

It's a Piece of Cake 10k, Manchester

It's a Piece of Cake 10k, Manchester 2nd May 2026

RESULTS

Results: UKtimers.net & UKresults.net

Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime
1	Joshua Hourihan	MS	1/39	StockportH	00:34:14	00:34:15	81	Andrew Cole	M50	13/31	EastCheshr	00:48:40	00:48:54
2	Harry Hind	MS	2/39	StockportH	00:34:41	00:34:41	82	Kelly Cockram	F40	4/33	[Unatt]	00:48:49	00:48:59
3	Jake Speakman	MS	3/39	[Unatt]	00:35:02	00:35:03	83	Daniel Hunt	M40	18/39	RadcliffeA	00:48:54	00:49:01
4	Ryan Harrison	MS	4/39	StockportH	00:35:29	00:35:29	84	Kristian Burgess	M40	19/39	Newcast FR	00:48:57	00:49:06
5	Marlow Upton	M35	1/26	Mancr YMCA	00:35:48	00:35:49	85	Chris Inman	MS	20/39	[Unatt]	00:48:49	00:49:28
6	Phil Carpenter	M40	1/39	StockportH	00:36:20	00:36:21	86	Dale Baker	M35	15/26	[Unatt]	00:49:24	00:49:31
7	Tom Stephenson	M40	2/39	Sale Harrs	00:36:44	00:36:46	87	Jacob Coley	MS	21/39	[Unatt]	00:49:10	00:49:34
8	Alex Mills	MS	5/39	Fulham RC	00:37:35	00:37:38	88	Melanie Mather	F50	4/18	StockportH	00:49:21	00:49:36
9	Dan Cottle	M40	3/39	PrestwichA	00:38:07	00:38:12	89	Helen Leung	F40	5/33	PrestwichA	00:49:49	00:50:00
10	Zac Kibble	MS	6/39	[Unatt]	00:38:21	00:38:23	90	Alexander Clemmett	MS	22/39	[Unatt]	00:49:18	00:50:02
11	Katherine Fitzpatric	F35	1/14	ChorltonRn	00:38:24	00:38:24	91	Becky Yates	F40	6/33	[Unatt]	00:49:50	00:50:04
12	Jonathon Knight	M50	1/31	StockportH	00:38:26	00:38:28	92	Damon Cleaver	MS	23/39	[Unatt]	00:49:46	00:50:07
13	Tim Shanker	M50	2/31	Mancr YMCA	00:38:41	00:38:43	93	Beej Mistry	MS	24/39	MancrFront	00:49:49	00:50:10
14	Jacob Eastwood	MS	7/39	EastCheshr	00:38:56	00:38:58	94	John Szubert	M35	16/26	RadcliffeA	00:50:06	00:50:13
15	Alan O'Brien	M40	4/39	KirkstallH	00:39:15	00:39:16	95	Luke Hannon	M40	20/39	[Unatt]	00:49:36	00:50:13
16	Aidan McGloin	MS	8/39	[Unatt]	00:39:17	00:39:18	96	Sarah Cawthra	F35	4/14	[Unatt]	00:50:09	00:50:20
17	Malcolm Johnson	M50	3/31	StockportH	00:39:53	00:39:55	97	Liz Bailey	F40	7/33	Glossopdal	00:50:10	00:50:20
18	Michael Aiken	M35	2/26	Ramsbottom	00:40:49	00:40:50	98	Oonagh Jaquest	F50	5/18	MancrFront	00:50:19	00:50:28
19	Rowan Burns	FS	1/17	EdinFrontR	00:40:49	00:40:53	99	Joanna Coleshill	F40	8/33	[Unatt]	00:50:28	00:50:40
20	Joseph Hayes	M35	3/26	Mancr YMCA	00:40:39	00:40:55	100	Samuel Crawshaw	M50	14/31	Levenshulm	00:50:27	00:50:50
21	John Ross	M40	5/39	MancrFront	00:41:05	00:41:09	101	Tom Woods	MS	25/39	Levenshulm	00:50:56	00:51:03
