

Dunham Massey 5k (1), Altrincham

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21st May 2026

RESULTS

Program: UKresults.net & UKtimers.net

Pos	Name	Cat	Cat/Pos	Club/Team	Time	Pos	Name	Cat	Cat/Pos	Club/Team	Time
1	Ryan Moore	MS	1/18	Vale Royal AC	00:15:55	86	Neil Marsh	M40	12/15	Spectrum Striders RC	00:22:47
2	Louis Szymanski	MS	2/18	[Unattached] (280)	00:16:13	87	Rachel Maskell	F45	5/12	Wilmslow RC	00:22:48
3	Jonathan Smith	MS	3/18	Lymm Runners	00:16:40	88	Michael Bowyer	MS	15/18	[Unattached] (239)	00:22:49
4	Phil Raffo	M40	1/15	Altrincham & District AC	00:16:46	89	Andrew Wainwright	M45	11/16	Deestridders RC	00:22:52
5	James Speedie	M40	2/15	Wilmslow RC	00:17:55	90	Kate Sutton	F60	1/6	Wilmslow RC	00:23:00
6	Matthew Harrison	M45	1/16	Sale Harriers Manchester	00:18:00	91	Graham Driver	M55	9/14	Spectrum Striders RC	00:23:01
7	Rob Jackson	M40	3/15	Wilmslow RC	00:18:01	92	Lewis Williams	MS	16/18	[Unattached] (308)	00:23:02
8	Craig Foster	M40	4/15	Altrincham & District AC	00:18:03	93	Claire Skea	FS	4/8	Widnes Running Club	00:23:06
9	Oscar Curran	MJ	1/4	Altrincham & District AC	00:18:07	94	Anthony Hilton	M50	5/8	Lymm Runners	00:23:07
10	Jonathon Knight	M50	1/8	Stockport Harriers	00:18:08	95	Andrew Holland	M40	13/15	Lymm Runners	00:23:19
11	Ian Harrison	M45	2/16	Lymm Runners	00:18:17	96	David Hilton	M45	12/16	[Unattached] (301)	00:23:30
12	Matthew Lawless	M40	5/15	Spectrum Striders RC	00:18:21	97	Colin Whelan	M45	13/16	Run Sandymoor	00:23:43
13	Mark Kirkby	M40	6/15	Wilmslow RC	00:18:31	98	Daniel Shannon	MS	17/18	Run Sandymoor	00:23:44
14	Rebecca Jackson	FS	1/8	Wilmslow RC	00:18:35	99	Esme Joynson	FJ	2/5	Run Sandymoor	00:23:47
15	Chris Hatton	M45	3/16	Lymm Runners	00:18:36	100	Germaine Holmes	F50	5/10	Lymm Runners	00:23:51
16	Matthew Perkins	M45	4/16	Altrincham & District AC	00:18:40	101	Barry Tuffs	M55	10/14	Lymm Runners	00:23:52
17	Kieran Mills	MS	4/18	[Unattached] (284)	00:18:50	102	Holly Lucas	FS	5/8	Wilmslow RC	00:23:58
18	Danny Burthem	MS	5/18	[Unattached] (299)	00:18:54	103	Suzannah Forster	FS	6/8	[Unattached] (245)	00:24:08
19	Callum Parkinson	MS	6/18	EastCheshHarrier&Tameside	00:18:56	104	Stuart Burthem	M55	11/14	[Unattached] (300)	00:24:10
20	Matthew Allen	M40	7/15	Altrincham & District AC	00:18:58	105	Nadiah Laajam	F45	6/12	Wilmslow RC	00:24:16
21	Markus Daigaard	MS	7/18	Wilmslow RC	00:19:02	106	Andy Gaskell	M55	12/14	St. Helens Striders	00:24:18
22	Gary Tait	M60	1/17	Wilmslow RC	00:19:07	107	Kenny Forster	M65	2/10	[Unattached] (304)	00:24:22
23	Alana Dunn	FS	2/8	Altrincham & District AC	00:19:13	108	Paul Basnett	M55	13/14	Astley & Tyldesley RC	00:24:25
24	Lewis Jones	M40	8/15	Wilmslow RC	00:19:15	109	Yvonne Neary	F60	2/6	Lymm Runners	00:24:27
25	Finley Newton	MJ	2/4	Altrincham & District AC	00:19:24	110	Jayne Holme	F45	7/12	Altrincham & District AC	00:24:29
26	James Carroll	MS	8/18	Wilmslow RC	00:19:31	111	Izzy Twite	FJ	3/5	Run Sandymoor	00:24:33
27	Oliver Smallley	MS	9/18	[Unattached] (302)	00:19:35	112	David Vaughan	M45	14/16	Altrincham & District AC	00:24:46
