

Guiseley Gallop MT 10k, Leeds

Guiseley Gallop MT 10k, Leeds 5th April 2026

RESULTS

Program: UKresults.net & UKtimers.net

Pos	Name	Cat	Cat/Pos	Club/Team	Time	Pos	Name	Cat	Cat/Pos	Club/Team	Time
1	Simon Jones	MS	1/15	Abbey Runners	00:38:01	94	Sarah Norman	F55	2/9	Pudsey Pacers RunningClub	00:58:21
2	Thomas Pullan	MS	2/15	[Unattached] (121)	00:38:56	95	Andrew Gordon	M45	7/11	[Unattached] (44)	00:58:50
3	Michael Abrams-Cohen	MS	3/15	Abbey Runners	00:39:28	96	Jean Sullivan	F55	3/9	Ilkley Harriers	00:58:56
4	Oscar Shinn	MS	4/15	Ilkley Harriers	00:40:01	97	Paul Greene	M65	6/12	Abbey Runners	00:58:57
5	Nick Kealey	M50	1/20	Ilkley Harriers	00:40:41	98	Susan Sunderland	F65	1/1	Valley Striders	00:58:59
6	Matthew Smith	MS	5/15	[Unattached] (181)	00:40:55	99	Dan Eddison	MS	13/15	Baildon Runners	00:59:02
7	John Pratt	M40	1/9	Pudsey Pacers RunningClub	00:41:38	100	Lisa North	F55	4/9	[Unattached] (99)	00:59:07
8	Maisey Bellwood	FS	1/16	Keighley & Craven AC	00:41:40	101	Peter Corner	M45	8/11	[Unattached] (22)	00:59:08
9	Matthew Calvert	M50	2/20	North Leeds Fell Runners	00:41:53	102	Rebecca Parker	F35	6/11	Otley AC	00:59:09
10	John Shanks	M40	2/9	Horsforth Harriers	00:42:16	103	Will Worboys	M45	9/11	Ilkley Harriers	00:59:12
11	Oliver Richards	M40	3/9	Otley AC	00:42:24	104	Stephanie Curtis	F35	7/11	[Unattached] (27)	00:59:14
12	Oliver Holder	MS	6/15	Ilkley Harriers	00:42:51	105	Esmail Zadeh	M55	12/14	Ilkley Harriers	00:59:19
13	Harry Wilson	MS	7/15	[Unattached] (164)	00:43:09	106	Richard Cooke	M50	15/20	Lonely Goat Running Club	00:59:20
14	Daniel Jenkins	M50	3/20	Saltaire Striders	00:43:22	107	Helen Moorhouse	F40	1/8	[Unattached] (87)	00:59:24
15	Iain Young	MS	8/15	Ilkley Harriers	00:43:32	108	Carla Goodey	F40	2/8	Bingley Harriers & AC	00:59:41
16	Matthew Ray	M35	1/10	[Unattached] (123)	00:43:52	109	Janet Tolson	F70	1/1	Red Rose Road Runners	00:59:48
17	Nicholas Lee	M50	4/20	Airecentre Pacers	00:44:01	110	David Tolson	M65	7/12	Red Rose Road Runners	00:59:50
18	Rob Benson	M35	2/10	[Unattached] (10)	00:44:29	111	Sarah Chantrill	F55	5/9	Abbey Runners	00:59:51
19	John Hayes	M55	1/14	Ilkley Harriers	00:44:33	112	Nicola Oldroyd	FS	8/16	Headington Road Runners	00:59:57
20	Faye Clark	F35	1/11	Abbey Runners	00:44:37	113	Stephen Pattison	M65	8/12	Pudsey Pacers RunningClub	01:00:01
21	Jonathan Turner	M55	2/14	Ilkley Harriers	00:44:48	114	Piero Tozzi	M50	16/20	Baildon Runners	01:00:31
22	Stuart Dunbar	M60	1/11	Saltaire Striders	00:45:15	115	Alexandra Lewis	F55	6/9	Ilkley Harriers	01:00:33