22	Joseph Cammish	MS	9/39	SalfordHar	00:41:06	00:41:10	102	Dan Birkitt	M50	15/31	[Unatt]	00:50:57	00:51:09
23	Finn Boyd	NS	1/3	ChorltonRn	00:41:19	00:41:21	103	Chemica Thomas	F40	9/33	RadcliffeA	00:50:46	00:51:10
24	Andrew Mather	M50	4/31	[Unatt]	00:41:22	00:41:25	104	Jessica Openshaw	FS	4/17	[Unatt]	00:50:50	00:51:12
25	Simon Pickard	M50	5/31	StockportH	00:41:42	00:41:44	105	Sheila Jones	F60	4/18	RadcliffeA	00:50:58	00:51:23
26	Darren Carter	M35	4/26	MancrFront	00:41:30	00:41:57	106	Alistair Heeley	M35	17/26	[Unatt]	00:50:45	00:51:24
27	Neil Swithenbank	M40	6/39	RadcliffeA	00:42:16	00:42:17	107	Paul Stevens	M40	21/39	RadcliffeA	00:51:33	00:51:38
28	Roberto Raso	M60	1/17	MancrFront	00:42:19	00:42:30	108	Holly Burns	FS	5/17	AncoatsRun	00:51:31	00:51:48
29	Chris Knight	M50	6/31	StockportH	00:42:33	00:42:35	109	John Large	M50	16/31	[Unatt]	00:51:20	00:51:58
30	Daniel Frankland	M40	7/39	MancrFront	00:42:40	00:42:48	110	Amanda Callan	F40	10/33	RadcliffeA	00:51:57	00:52:03
31	David Hope	M50	7/31	StockportH	00:42:56	00:43:01	111	Aleix Duran	MS	26/39	[Unatt]	00:51:54	00:52:11
32	Taylor Chu	MS	10/39	EdinFrontR	00:43:02	00:43:13	112	Tony Parker	M50	17/31	MancrFront	00:51:58	00:52:15
33	Robin Shiels	M50	8/31	[Unatt]	00:43:20	00:43:22	113	Stephen Berry	M50	18/31	[Unatt]	00:51:38	00:52:25
34	Christopher Barcroft	M35	5/26	ChorltonRn	00:43:25	00:43:28	114	James Martin	M35	18/26	[Unatt]	00:51:47	00:52:27
35	Matthew Sowerby	M50	9/31	[Unatt]	00:43:23	00:43:29	115	Kate Cammish	F50	6/18	[Unatt]	00:52:29	00:52:48
36	Rebecca Corbett	F35	2/14	Buxton AC	00:43:42	00:43:49	116	Borja Prado	MS	27/39	MancrFront	00:52:24	00:52:51
37	Daniel Matthews	MS	11/39	MancrFront	00:43:52	00:43:55	117	Bill Cooper	M50	19/31	MancrFront	00:52:32	00:52:59
38	Stuart Henderson	M40	8/39	PrestwichA	00:43:57	00:44:06	118	Ken Smith	M60	2/17	RadcliffeA	00:52:32	00:53:05
39	Michael Lees	M35	6/26	PrestwichA	00:44:04	00:44:09	119	Lucie Tighe	F35	5/14	RadcliffeA	00:53:01	00:53:07
40	Rachel Kenyon	F40	1/33	MancrFront	00:44:15	00:44:19	120	Olivia Heron	F35	6/14	[Unatt]	00:53:00	00:53:16
41	Ben Thorner	MS	12/39	[Unatt]	00:44:44	00:44:58	121	Craig Harrison	M40	22/39	MancrFront	00:52:54	00:53:18
42	Bradley Cross	M35	7/26	MancrFront	00:44:45	00:45:05	122	Vanessa Connolly	F40	11/33	[Unatt]	00:53:03	00:53:23
43	Amanda Hurdall	F50	1/18	SalfordMet	00:45:12	00:45:16	123	Steve Alkenna	M40	23/39	MancrFront	00:53:02	00:53:27