28	Paul Lewtey	M45	5/16	Deestridders RC	00:19:37	113	Madison Knight	FJ	4/5	[Unattached] (295)	00:24:54
29	Stephen Greaves	M55	1/14	Wilmslow RC	00:19:42	114	Sally Johnston	F60	3/6	Wilmslow RC	00:25:08
30	Matt Sanderson	M50	2/8	Warrington Running Club	00:19:43	115	Paul Aird	M65	3/10	Deestridders RC	00:25:09
31	Dan Sweetman	MS	10/18	[Unattached] (257)	00:19:49	116	Amy Waterson	FS	7/8	[Unattached] (268)	00:25:16
32	Paul Collins	M55	2/14	Swinton Running Club	00:19:51	117	Janet Crewe	F65	1/1	Wilmslow RC	00:25:17
33	Graham Screawn	M55	3/14	Wilmslow RC	00:19:53	118	Janet Screawn	F55	1/4	Wilmslow RC	00:25:34
34	Carla Houghton	F40	1/6	Kirkby Milers AC	00:19:57	119	Catherine Machin	F45	8/12	Wilmslow RC	00:25:39
35	Dan Smith	MS	11/18	[Unattached] (311)	00:20:02	120	Michael Curran	MS	18/18	[Unattached] (309)	00:25:41
36	Frances Kenney	F45	1/12	Wilmslow RC	00:20:05	121	Rebecca Forster	FS	8/8	[Unattached] (262)	00:25:47
37	Chris Gorman	M40	9/15	Lymm Runners	00:20:08	122	Julian Spencer	M65	4/10	Spectrum Striders RC	00:25:55
38	Claire Andrew	F45	2/12	Warrington AC	00:20:11	123	Katie McPartland	F50	6/10	[Unattached] (268)	00:25:56
39	Alice Boothroyd	FJ	1/5	Altrincham & District AC	00:20:15	124	Jamie Bradbury	M45	15/16	Lymm Runners	00:26:31
40	Lorenzo Giove	M45	6/16	Altrincham & District AC	00:20:21	125	Emma Nunnerley	F45	9/12	Lymm Runners	00:26:31
41	John Howarth	M60	2/17	Lymm Runners	00:20:25	126	Georgina Walker	F50	7/10	Lymm Runners	00:26:31
42	Robert Fairbanks	M45	7/16	Sale Harriers Manchester	00:20:27	127	Jon Bradford Ehlen	M55	14/14	Northwich Running Club	00:26:33
43	Matthew Jackson	M60	3/17	Styal Running Club	00:20:30	128	Ian Prime	M60	16/17	Cogleton Harriers	00:26:35
44	Barrie Powers	M55	4/14	Wilmslow RC	00:20:31	129	Steve Boothroyd	M40	14/15	[Unattached] (310)	00:26:39
45	Abigail Howarth	FS	3/8	Vale Royal AC	00:20:37	130	Karon Forster	F60	4/6	Rossendale Harriers	00:26:42
46	Stacy Macpherson	F35	1/5	Wilmslow RC	00:20:40	131	Ian Smallwood	M60	17/17	Wilmslow RC	00:26:45
47	Anne Chinoy	F50	1/10	Sale Harriers Manchester	00:20:48	132	Helen Caldwell	F55	2/4	Spectrum Striders RC	00:26:47
48	Peter Waterson	M55	5/14	Altrincham & District AC	00:20:49	133	Richard Pettitt	M65	5/10	Vale Royal AC	00:26:49
49	John Winstanley	MS	12/18	Wilmslow RC	00:20:53	134	John Houghton	M65	6/10	Widnes Running Club	00:26:52
50	Phil Rowen	M50	3/8	Lymm Runners	00:21:05	135	Alicia Berry	F40	4/6	Astley & Tyldesley RC	00:26:56
51	Callum Roberts	MJ	3/4	Altrincham & District AC	00:21:06	136	Paul McGuire	M65	7/10	[Unattached] (77)	00:26:58
52	Jarrod Homer	M55	6/14	Wilmslow RC	00:21:07	137	Harrison Wilde	MJ	4/4	Run Sandymoor	00:27:08
53	Edward Austin	M60	4/17	Chester Tri Club	00:21:10	138	Emma Shillabeer	F50	8/10	Spectrum Striders RC	00:27:15
54	Ashley Crawford	M40	10/15	[Unattached] (287)	00:21:13	139	Michael Eakin	M65	8/10	Penny Lane Striders	00:27:27
55	Michael Hill	M60	5/17	Wilmslow RC	00:21:27	140	Kate Joynson	F50	9/10	Run Sandymoor	00:27:39
56	Andy Land	M60	6/17	Dragons Running Club	00:21:28	141	Geoff Hand	M70	2/4	Spectrum Striders RC	00:27:42