23	Chris Simpson	M45	1/11	Pudsey Pacers RunningClub	00:45:21	116	Bill Tait	M65	9/12	Otley AC	01:00:39
24	Andrew Overend	M50	5/20	Ilkley Harriers	00:45:25	117	Vicky Rutherford	F45	5/8	Ilkley Harriers	01:00:46
25	Sean Hornby	M50	6/20	Otley AC	00:45:29	118	Chris Raine	F60	3/9	Valley Striders	01:00:50
26	Mark Morley	M45	2/11	[Unattached] (192)	00:45:39	119	Kathryn Wood	F50	2/13	Baildon Runners	01:00:53
27	Daoud Al-Janabi	MS	9/15	Kirkstall Harriers	00:45:40	120	Andy Mace	M55	13/14	Valley Striders	01:01:00
28	Richard Joel	M55	3/14	Ilkley Harriers	00:45:49	121	Stephen Brown	M50	17/20	Baildon Runners	01:01:01
29	Michael Caley	M35	3/10	[Unattached] (16)	00:45:55	122	Sally Heaton	F40	3/8	[Unattached] (52)	01:01:02
30	Richard Walker	M50	7/20	Airecentre Pacers	00:46:02	123	Tim Rowlands	M60	8/11	[Unattached] (195)	01:01:03
31	Steve Murray	M55	4/14	Ilkley Harriers	00:46:10	124	Sarah Myers	F50	3/13	Lonely Goat Running Club	01:01:13
32	Craig Milner	M35	4/10	Idle AC	00:46:13	125	Martha Sweet	F50	4/13	[Unattached] (147)	01:01:28
33	Ashley Winter	M45	3/11	Ilkley Harriers	00:46:39	126	Adrian Leach	M60	9/11	Ackworth Road Runners & AC	01:01:39
34	Laura Firth	F35	2/11	Bingley Harriers & AC	00:46:46	127	Eme Musgrove	F45	6/8	[Unattached] (91)	01:01:45
35	Luke Watkeys	M40	4/9	Ilkley Harriers	00:47:07	128	Felicity Hey	FS	9/16	Leeds & Bradford Tri Club	01:02:01
36	Joshua William	MS	10/15	[Unattached] (163)	00:47:18	129	Jerry Barnes	M65	10/12	Vegan Runners UK	01:02:02
37	Chris Sansom	M35	5/10	Otley AC	00:47:41	130	Simon Padfield	M50	18/20	[Unattached] (108)	01:02:11
38	Sarah Pickering	FS	2/16	Bingley Harriers & AC	00:48:00	131	Charlotte Ridley	FS	10/16	[Unattached] (173)	01:02:18
39	Lucy Oldroyd	FS	3/16	Harrogate Harriers	00:48:03	132	Sam Padfield	MS	14/15	[Unattached] (107)	01:02:32
40	Darren Keighley	M50	8/20	Pudsey Pacers RunningClub	00:48:17	133	Colin Whitehead	M40	9/9	[Unattached] (159)	01:02:45
41	Richard Cross	M35	6/10	Abbey Runners	00:48:44	134	Adrew Macgill	M70	3/3	[Unattached] (82)	01:02:49
42	Tony Bastin	M60	2/11	Abbey Runners	00:49:06	135	Mick Bull	M75	2/4	Middleton Harriers	01:02:54
43	Ian Dale	M60	3/11	Rochdale Harriers	00:49:10	136	Zoe Malir	F40	4/8	Dragons Running Club	01:03:01
44	Christian Ellis	M50	9/20	[Unattached] (34)	00:49:23	137	Christy Holland	F50	5/13	Otley AC	01:04:16
45	Tom Steven	M40	5/9	Abbey Runners	00:49:46	138	Sarah Hayes	F55	7/9	Ilkley Harriers	01:04:26