44	Mark Day	M40	9/39	[Unatt]	00:45:04	00:45:21	124	John Harding	M40	24/39	[Unatt]	00:53:09	00:53:31
45	Phil Facey	M40	10/39	Mancr YMCA	00:45:29	00:45:32	125	John Kelly	M40	25/39	MancrFront	00:53:17	00:53:32
46	Ben Ramsay	MS	13/39	[Unatt]	00:45:25	00:45:46	126	Noreen Ebery	F60	5/18	Vegan Runn	00:53:21	00:53:33
47	Caitlin Hill	FS	2/17	StockportH	00:45:33	00:45:48	127	Steph Mader	F50	7/18	[Unatt]	00:53:44	00:53:48
48	Tina Thompson	F60	1/18	[Unatt]	00:45:51	00:45:57	128	Alastair Nimmo	M60	3/17	[Unatt]	00:53:41	00:53:58
49	Tim Clarke	MS	14/39	[Unatt]	00:45:53	00:45:57	129	Laura Aiken	F35	7/14	RadcliffeA	00:54:03	00:54:10
50	Mark Garner	M50	10/31	RadcliffeA	00:46:03	00:46:05	130	David Hanks	M50	20/31	[Unatt]	00:54:12	00:54:20
51	Thomas Blackburn	M35	8/26	MancrFront	00:46:09	00:46:13	131	Melanie Jones	F50	8/18	PrestwichA	00:54:10	00:54:23
52	Ho Yin Ma	M35	9/26	MancrFront	00:46:00	00:46:22	132	Mark Morrell	M40	26/39	[Unatt]	00:53:49	00:54:28
53	John Tatlow	M40	11/39	MancrFront	00:46:19	00:46:27	133	Rob Dixon	M40	27/39	MancrFront	00:53:59	00:54:28
54	Liam Jenkins	MS	15/39	MancrFront	00:46:17	00:46:32	134	Jackie McGloin	F60	6/18	[Unatt]	00:54:07	00:54:30
55	Rob Murray-Green	M35	10/26	MancrFront	00:46:40	00:46:53	135	Brandon Pfeiffer	MS	28/39	MancrFront	00:54:13	00:54:31
56	Xander Wheeler	M40	12/39	[Unatt]	00:46:45	00:46:58	136	Edward Roberts	MS	29/39	MancrFront	00:54:08	00:54:38
57	Helen Berry	F35	3/14	PrestwichA	00:46:56	00:47:01	137	Mohammed Faruque	M50	21/31	Levenshulm	00:54:36	00:54:43
58	Mark Taylor	M40	13/39	RadcliffeA	00:47:21	00:47:26	138	Stephen Rotherham	MS	30/39	[Unatt]	00:54:12	00:54:50
59	Ian Udall	M50	11/31	MancrFront	00:47:03	00:47:34	139	Paul Spencer	MS	31/39	MancrFront	00:54:42	00:55:01
60	Jake Dewhurst	MS	16/39	Leeds FR	00:47:10	00:47:36	140	Bartek Buczkowski	M40	28/39	[Unatt]	00:54:56	00:55:11
61	Nigel Smith	M40	14/39	PrestwichA	00:47:29	00:47:39	141	Jenny Woods	FS	6/17	Levenshulm	00:55:01	00:55:14
62	Gavin McMin	NS	2/3	EdinFrontR	00:47:24	00:47:40	142	Arabella Stevens	F50	9/18	StockportH	00:55:01	00:55:16
63	Sean Duff	M35	11/26	[Unatt]	00:47:12	00:47:43	143	Thomas Dreger	M60	4/17	EdinFrontR	00:55:06	00:55:27
64	Jennie Pickard	F50	2/18	StockportH	00:47:42	00:47:47	144	David Meechan	M60	5/17	Glasgow FR	00:54:56	00:55:32
65	Samuel Grech Coward	M40	15/39	[Unatt]	00:47:47	00:47:54	145	Sonny McCarthy	MS	32/39	[Unatt]	00:55:03	00:55:34
