | 13/17   | Wyre Triathlon Club       | 01:27:24          | 173 | Hannah Morris      | FS  | 17/18   | [Unattached] (156 )       | 01:40:49 |     |      |     |                                       |           |      |  |  |
| 124                            | Danielle Black      | F35 | 4/6     | [Unattached] (17 )        | 01:27:28          | 174 | Nichola Cooke      | F40 | 8/14    | Prestwich AC              | 01:41:11 |     |      |     |                                       |           |      |  |  |
| 125                            | Andrew Crewe        | MS  | 40/45   | Wyre Triathlon Club       | 01:27:36          | 175 | Sarah Taylor       | F50 | 9/15    | Fleetwood Competition Sqd | 01:41:24 |     |      |     |                                       |           |      |  |  |
| 126                            | Ann Griffiths       | F60 | 2/8     | Fylde Coast Runners       | 01:27:52          | 176 | Ala Leonard        | M50 | 9/11    | [Unattached] (124 )       | 01:41:26 |     |      |     |                                       |           |      |  |  |
| 127                            | John Houghton       | M65 | 6/12    | Run Sandymoor             | 01:28:13          | 177 | Hazel Bigley       | F55 | 10/13   | [Unattached] (16 )        | 01:41:38 |     |      |     |                                       |           |      |  |  |
| 128                            | Mark West           | M60 | 7/13    | [Unattached] (233 )       | 01:28:17          | 178 | Dave Kelly         | M40 | 15/17   | [Unattached] (118 )       | 01:41:48 |     |      |     |                                       |           |      |  |  |
| 129                            | Jo Robinson         | F40 | 3/14    | [Unattached] (178 )       | 01:28:47          | 179 | Diana Barker       | F40 | 9/14    | [Unattached] (9 )         | 01:41:50 |     |      |     |                                       |           |      |  |  |
| 130                            | Neil Burgess        | M60 | 8/13    | [Unattached] (31 )        | 01:29:08          | 180 | Philip Seddon      | M65 | 11/12   | Darwen Dashers RC         | 01:41:54 |     |      |     |                                       |           |      |  |  |
| 131                            | Sarah Heap          | F40 | 4/14    | Gin Pit Flyers            | 01:29:14          | 181 | Angela Holt        | F55 | 11/13   | [Unattached] (108 )       | 01:42:42 |     |      |     |                                       |           |      |  |  |
| 132                            | Paula Shaw          | F50 | 4/15    | Gin Pit Flyers            | 01:29:18          | 182 | Suzanne Young      | F55 | 12/13   | [Unattached] (246 )       | 01:42:42 |     |      |     |                                       |           |      |  |  |
| 133                            | Tilly Hardwick      | FS  | 9/18    | Prestwich AC              | 01:29:21          | 183 | Dan Crabtree       | M40 | 16/17   | [Unattached] (56 )        | 01:43:18 |     |      |     |                                       |           |      |  |  |
| 134                            | Brett Stevens       | M50 | 7/11    | Fylde Coast Runners       | 01:29:35          | 184 | Stephanie Caldwell | F70 | 2/2     | Prestwich AC              | 01:43:31 |     |      |     |                                       |           |      |  |  |
| 135                            | Phil Mair           | M65 | 7/12    | [Unattached] (137 )       | 01:29:40          | 185 | Sharron Boylan     | F45 | 8/10    | Gin Pit Flyers            | 01:44:28 |     |      |     |                                       |           |      |  |  |
| 136                            | Steve Moody         | M50 | 8/11    | Fylde Coast Runners       | 01:29:41          | 186 | David Morris       | M60 | 11/13   | Blackburn Road Runners    | 01:44:49 |     |      |     |                                       |           |      |  |  |
| 137                            | Maddy Markham       | FS  | 10/18   | Lytham St Annes RR        | 01:29:57          | 187 | Sinead Simpson     | F35 | 5/6     | Blackburn Road Runners    | 01:45:13 |     |      |     |                                       |           |      |  |  |
| 138                            | Dave Lloyd          | M65 | 8/12    | [Unattached] (159 )       | 01:29:58          | 188 | Ruth Lilliott      | F60 | 6/8     | [Unattached] (130 )       | 01:45:45 |     |      |     |                                       |           |      |  |  |