46	Jonathan Duke	M45	4/11	Baildon Runners	00:50:03	139	Leroy Sutton	M65	11/12	Valley Striders	01:04:40
47	Charles Haigh	M50	10/20	[Unattached] (46)	00:50:34	140	Sally Anne Ridley	F50	6/13	[Unattached] (172)	01:04:41
48	Olivia Barlow	F35	3/11	[Unattached] (3)	00:50:36	141	Rowie Watkeys	F35	8/11	[Unattached] (156)	01:04:43
49	David Tyler	M55	5/14	[Unattached] (189)	00:50:46	142	Xheri Nabeil	M35	8/10	Kirkstall Harriers	01:04:47
50	A. Felska-Shaker	FS	4/16	Valley Striders	00:50:49	143	Sally Anne Speight	F60	4/9	Roberttown Road Runners	01:05:04
51	Carl Pedley	M60	4/11	Keighley & Craven AC	00:50:53	144	Bev Brown	F50	7/13	Ackworth Road Runners & AC	01:05:29
52	Kate Bell	F55	1/9	Abbey Runners	00:50:55	145	Liz Whittaker	F60	5/9	Abbey Runners	01:05:34
53	Heidi Siddle	F45	1/8	Leeds & Bradford Tri Club	00:51:14	146	Milly Crabtree	FS	11/16	[Unattached] (23)	01:05:59
54	Paul Smith	M50	11/20	Valley Striders	00:51:30	147	Paul Crabtree	M45	10/11	Dragons Running Club	01:06:01
55	Andrew Johnson	M55	6/14	Beverley AC	00:51:36	148	Rachel Parker	F35	9/11	[Unattached] (110)	01:06:03
56	Andrew Carruthers	M65	1/12	Baildon Runners	00:51:47	149	Owen Parker	M35	9/10	Ilkley Harriers	01:06:03
57	David Naylor	M40	6/9	Leeds & Bradford Tri Club	00:52:25	150	Ian Storey	M50	19/20	Saltaire Striders	01:06:53
58	Richard Clegg	M35	7/10	Airecentre Pacers	00:52:27	151	Wendy Mundy	F55	8/9	Farsley Flyers	01:07:01
59	Lucy Hayes	FS	5/16	Ilkley Harriers	00:52:32	152	Pascale Fotherby	F45	7/8	Valley Striders	01:07:08
60	Laura Phillips	F35	4/11	Abbey Runners	00:52:34	153	Sarah Rawlings	F60	6/9	Eccleshill Road Runners	01:07:08
61	Geoffrey White	M40	7/9	Ilkley Harriers	00:52:37	154	Jim Goddard	M60	10/11	Baildon Runners	01:07:23
62	Ashleigh Jones	FS	6/16	Pudsey Pacers RunningClub	00:52:42	155	Nigel Illingworth	M60	11/11	Ilkley Harriers	01:07:36
63	Roy Huggins	M60	5/11	Valley Striders	00:53:07	156	Bianca-Maria Cavuoto	F40	5/8	Idle AC	01:08:00
64	Katie Taylor	F35	5/11	Abbey Runners	00:53:08	157	Kirsty Ibbittson	F40	6/8	[Unattached] (62)	01:08:01
65	Paul Clifford	M55	7/14	Otley AC	00:53:29	158	Jess Pearson	F35	10/11	Idle AC	01:08:18
66	Paul Hayward	M40	8/9	[Unattached] (51)	00:53:54	159	Trudy Ellis	F50	8/13	Baildon Runners	01:08:37
67	Richard North	M65	2/12	[Unattached] (100)	00:54:06	160	Joe Dabill	M35	10/10	[Unattached] (28)	01:08:42
68	Alison Weston	F60	1/9	Ilkley Harriers	00:54:25	161	Adrian Barton	M75	3/4	[Unattached] (5)	01:09:19
69	Peter Butterworth	M70	1/3	Clayton-le-Moors Harriers	00:54:35	162	Ruth Morris	F60	7/9	[Unattached] (88)	01:10:05