66	Linda Rix	F60	2/18	MancrFront	00:47:55	00:48:07	146	Matty Parkes	M35	19/26	MancrFront	00:55:08	00:55:37
67	Megan Fulton	FS	3/17	EdinFrontR	00:47:55	00:48:12	147	Rochelle Warren	F40	12/33	MancrFront	00:55:14	00:55:42
68	Chris. Cartwright	M40	16/39	[Unatt]	00:47:47	00:48:15	148	Stephen Claydon	M35	20/26	MancrFront	00:55:13	00:55:44
69	Will De Vivo	MS	17/39	MancrFront	00:47:57	00:48:22	149	Dean Shafto	M40	29/39	BlackleyW2	00:55:39	00:55:49
70	Pete Young	M35	12/26	Notts FR	00:48:18	00:48:24	150	Louise Edwards	F40	13/33	BlackleyW2	00:55:44	00:55:54
71	Marc Faulder	M35	13/26	MancrFront	00:48:18	00:48:24	151	Martin Lambe	M40	30/39	[Unatt]	00:55:34	00:56:03
72	Karen Fleming	F50	3/18	EastCheshr	00:48:12	00:48:25	152	Rach Garner	F50	10/18	PrestwichA	00:56:08	00:56:20
73	Amanda Armstrong	F40	2/33	PrestwichA	00:48:17	00:48:28	153	Jimmy Baker	M40	31/39	MancrFront	00:55:58	00:56:28
74	Fiona Johnson	F40	3/33	StockportH	00:48:26	00:48:31	154	Michael GilmanHughes	M40	32/39	[Unatt]	00:56:02	00:56:29
75	Stephen Draffan	M35	14/26	[Unatt]	00:48:18	00:48:38	155	Karen Doherty	F50	11/18	RadcliffeA	00:56:10	00:56:45
76	Aaron Shaughnessy	MS	18/39	MancrFront	00:48:20	00:48:38	156	James Scully	M50	22/31	[Unatt]	00:56:09	00:56:46
77	Amir Dar	MS	19/39	MancrFront	00:48:32	00:48:40	157	Sivarajan Sivakumar	MS	33/39	[Unatt]	00:56:15	00:56:47
78	Ian Lenihan	M40	17/39	[Unatt]	00:48:16	00:48:42	158	Thomas Semmens	MS	34/39	[Unatt]	00:56:31	00:56:53
79	Paula M. Abernethy	F60	3/18	RadcliffeA	00:48:41	00:48:47	159	Amber Hicks	FS	7/17	[Unatt]	00:56:30	00:57:11
80	Dave Clarke	M50	12/31	PrestwichA	00:48:39	00:48:50	160	Jack Kelly	M60	6/17	Glasgow FR	00:56:50	00:57:29

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Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime	Pos	Name	Cat	Cat/Pos	Club	ChipTime	GunTime		
161	Kristina Tschunkert	F35	8/14	[Unatt]	00:57:13	00:57:38	209	Emma Clark	F40	21/33	PrestwichA	01:04:25	01:04:48		
162	Rebecca Brimage	F40	14/33	StockportH	00:57:24	00:57:40	210	Peter Warr	M50	30/31	RadcliffeA	01:04:25	01:05:05		
163	Jonny Escreet	MS	35/39	Leeds FR	00:57:20	00:57:45	211	Lucy McCourt	FS	12/17	[Unatt]	01:04:31	01:05:11		
164	Caroline Johnston	F50	12/18	[Unatt]	00:57:11	00:57:50	212	Peter McCourt	MS	39/39	[Unatt]	01:04:32	01:05:12		
165	Gareth Pashley	M40	33/39	ChorltonRn	00:57:12	00:57:52	213	Conor Vallelly	M40	37/39	Levenshulm	01:05:11	01:05:19		