57	Ben Curtis	M45	8/16	[Unattached] (236)	00:21:29	142	Jo Sullivan	F55	3/4	Spectrum Striders RC	00:27:58
58	Jim Dawson	M60	7/17	Lymm Runners	00:21:31	143	Victoria Amos	F40	5/6	Wilmslow RC	00:28:19
59	Keith Mulholland	M60	8/17	Macclesfield Harriers	00:21:31	144	Cheryl Berry	F35	4/5	Astley & Tyldesley RC	00:28:26
60	David Baxter	M55	7/14	Wilmslow RC	00:21:34	145	Gareth Amos	M40	15/15	Wilmslow RC	00:28:33
61	Jennifer Houghton	F40	2/6	Kirkby Milers AC	00:21:40	146	Joe Wilde	M50	6/8	Run Sandymoor	00:28:35
62	Liam Griffin-Jowett	MS	13/18	Altrincham & District AC	00:21:41	147	Ursula Harrison	F60	5/6	Spectrum Striders RC	00:28:40
63	Luke Baumber	MS	14/18	Altrincham & District AC	00:21:44	148	Helen May	F50	10/10	[Unattached] (289)	00:28:55
64	Graham Crewe	M70	1/4	Wilmslow RC	00:21:47	149	Janet Wyles	F55	4/4	Wilmslow RC	00:29:11
65	Nathan Fannon	M40	11/15	Altrincham & District AC	00:21:48	150	Duncan Forsyth	M70	3/4	Lymm Runners	00:29:13
66	Fiona Walton	F50	2/10	Stockport Harriers	00:21:52	151	Alan Jenkinson	M75	1/3	Styal Running Club	00:29:15
67	Duncan Dickinson	M60	9/17	Altrincham & District AC	00:21:55	152	Malcolm Hughes	M65	9/10	Spectrum Striders RC	00:29:23
68	Andy Thomas	M60	10/17	Sandbach Striders	00:21:59	153	Barry Chambers	M70	4/4	Vale Royal AC	00:29:25
69	Ray O'Keefe	M60	11/17	Macclesfield Harriers	00:22:03	154	Gillian Hunter	F45	10/12	[Unattached] (243)	00:29:27
70	Chris Bennett	M45	9/16	Astley & Tyldesley RC	00:22:13	155	Sophie Oldham	FJ	5/5	[Unattached] (315)	00:29:55
71	Paul Norris	M65	1/10	Wilmslow RC	00:22:15	156	Andy Oldham	M45	16/16	[Unattached] (316)	00:29:56
72	Mike Shaw	M60	12/17	Stockport Harriers	00:22:16	157	Lucy Mossley	F40	6/6	[Unattached] (317)	00:30:09
73	Pavel Subert	M50	4/8	Spectrum Striders RC	00:22:16	158	Louise McAdam	F60	6/6	Run Sandymoor	00:30:43
74	Colin Walton	M60	13/17	Wilmslow RC	00:22:21	159	Hugh McKenna	M75	2/3	Altrincham & District AC	00:31:05
75	Louise Walker	F45	3/12	Vale Royal AC	00:22:26	160	Ian Ashcroft	M80	1/1	Wilmslow RC	00:31:20
76	Frances Jackson	F35	2/5	Wilmslow RC	00:22:27	161	Deborah White	F45	11/12	[Unattached] (250)	00:31:47
77	Rebecca Mills	F40	3/6	Swinton Running Club	00:22:28	162	Mike Schofield	M50	7/8	[Unattached] (225)	00:32:01
78	Emma Fraser	F45	4/12	Helsby Running Club	00:22:30	163	Allan Bird	M65	10/10	Warrington Running Club	00:33:11
79	Sharon Wilson	F50	3/10	Vale Royal AC	00:22:31	164	Michael Charman	M75	3/3	Knowley Harriers AC	00:33:49
80	Rich Hill	M45	10/16	Altrincham & District AC	00:22:33	165	Peter Watson	M85	1/1	Wilmslow RC	00:34:07
81	Sue Stockdale	F50	4/10	Macclesfield Harriers	00:22:39	166	Shelagh Swinnerton	F75	1/1	South Cheshire Harriers	00:34:34
82	Michael Dolan	M60	14/17	[Unattached] (10)	00:22:40	167	Kate Shannon	F35	5/5	Run Sandymoor	00:34:57
83	Richard Whitehurst	M55	8/14	[Unattached] (258)	00:22:43	168	Catherine Dodd	F45	12/12	[Unattached] (53)	00:38:35
84	Nicholas Bown	M60	15/17	Wilmslow RC	00:22:44	169	Carl Stewart	M50	8/8	Run Sandymoor	00:38:36
85	Claire Ellison	F35	3/5	Spectrum Striders RC	00:22:44						