| 139                            | Anthony Lloyd       | MS  | 41/45   | [Unattached] (83 )        | 01:29:58          | 189 | Mark Sharrocks     | MS  | 43/45   | Let's Run Morecambe       | 01:45:48 |     |      |     |                                       |           |      |  |  |
| 140                            | Claire Markham      | F50 | 5/15    | Lytham St Annes RR        | 01:30:06          | 190 | Elaine Brown       | F60 | 7/8     | Royton Road Runners       | 01:46:00 |     |      |     |                                       |           |      |  |  |
| 141                            | Michelle Lindsay    | F65 | 2/2     | Widnes Wasps Ladies RC    | 01:31:29          | 191 | Jim Mair           | MS  | 44/45   | [Unattached] (136 )       | 01:46:21 |     |      |     |                                       |           |      |  |  |
| 142                            | Kathryn Neilson     | F60 | 3/8     | [Unattached] (162 )       | 01:31:37          | 192 | Sally Duffield     | F45 | 9/10    | [Unattached] (69 )        | 01:46:29 |     |      |     |                                       |           |      |  |  |
| 143                            | Elizabeth Hughes    | F45 | 6/10    | Skelmersdale Boundary Har | 01:31:44          | 193 | Billy McCrindle    | M50 | 10/11   | [Unattached] (142 )       | 01:46:31 |     |      |     |                                       |           |      |  |  |
| 144                            | Janet Tolson        | F70 | 1/2     | Red Rose Road Runners     | 01:31:58          | 194 | Jennie Neill       | F40 | 10/14   | [Unattached] (161 )       | 01:46:32 |     |      |     |                                       |           |      |  |  |
| 145                            | Jonathan Miles      | M55 | 10/13   | South Cheshire Triathlete | 01:32:11          | 195 | Alison Jordan      | F45 | 10/10   | [Unattached] (116 )       | 01:46:33 |     |      |     |                                       |           |      |  |  |
| 146                            | Daniel Higgins      | M45 | 15/18   | Blackpool Wyre & Fylde AC | 01:32:19          | 196 | Carole Bailey      | F50 | 10/15   | Ribble Valley Runners     | 01:47:17 |     |      |     |                                       |           |      |  |  |
| 147                            | Michael Williams    | M60 | 9/13    | LABC Runners              | 01:32:39          | 197 | Tracy Routledge    | F50 | 11/15   | Red Rose Road Runners     | 01:47:46 |     |      |     |                                       |           |      |  |  |
| 148                            | Natasha Morris      | FS  | 11/18   | [Unattached] (158 )       | 01:32:43          | 198 | Mike Barnes        | M70 | 2/2     | Lions Running Community   | 01:47:47 |     |      |     |                                       |           |      |  |  |
| 149                            | Peter Rooney        | M65 | 9/12    | Wesham Road Runners       | 01:32:48          | 199 | Ian Feingold       | M55 | 12/13   | Prestwich AC              | 01:47:49 |     |      |     |                                       |           |      |  |  |
| 150                            | Catherine Dascendis | F40 | 5/14    | 100 Marathon Club         | 01:33:14          | 200 | Michael Hogarth    | M65 | 12/12   | Red Rose Road Runners     | 01:48:00 |     |      |     |                                       |           |      |  |  |
| 151                            | Catherine Vaneris   | F50 | 6/15    | Prestwich AC              | 01:33:25          | 201 | Adrian Melton      | M80 | 1/1     | Accrington Road Runners   | 01:48:19 |     |      |     |                                       |           |      |  |  |
| 152                            | Debbie Chapman      | F50 | 7/15    | [Unattached] (241 )       | 01:33:30          | 202 | Jonathan Ford      | M45 | 18/18   | Penwortham Panthers       | 01:48:48 |     |      |     |                                       |           |      |  |  |
| 153                            | Dorothy Parkes      | F40 | 6/14    | Preston Harriers          | 01:33:56          | 203 | Aaron Rogers       | MS  | 45/45   | [Unattached] (182 )       | 01:48:59 |     |      |     |                                       |           |      |  |  |
| 154                            | Vic Thomas-Parker   | F45 | 7/10    | [Unattached] (217 )       | 01:34:03          | 204 | Sarah Rogers       | FS  | 18/18   | [Unattached] (183 )       | 01:48:59 |     |      |     |                                       |           |      |  |  |