166	Jermaine Tickner	M40	34/39	MancrFront	00:57:22	00:57:52	214	Emma Corbett	F35	11/14	[Unatt]	01:04:56	01:05:37		
167	Josh Openshaw	M35	21/26	[Unatt]	00:57:34	00:57:54	215	Thomas Brown	M60	12/17	[Unatt]	01:05:21	01:05:38		
168	Phil Thorp	M60	7/17	[Unatt]	00:57:28	00:57:57	216	Alexandra Simpson	F40	22/33	[Unatt]	01:05:05	01:05:47		
169	Tracey Patterson	F50	13/18	[Unatt]	00:57:55	00:57:59	217	Mike Hall	M60	13/17	[Unatt]	01:05:32	01:06:05		
170	C. Konstantinou	M35	22/26	[Unatt]	00:57:40	00:58:00	218	Birte Vogel	F40	23/33	MancrFront	01:05:52	01:06:20		
171	M. De La Cruz Moreno	M35	23/26	[Unatt]	00:57:50	00:58:08	219	Jessica Jackson	F35	12/14	[Unatt]	01:05:47	01:06:22		
172	Aimee Woolley	F40	15/33	BelleVueRc	00:57:40	00:58:22	220	Peter Corbett	M60	14/17	[Unatt]	01:05:46	01:06:27		
173	Greg Keynes	M60	8/17	MancrFront	00:58:03	00:58:33	221	Julie Todd	F50	17/18	[Unatt]	01:06:31	01:06:47		
174	Alex Fox	M35	24/26	Leeds FR	00:58:05	00:58:34	222	Heather Redhead	F40	24/33	[Unatt]	01:06:50	01:07:25		
175	Frank Rogers	M50	23/31	BelleVueRc	00:58:36	00:58:43	223	Claire Birkett	F40	25/33	[Unatt]	01:08:37	01:08:57		
176	Emily Lyons	F50	14/18	Levenshulm	00:58:23	00:58:45	224	Emily Barrett	F35	13/14	MancrFront	01:08:21	01:09:06		
177	Kathryn Davies	F60	7/18	RadcliffeA	00:58:17	00:58:50	225	Jordan Hulme	M40	38/39	Burnden RR	01:08:43	01:09:08		
178	Paolo Buoni	M40	35/39	[Unatt]	00:58:32	00:59:05	226	Erina Newsome	FS	13/17	[Unatt]	01:08:28	01:09:10		
179	Liam Charles	MS	36/39	[Unatt]	00:58:33	00:59:06	227	Isha Williams	F40	26/33	[Unatt]	01:08:43	01:09:18		
180	Joe Akerman	FS	8/17	[Unatt]	00:58:30	00:59:06	228	Siobhan Coward	F40	27/33	PrestwichA	01:08:55	01:09:29		
181	Jo Jordan	F60	8/18	[Unatt]	00:58:31	00:59:07	229	Lauren Brady	F40	28/33	[Unatt]	01:08:54	01:09:30		
182	James Gibson	MS	37/39	[Unatt]	00:58:40	00:59:13	230	Paul Fletcher	M60	15/17	[Unatt]	01:09:49	01:10:17		
183	Daniel Moody	M50	24/31	Levenshulm	00:59:12	00:59:22	231	Lissy Lago	FS	14/17	[Unatt]	01:10:32	01:10:44		
184	Joanne Houghton	F60	9/18	PrestwichA	00:59:26	00:59:40	232	Giacomo Lago	M35	26/26	[Unatt]	01:10:32	01:10:44		
185	Steven Todd	M50	25/31	[Unatt]	00:59:27	00:59:42	233	Ben Fletcher	NS	3/3	[Unatt]	01:10:23	01:11:08		
186	Sarah Wilson	F35	9/14	RadcliffeA	00:59:23	00:59:46	234	Natalie Manson	F40	29/33	MancrFront	01:10:55	01:11:26		