70	Marc Fisher	M45	5/11	[Unattached] (39)	00:54:45	163	Tim Rodrigo	M45	11/11	[Unattached] (127)	01:10:26
71	Sandeep Mistay	M45	6/11	[Unattached] (232)	00:55:08	164	Chris Sawyer	M65	12/12	Valley Striders	01:10:33
72	Claire Bond	F45	2/8	Saltaire Striders	00:55:15	165	David Leslie	M75	4/4	Abbey Runners	01:10:35
73	Nic BeEVERS	M55	8/14	[Unattached] (8)	00:55:16	166	Donna Stansfield	F50	9/13	Airecentre Pacers	01:12:47
74	Rachel Holder	F50	1/13	Ilkley Harriers	00:55:46	167	Vanessa Laws	F55	9/9	Airecentre Pacers	01:13:15
75	Gary Naylor	M50	12/20	Otley AC	00:55:50	168	Lisa Leadon	F50	10/13	[Unattached] (76)	01:13:21
76	Andy Shinn	M50	13/20	Ilkley Harriers	00:55:59	169	Charlotte Poole	FS	12/16	[Unattached] (118)	01:13:29
77	Jack Lewis	MS	11/15	[Unattached] (79)	00:56:06	170	Emma Lucas	F35	11/11	Otley AC	01:13:30
78	Matt Ellis	M50	14/20	Abbey Runners	00:56:10	171	Adam Ellis	M50	20/20	Abbey Runners	01:13:57
79	Caitlin Davis	FS	7/16	Pudsey Pacers RunningClub	00:56:14	172	Amber Hull	FS	13/16	[Unattached] (60)	01:13:59
80	Hilary Seward	F60	2/9	Skipton AC	00:56:15	173	Sarah Standley	F40	7/8	Baildon Runners	01:14:29
81	Jim Whittaker	M55	9/14	Abbey Runners	00:56:31	174	Susanna Robertson	FS	14/16	Kirkstall Harriers	01:14:55
82	Mick Jeffrey	M70	2/3	Otley AC	00:56:44	175	Lee Jackson	MS	15/15	[Unattached] (64)	01:14:55
83	Ian Mitchell	M60	6/11	Knaresborough Striders	00:56:53	176	Lesley Needham	F60	8/9	Ackworth Road Runners & AC	01:15:02
84	Oliver Hayes	MS	12/15	[Unattached] (49)	00:56:59	177	Vanessa Townsend	F50	11/13	[Unattached] (151)	01:15:34
85	Andy Norznan	M55	10/14	Pudsey Pacers RunningClub	00:57:01	178	Alison Batty	F50	12/13	[Unattached] (7)	01:15:35
86	Stuart Hull	M55	11/14	[Unattached] (61)	00:57:07	179	Shaun Richardson	M55	14/14	[Unattached] (180)	01:15:47
87	Steve Woods	M65	3/12	Pudsey Pacers RunningClub	00:57:15	180	Miaa Nummela-Price	F50	13/13	[Unattached] (101)	01:17:15
88	Amanda Bellwood	F45	3/8	[Unattached] (187)	00:57:16	181	Hannah Turner	FS	15/16	Baildon Runners	01:18:51
89	Martin Wilson	M75	1/4	[Unattached] (185)	00:57:18	182	Samantha Fedzin	F40	8/8	Pudsey Pacers RunningClub	01:19:06
90	Paul Borrill	M60	7/11	Otley AC	00:57:47	183	Belinda O'Hare	F60	9/9	[Unattached] (102)	01:19:17
91	Sharon Kenyon	F45	4/8	Otley AC	00:57:57	184	Natalie Edwards	F45	8/8	Baildon Runners	01:25:10
92	Ken Fox	M65	4/12	Valley Striders	00:58:00	185	Monica Kaur	FS	16/16	Baildon Runners	01:32:53
93	Matt Podd	M65	5/12	Otley AC	00:58:08						