| 155                            | David Evans         | M60 | 10/13   | [Unattached] (75 )        | 01:34:06          | 205 | Steve Harrison     | M55 | 13/13   | Chorley Ath. & Tri Club   | 01:49:31 |     |      |     |                                       |           |      |  |  |
| 156                            | Chris Ayres         | M40 | 14/17   | [Unattached] (6 )         | 01:34:40          | 206 | Christine Rostron  | F60 | 8/8     | Red Rose Road Runners     | 01:49:47 |     |      |     |                                       |           |      |  |  |
| 157                            | James Bentall       | M45 | 16/18   | Gin Pit Flyers            | 01:35:02          | 207 | Hasna Budsworth    | F40 | 11/14   | Royton Road Runners       | 01:50:15 |     |      |     |                                       |           |      |  |  |
| 158                            | Melanie Jones       | F50 | 8/15    | Prestwich AC              | 01:35:11          | 208 | William Staniard   | M60 | 12/13   | Warrington Running Club   | 01:50:35 |     |      |     |                                       |           |      |  |  |
| 159                            | Mark Taylor         | M45 | 17/18   | Darwen Dashers RC         | 01:35:14          | 209 | Kate Fazakerley    | F40 | 12/14   | [Unattached] (78 )        | 01:50:49 |     |      |     |                                       |           |      |  |  |
| 160                            | Amy Stanley         | FS  | 12/18   | Salford Metropolitan AC   | 01:36:04          | 210 | Dave Booth         | M50 | 11/11   | Lytham St Annes RR        | 01:50:49 |     |      |     |                                       |           |      |  |  |
| 161                            | Helen Moore         | F55 | 8/13    | Widnes Wasps Ladies RC    | 01:36:20          | 211 | Scott Boylan       | M40 | 17/17   | Gin Pit Flyers            | 01:51:00 |     |      |     |                                       |           |      |  |  |
| 162                            | Nigel Boyle         | M55 | 11/13   | [Unattached] (25 )        | 01:36:21          | 212 | Kirsten Burnett    | F50 | 12/15   | Lytham St Annes RR        | 01:52:45 |     |      |     |                                       |           |      |  |  |
| 163                            | Julie Graham        | F60 | 4/8     | Garstang Running Club     | 01:36:39          | 213 | Tracy Balmer       | F55 | 13/13   | Fylde Coast Runners       | 01:54:39 |     |      |     |                                       |           |      |  |  |
| 164                            | Chloe Hayward       | FS  | 13/18   | Penny Lane Striders       | 01:36:42          | 214 | Alistair Morris    | M60 | 13/13   | Wesham Road Runners       | 01:55:31 |     |      |     |                                       |           |      |  |  |
| 165                            | Lindsey Baucutt     | F40 | 7/14    | [Unattached] (12 )        | 01:37:24          | 215 | Catherine Mythen   | F50 | 13/15   | [Unattached] (160 )       | 01:55:46 |     |      |     |                                       |           |      |  |  |
| 166                            | Emily McEnerney     | FS  | 14/18   | [Unattached] (143 )       | 01:37:59          | 216 | Rachel Wall        | F40 | 13/14   | [Unattached] (229 )       | 01:56:22 |     |      |     |                                       |           |      |  |  |
| 167                            | Chloe Hewlett       | FS  | 15/18   | Meltham AC                | 01:38:02          | 217 | Lisa Walker        | F50 | 14/15   | Red Rose Road Runners     | 02:01:06 |     |      |     |                                       |           |      |  |  |
| 168                            | George Bell         | M65 | 10/12   | Blackburn Road Runners    | 01:38:15          | 218 | Fiona Martin       | F35 | 6/6     | Blackpool Wyre & Fylde AC | 02:01:29 |     |      |     |                                       |           |      |  |  |
| 169                            | Martyn Rissley      | MS  | 42/45   | [Unattached] (176 )       | 01:38:36          | 219 | Heather Jordan     | F40 | 14/14   | [Unattached] (117 )       | 02:04:08 |     |      |     |                                       |           |      |  |  |
| 170                            | Abbie Connor        | FS  | 16/18   | [Unattached] (46 )        | 01:39:12          | 220 | Caroline Thorpe    | F50 | 15/15   | Acre Street Runners       | 02:08:40 |     |      |     |                                       |           |      |  |  |