187	Stephen Cole	M50	26/31	StockportH	00:59:40	00:59:47	235	Denisa Catana	FS	15/17	[Unatt]	01:10:56	01:11:31		
188	Julie Bindon	F40	16/33	PrestwichA	00:59:14	00:59:49	236	Colette Watling	F60	11/18	[Unatt]	01:11:46	01:12:21		
189	S. Kissane-Sambridge	M35	25/26	[Unatt]	00:59:45	01:00:03	237	Abigail Richardson	FS	16/17	[Unatt]	01:12:00	01:12:45		
190	Rebecca Tan	FS	9/17	MancrFront	01:00:02	01:00:33	238	Hilary Farren	F60	12/18	Rossendale	01:14:33	01:15:07		
191	Jordan GoldingTalton	M40	36/39	[Unatt]	01:00:23	01:01:01	239	Sheila McNulty	F60	13/18	RadcliffeA	01:15:55	01:16:29		
192	Yury Kravchenko	M50	27/31	London FR	01:00:22	01:01:03	240	Jill Coleman	F60	14/18	VictoriaPR	01:15:48	01:16:32		
193	Emma Howard	F40	17/33	LonelyGoat	01:01:17	01:01:31	241	Clare Sefton	F40	30/33	[Unatt]	01:16:42	01:17:28		
194	Thomas Glave	M50	28/31	B'hamSwift	01:01:12	01:01:40	242	Cathy Ashworth	F50	18/18	[Unatt]	01:16:42	01:17:28		
195	Mark Hepburn	MS	38/39	[Unatt]	01:01:23	01:01:54	243	Paula Hughes	F60	15/18	[Unatt]	01:17:18	01:17:43		
196	Tony Hillier	M60	9/17	NorthernMa	01:01:44	01:02:06	244	Catherine Maccann	F60	16/18	[Unatt]	01:17:48	01:18:03		
197	Gayle Taylor	F50	15/18	EdinFrontR	01:02:05	01:02:20	245	Rashid Khan	M40	39/39	[Unatt]	01:18:11	01:19:02		
198	Larissa Wells	F40	18/33	HinckleyRC	01:01:49	01:02:31	246	Julian Sacofsky	M60	16/17	Levenshulm	01:18:12	01:19:02		
199	Eloise Mack	F40	19/33	[Unatt]	01:02:18	01:02:41	247	Angela France	F60	17/18	[Unatt]	01:18:37	01:19:21		
200	Emily Johnson	F40	20/33	Levenshulm	01:02:29	01:02:52	248	Karen Scott	F60	18/18	[Unatt]	01:19:25	01:19:43		
201	Cath Jones	F60	10/18	RadcliffeA	01:02:15	01:02:53	249	Vicky Powers	F35	14/14	[Unatt]	01:19:11	01:19:55		
202	Gary Jones	M60	10/17	Bolton Utd	01:02:19	01:02:56	250	Paul Williams	M50	31/31	[Unatt]	01:21:01	01:21:37		
203	Claire Webster	F35	10/14	MiddletonH	01:02:43	01:03:19	251	Olivia Vizard	FS	17/17	MancrFront	01:21:25	01:22:10		
204	Mark Grimes	M50	29/31	[Unatt]	01:02:43	01:03:26	252	Zoe Kearns	F40	31/33	[Unatt]	01:22:04	01:22:46		
205	Julie Lilliston	F50	16/18	[Unatt]	01:02:52	01:03:35	253	Anthony Fulop	M60	17/17	Burnden RR	01:22:56	01:23:19		
206	Emma Fearon	FS	10/17	Liv'poolFR	01:03:09	01:03:48	254	Lynsey Brannagan	F40	32/33	[Unatt]	01:22:46	01:23:30		
207	John Basing	M60	11/17	BelleVueRc	01:03:15	01:03:59	255	Judith Simpson	F40	33/33	[Unatt]	01:25:06	01:25:31		
208	Hayley Martin	FS	11/17	[Unatt]	01:04:00	01:04:41									